

Models of Glucose Metabolism and Control in Diabetes

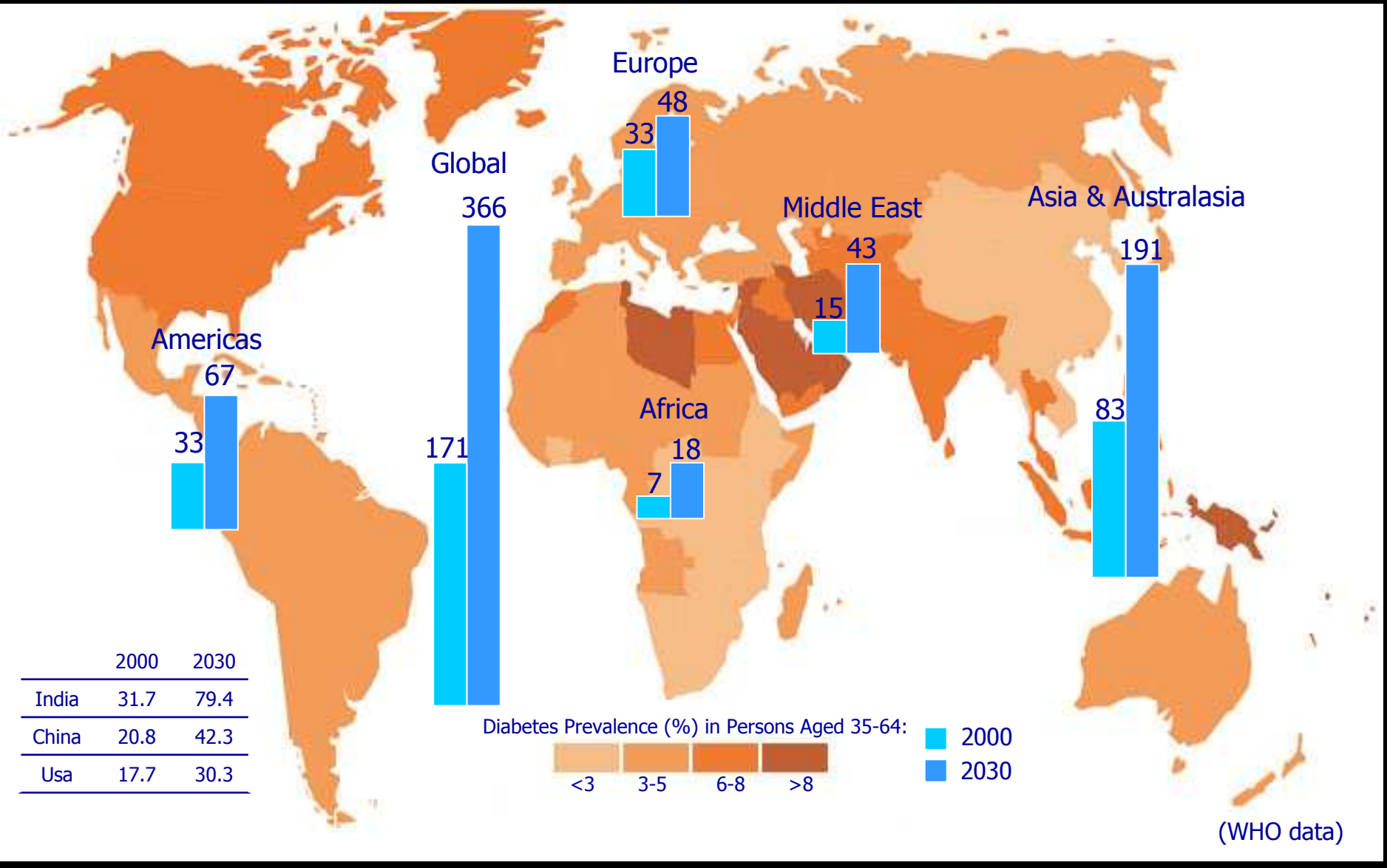
Claudio Cobelli

**Department of Information Engineering
University of Padua, Italy**

PAGE, Copenhagen, Denmark, 2007

The Diabetes World Epidemic

Millions with Diabetes 2000-2030



American Diabetes Association

President, Medicine & Science Address

Robert Rizza, MD

66th ADA, June 9-13 2006, Washington, D.C.

The Problem

- 20 million people in the U.S. have diabetes
- 40 million people in the U.S. have prediabetes
- Diabetes costs the U.S. \$132 billion per year
- Diabetes consumes 1 in 10 healthcare dollars
- Diabetes consumes 1 in 4 Medicare dollars

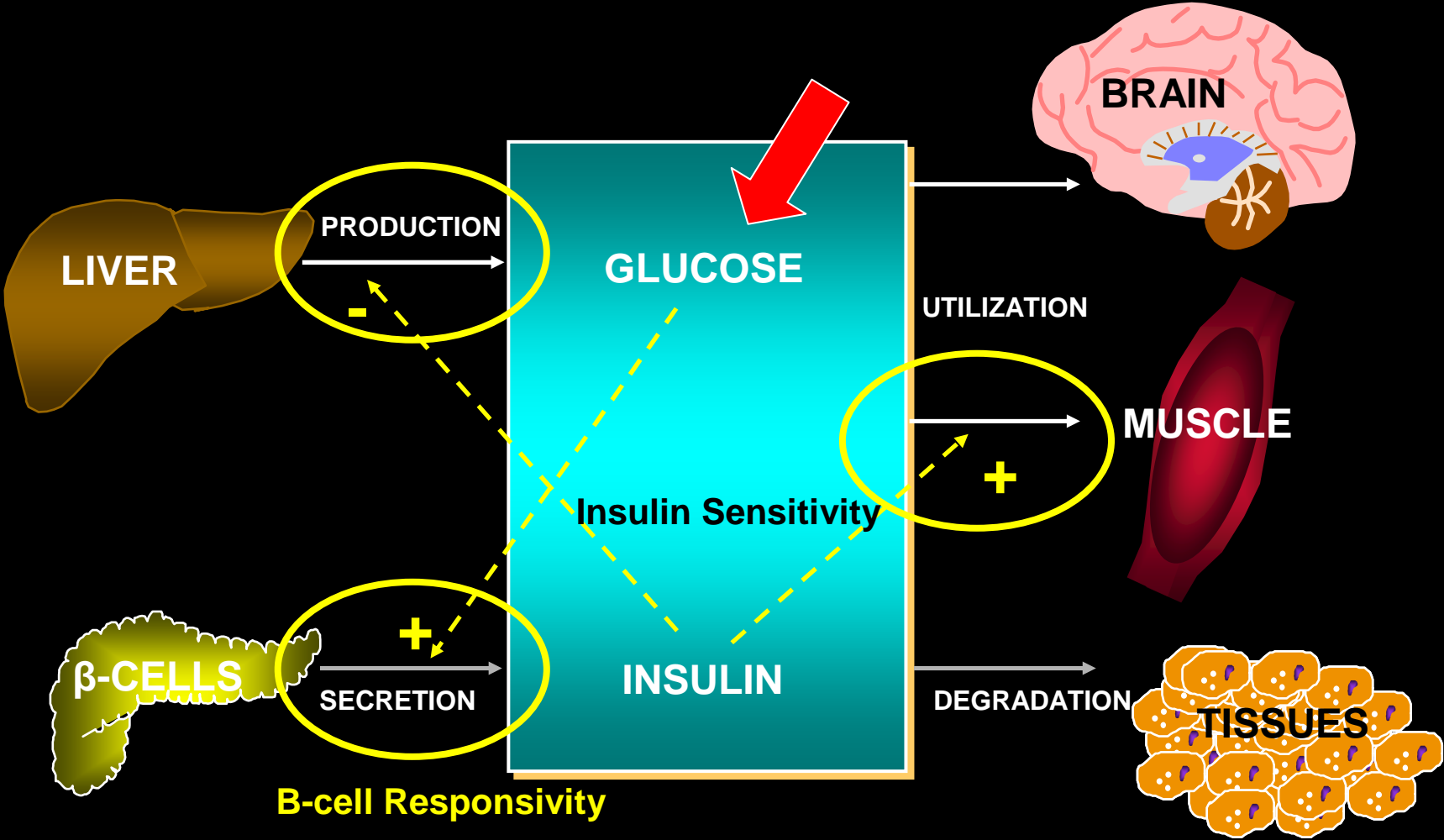
Diabetes:

- **#1 cause of new cases of blindness in adults**
- **#1 cause of end stage renal disease**
- **#1 cause of non-traumatic amputations**
- **#1 cause of neuropathy in adults**
- **And with prediabetes is present in two thirds of people who have had a heart attack**

Unless we do something to stop it

- **1 in 3 children born in the U.S. in the year 2000 will develop diabetes during their lifetime**
- **1 in 2 children in high risk groups will develop diabetes in their lifetime**
- **Within the next 25 years a diabetes epidemic will occur in virtually every country in the world**

The Glucose-Insulin System



- **Models to Measure**

- Whole Body

- Organ/Tissue

- **Models to Simulate**

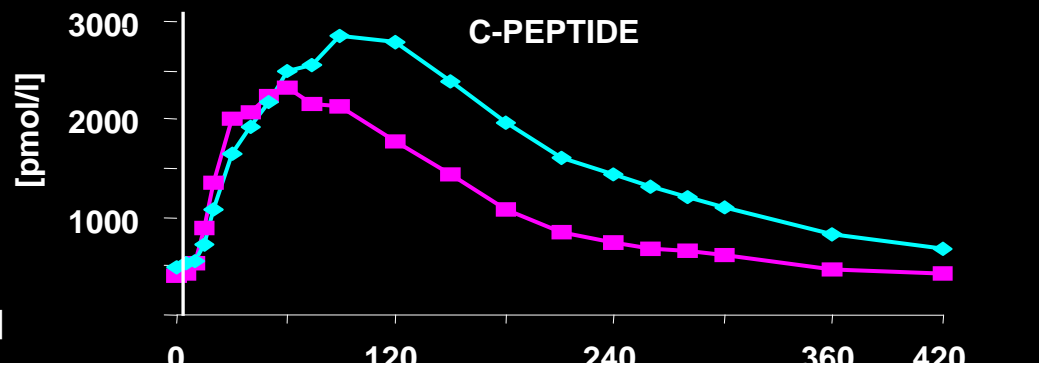
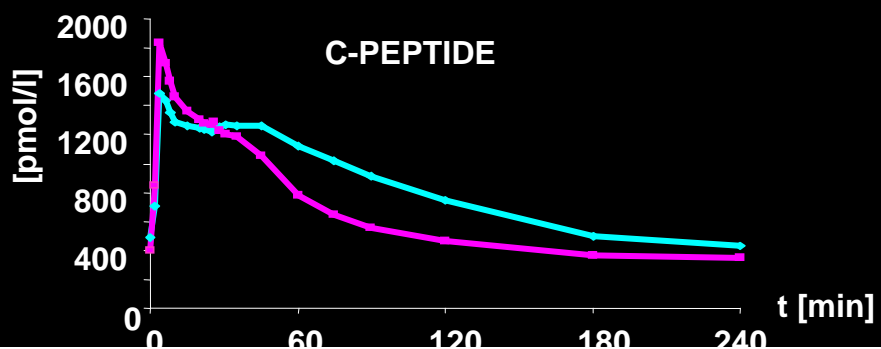
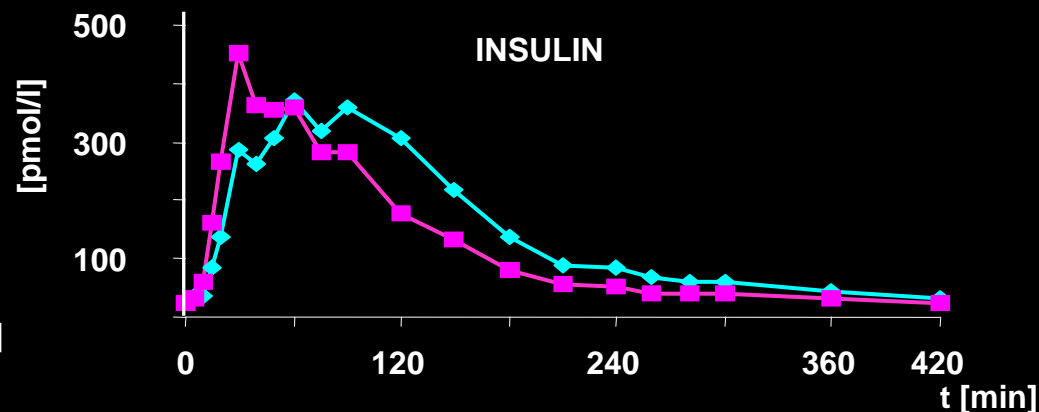
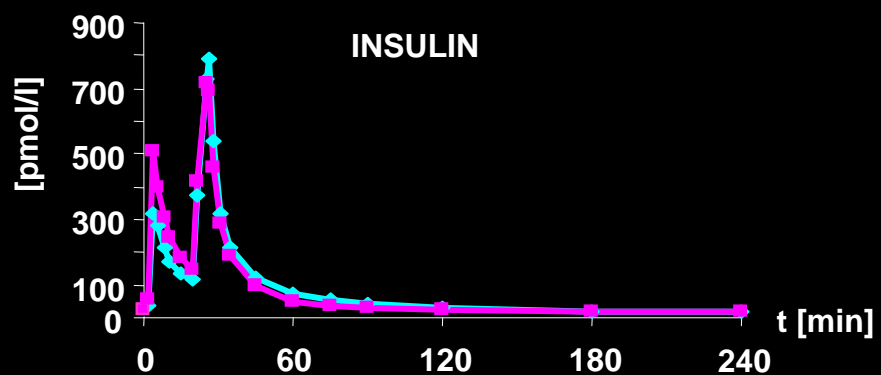
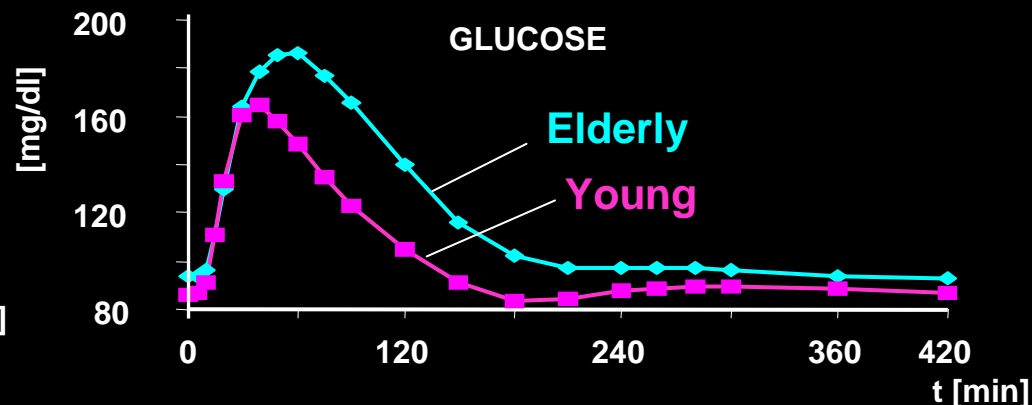
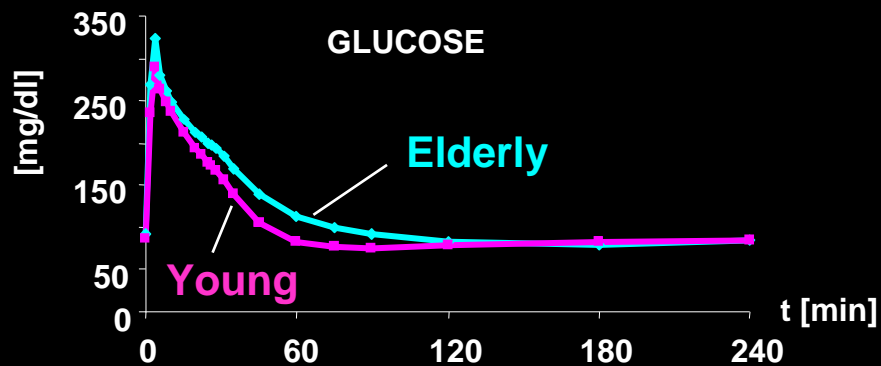
- In Silico Whole-Body

Young vs Elderly Subjects

N = 59 vs 145 (Basu et al, 2006)

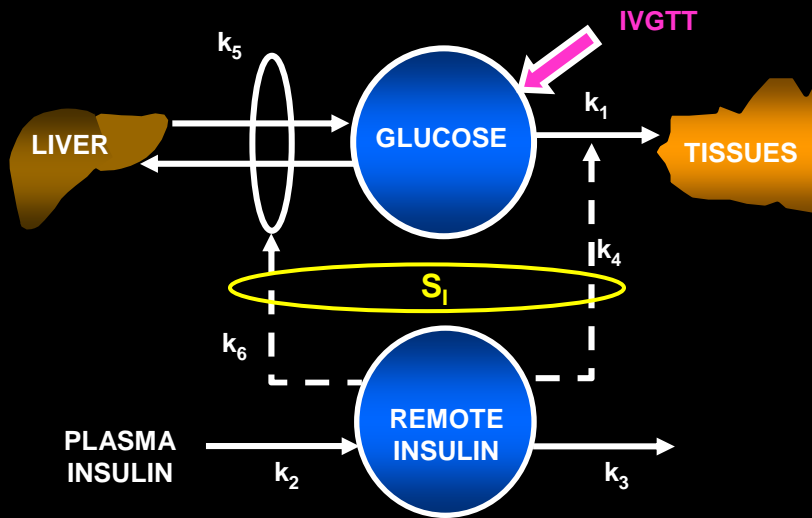
IVGTT

MEAL

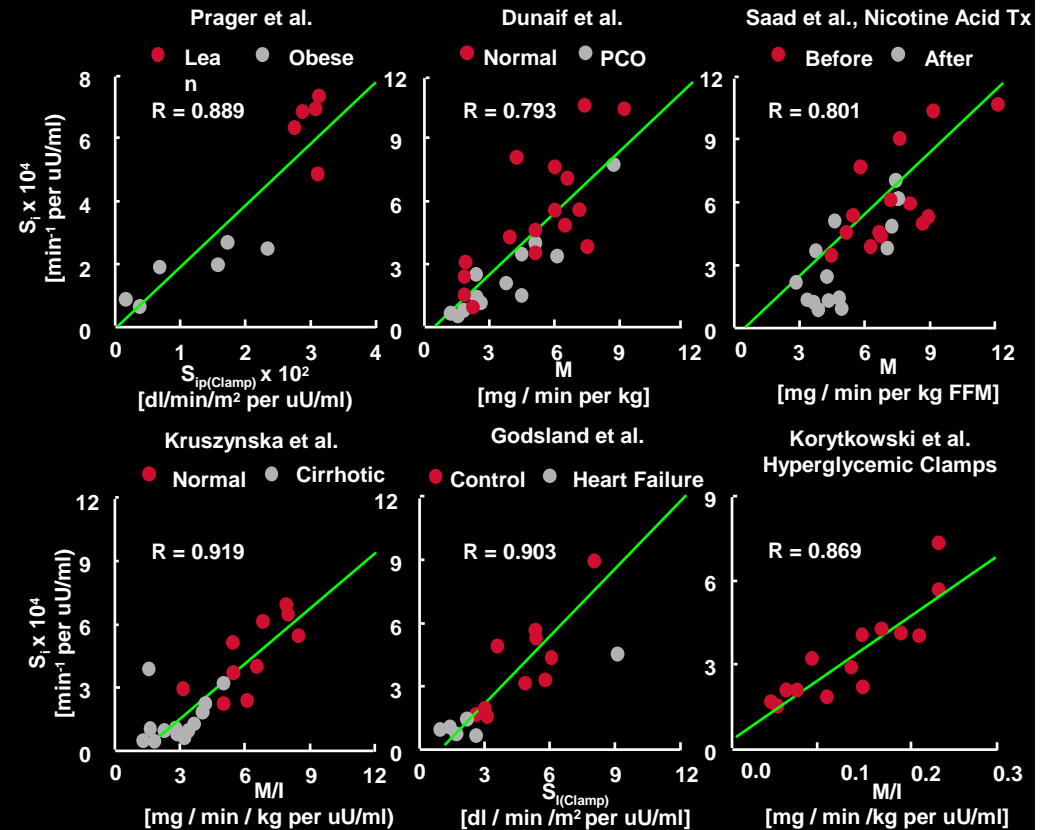


IVGTT Glucose Minimal Model

(Bergman & Cobelli, 1979)



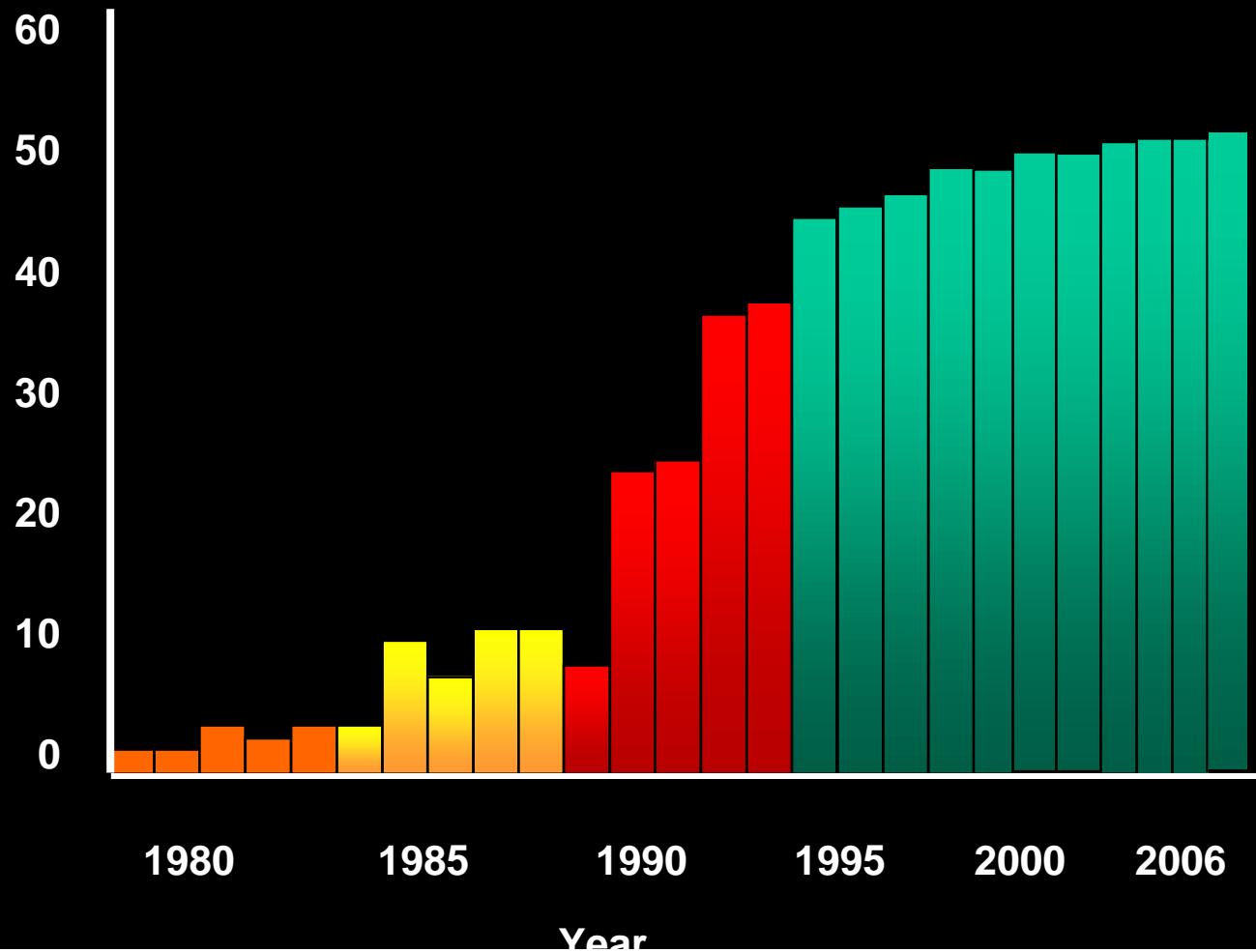
S_1 : Insulin Sensitivity (liver & periphery)



IVGTT Glucose Minimal Model

(Bergman & Cobelli, 1979)

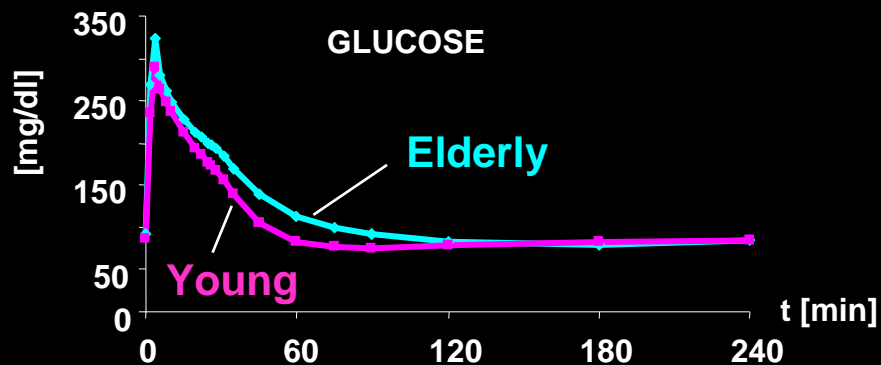
Number of Papers Published/Year



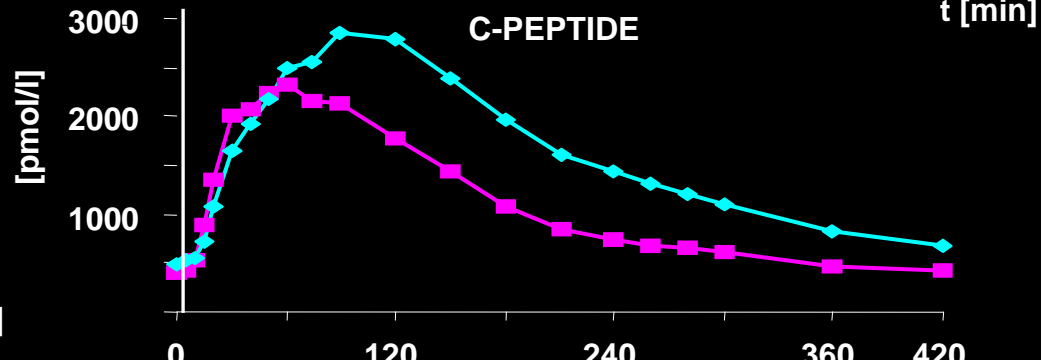
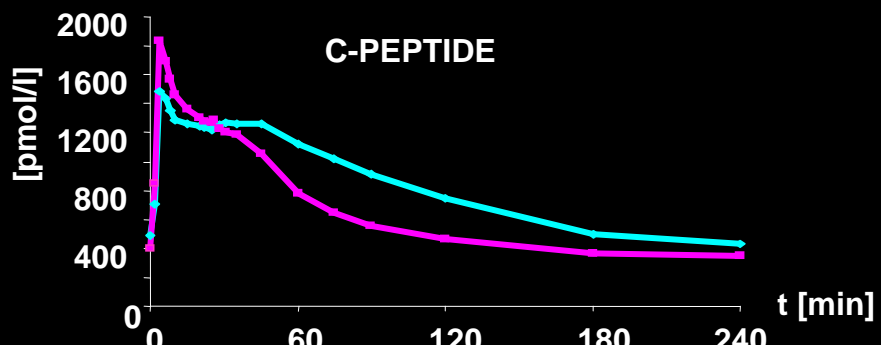
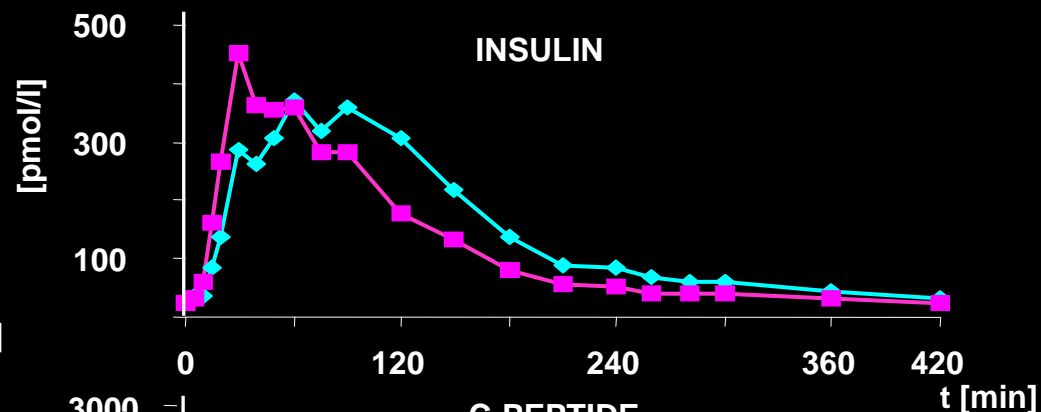
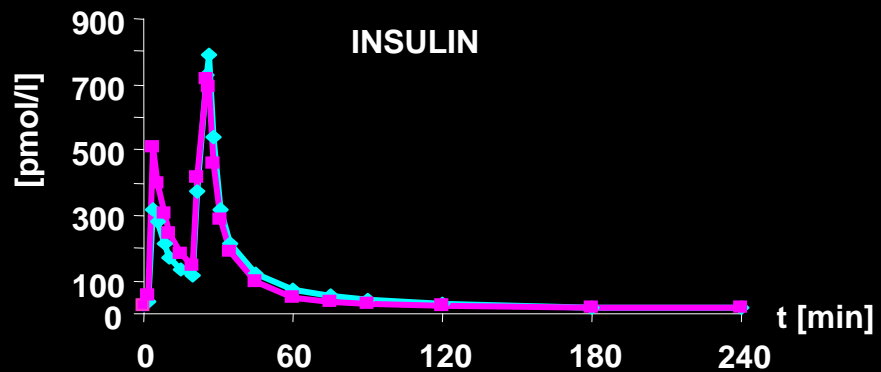
Young vs Elderly Subjects

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IVGTT

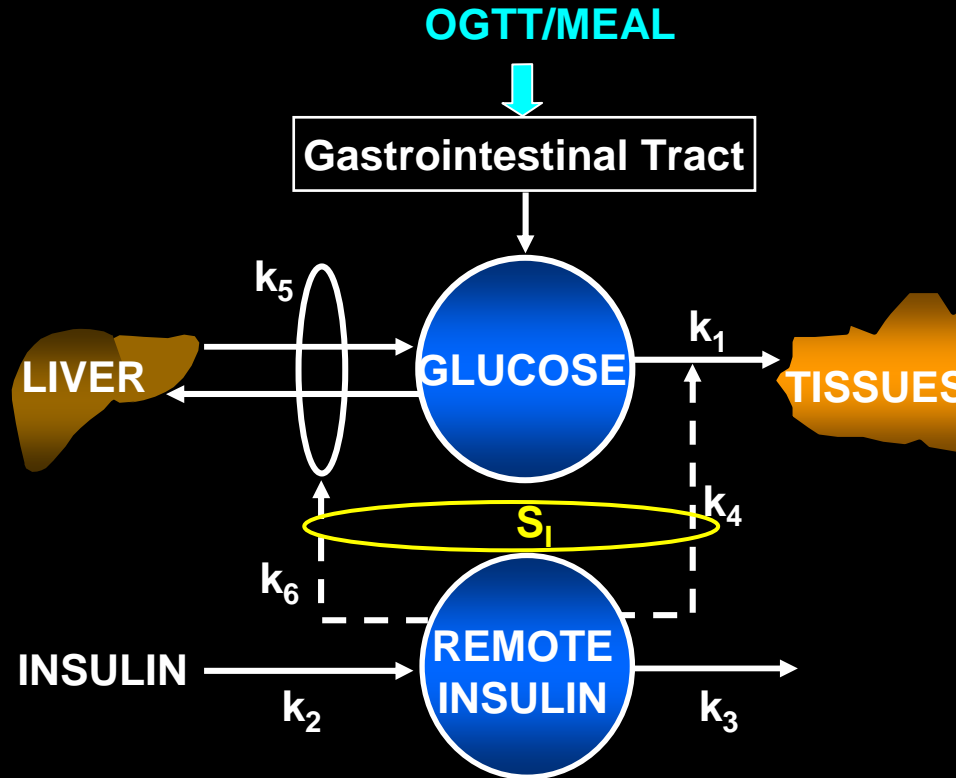


MEAL



Oral Glucose Minimal Model

(Dalla Man & Cobelli, 2002)



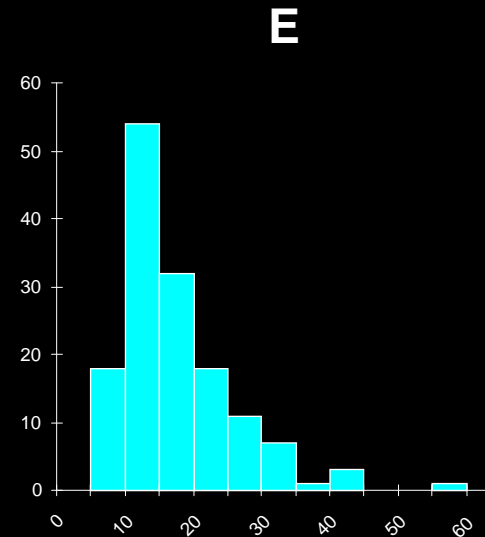
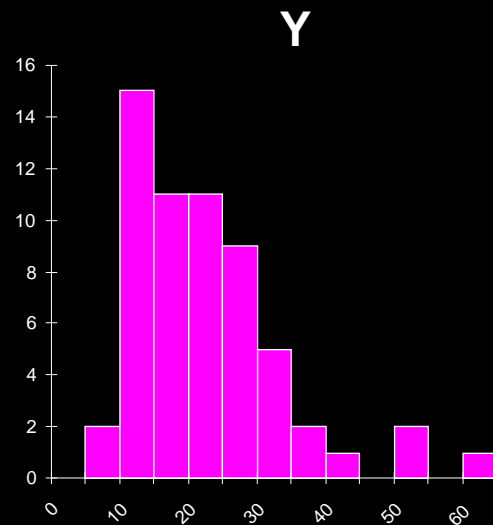
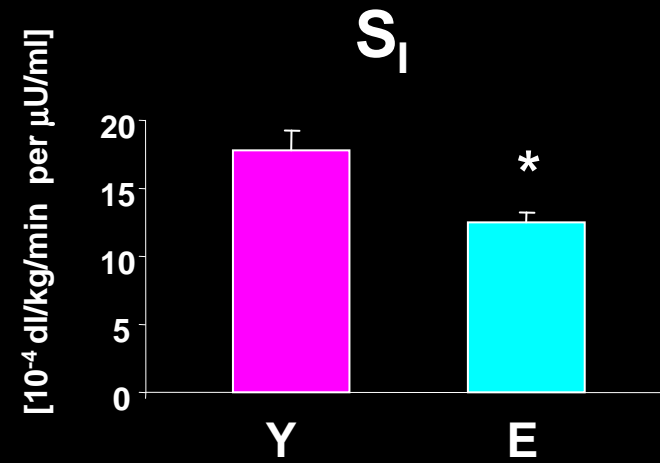
S_I : Insulin Sensitivity (liver & periphery)

Validation: - Triple Tracer Meal (Dalla Man et al, 2004)
- Hyperinsulinemic Clamp (Dalla Man et al, 2005)

Insulin Sensitivity

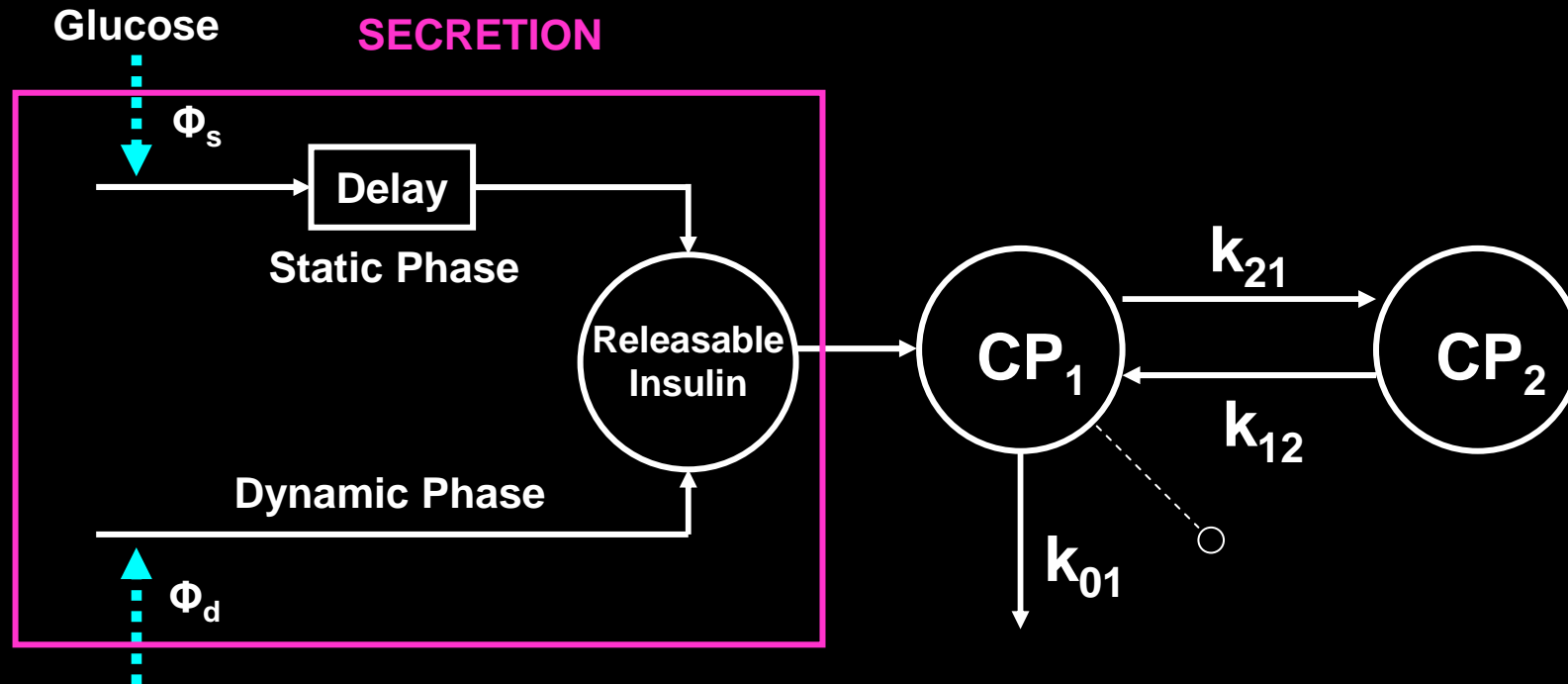
59 Y vs 145 E

* $p < 0.05$



β -Cell Responsivity Minimal Model

(Toffolo et al, 2001; Breda et al, 2001, 2002)



Rate of Increase of Glucose (first 50-60 minutes)

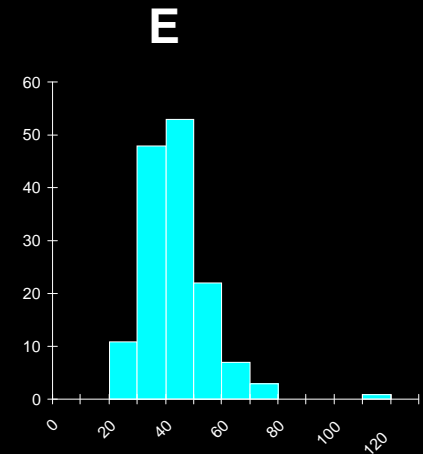
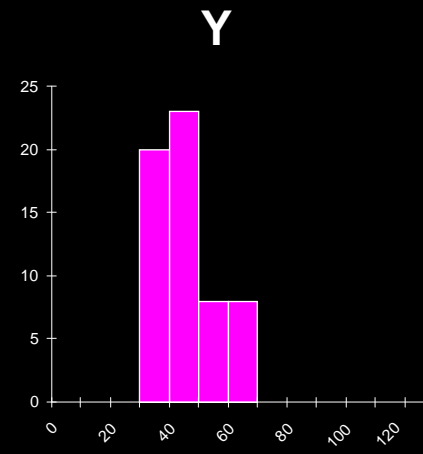
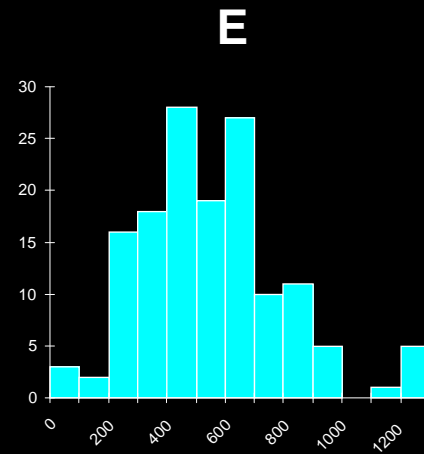
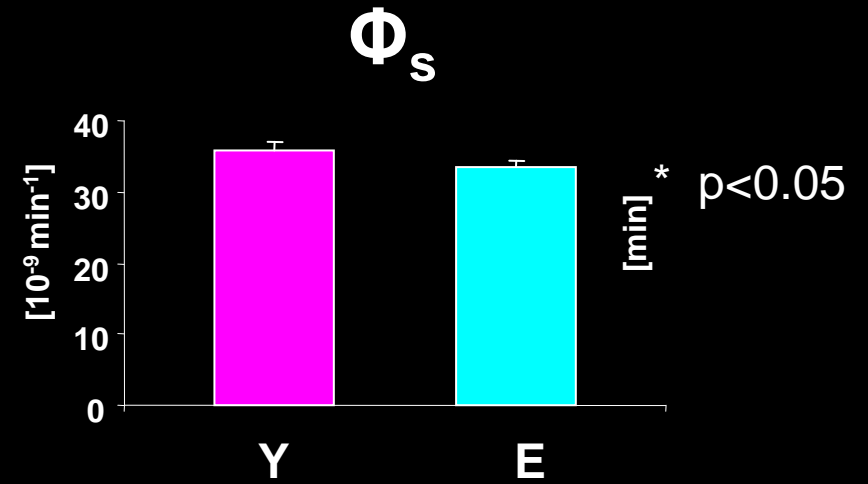
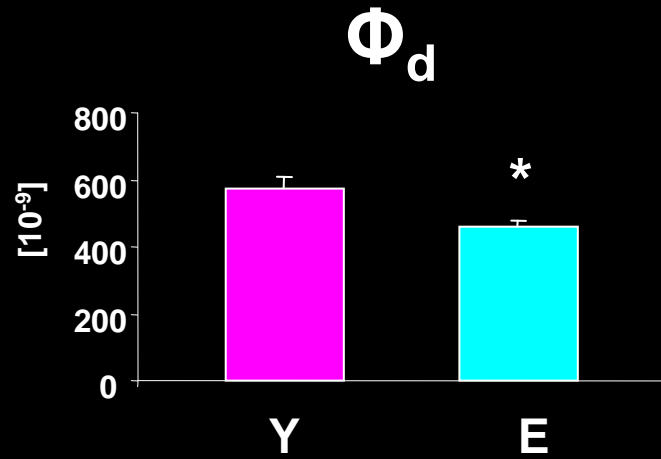
Φ_d : Dynamic Beta-Cell Responsivity

Φ_s : Static Beta-Cell Responsivity

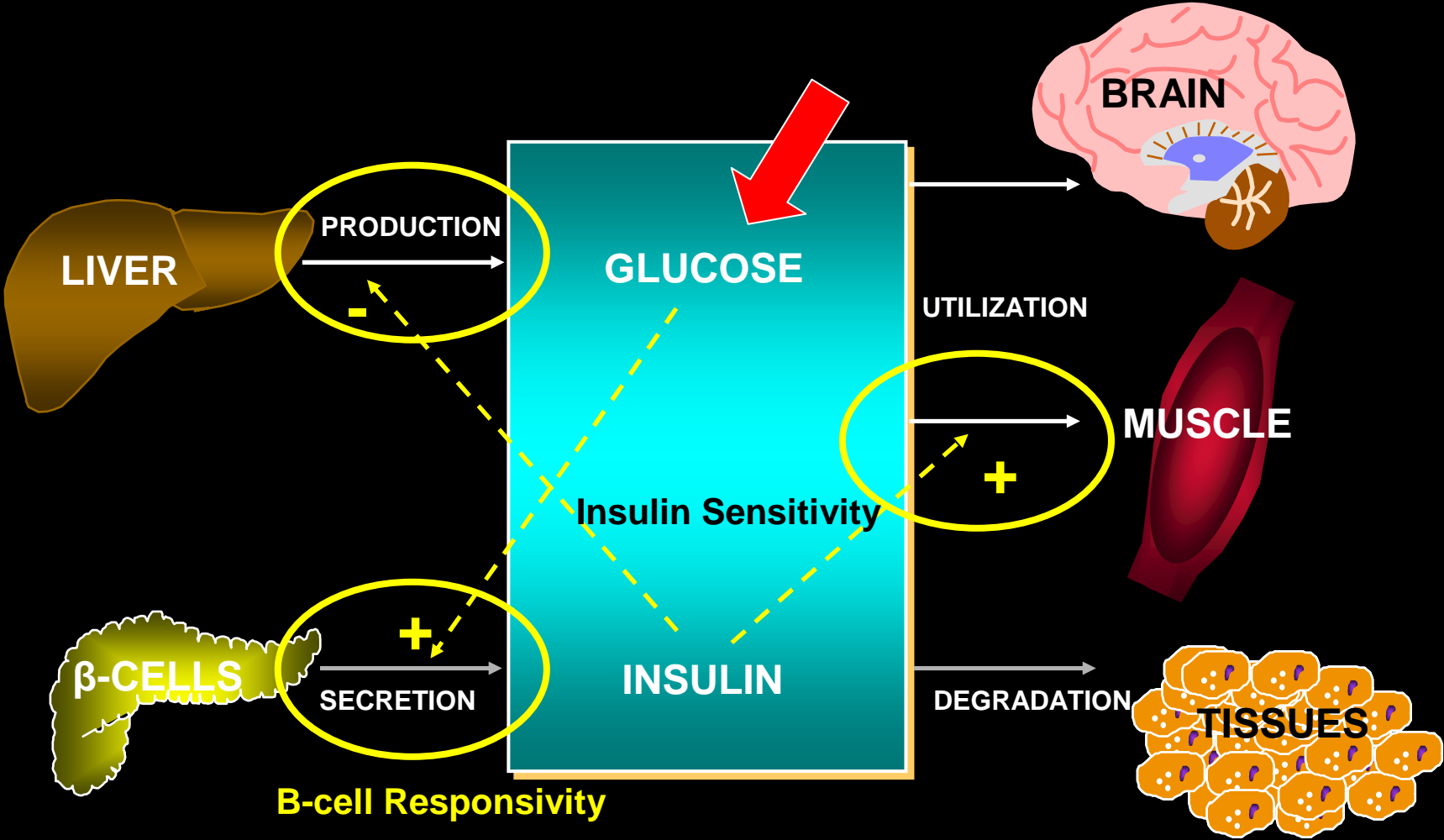
Validation: Hyperglycemic Clamp (Steil et al, 2004)

β -Cell Responsivity Indices

59 Y vs 145 E



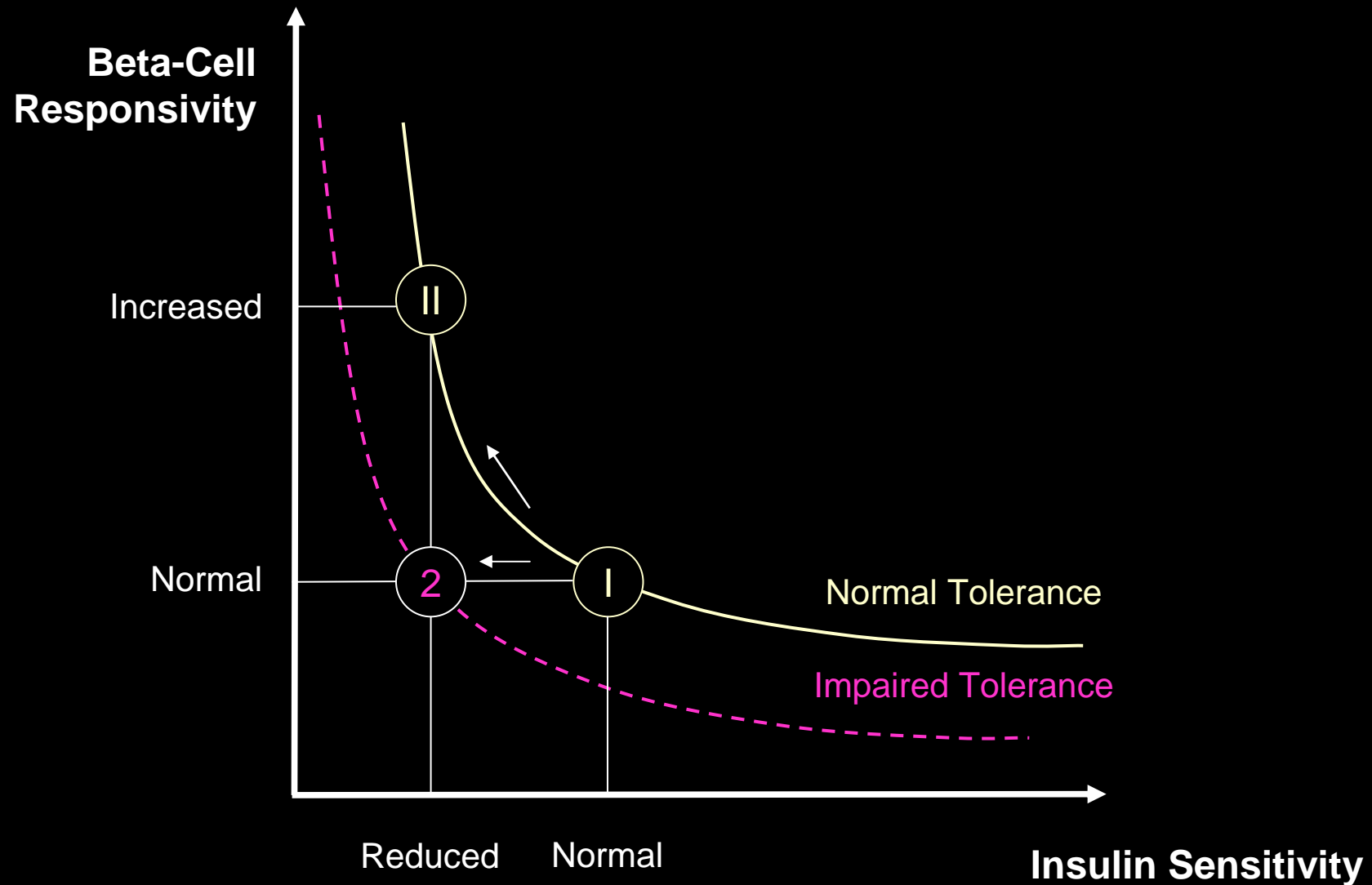
The Glucose-Insulin System



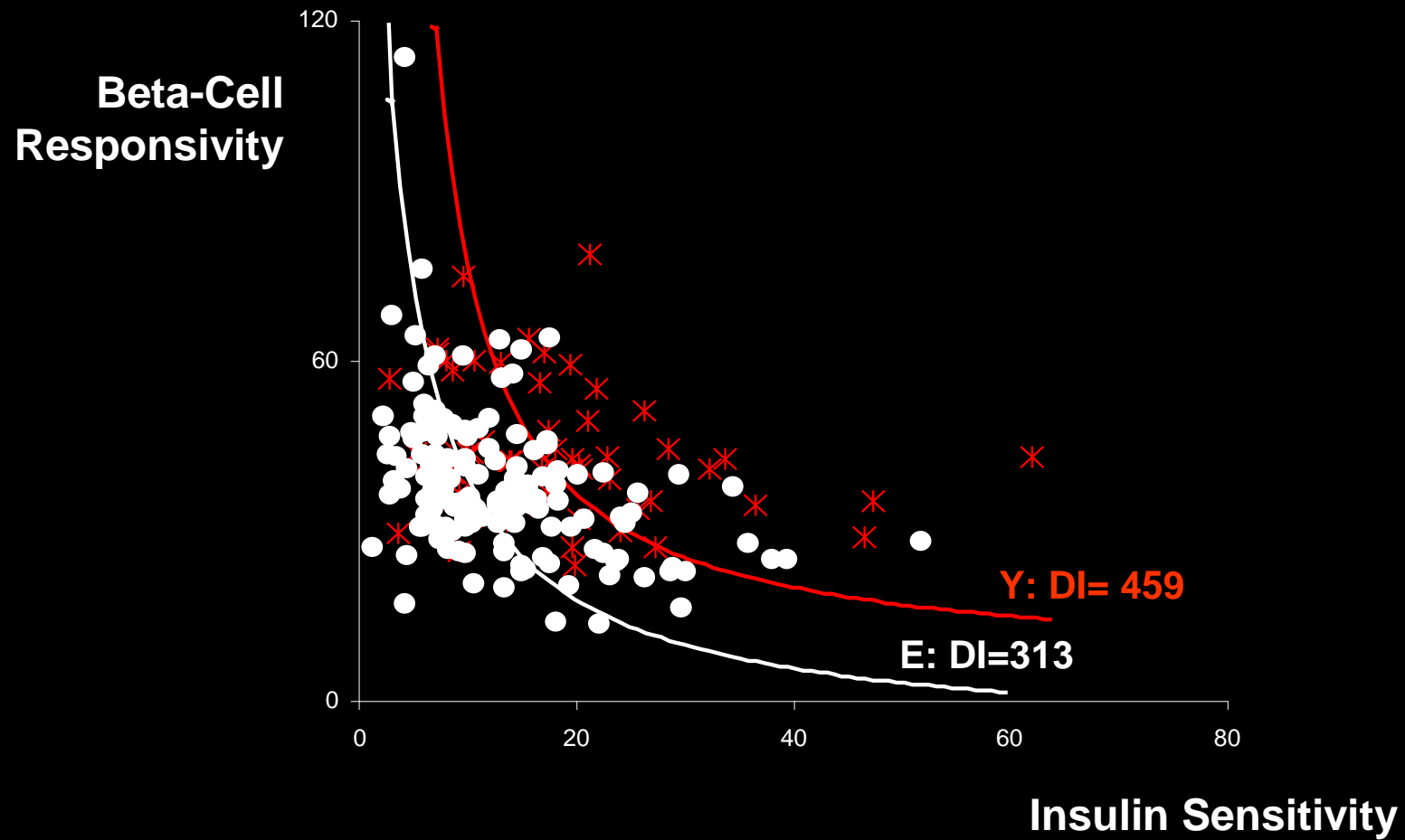
Efficiency of the Control: Disposition Index

(Bergman & Cobelli, 1981, Cobelli et al, 2007)

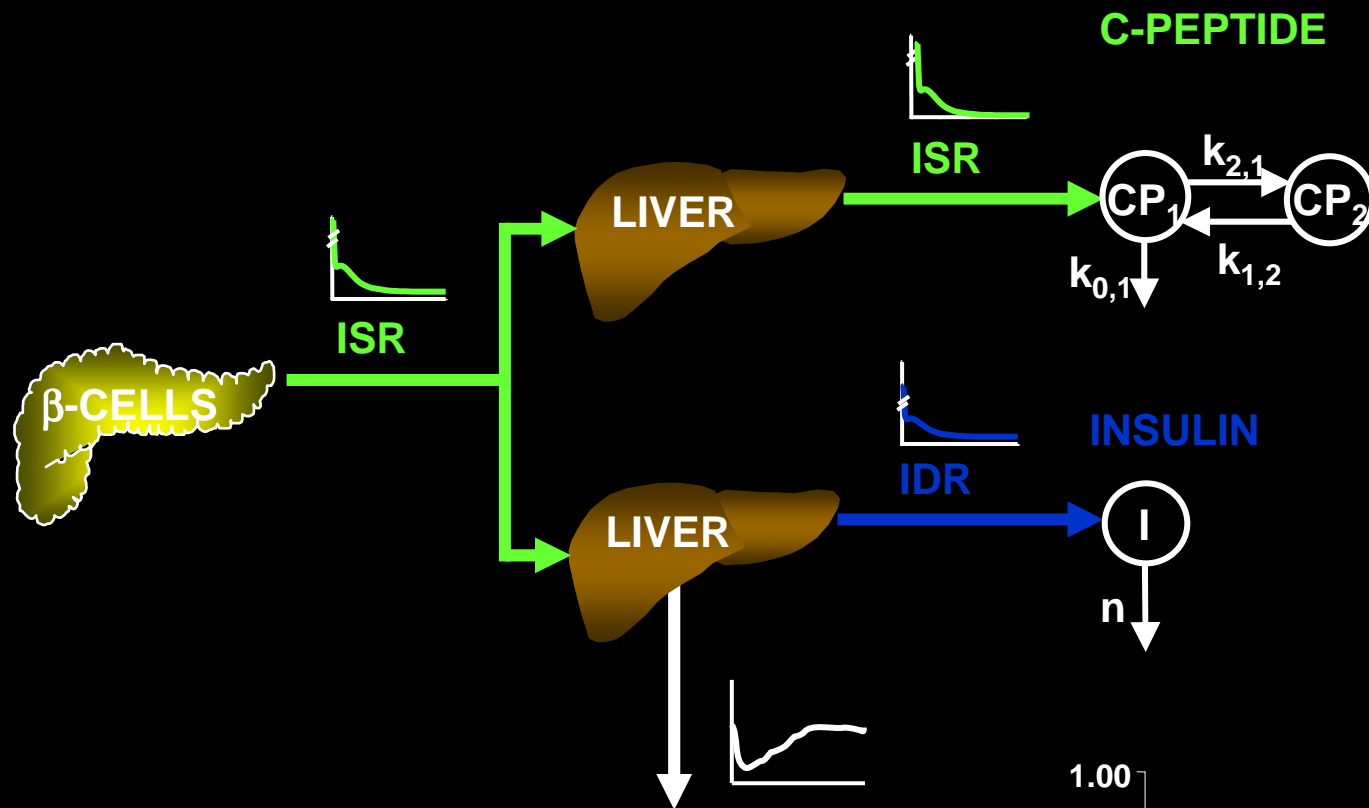
Insulin Sensitivity x Beta-Cell Function = Constant



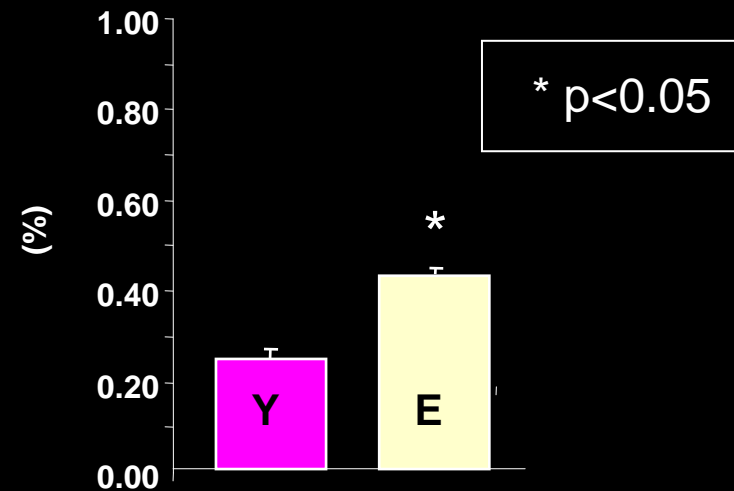
Disposition Index



Hepatic Insulin Extraction

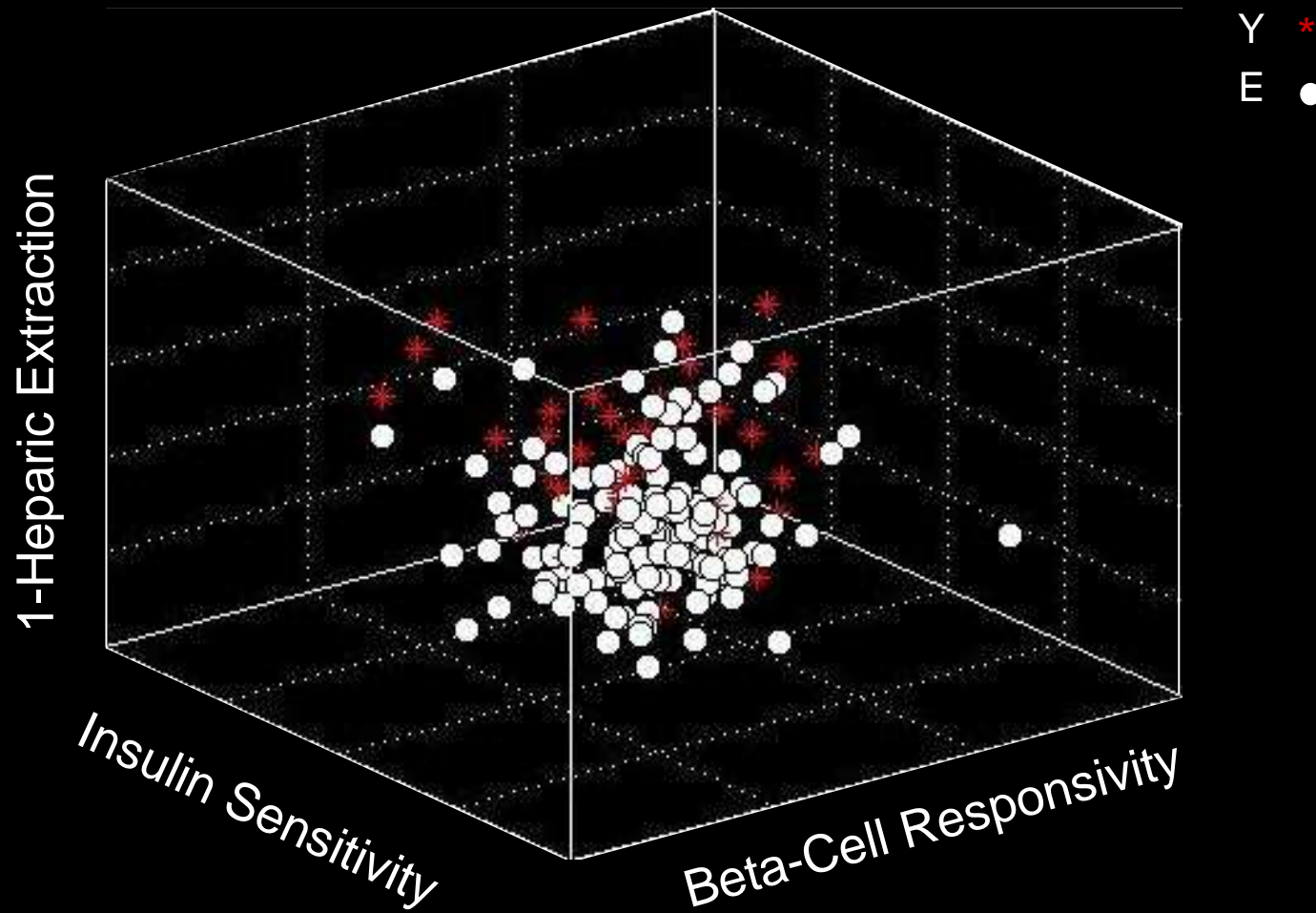


$$HE = \frac{\int_0^T ISR(t)dt - \int_0^T IDR(t)dt}{\int_0^T ISR(t)dt}$$



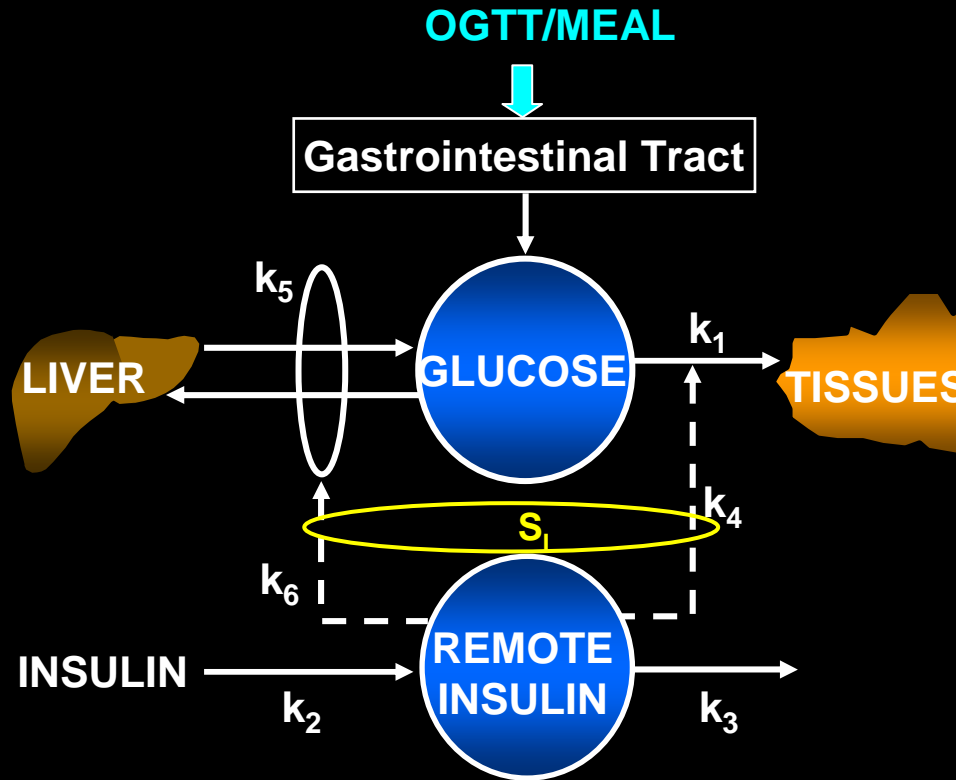
Disposition Index

From 2 to 3D



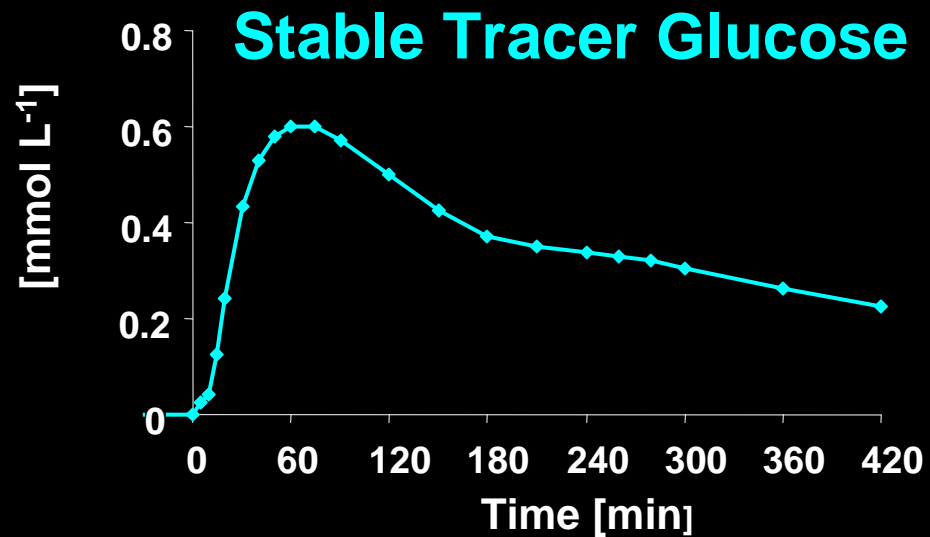
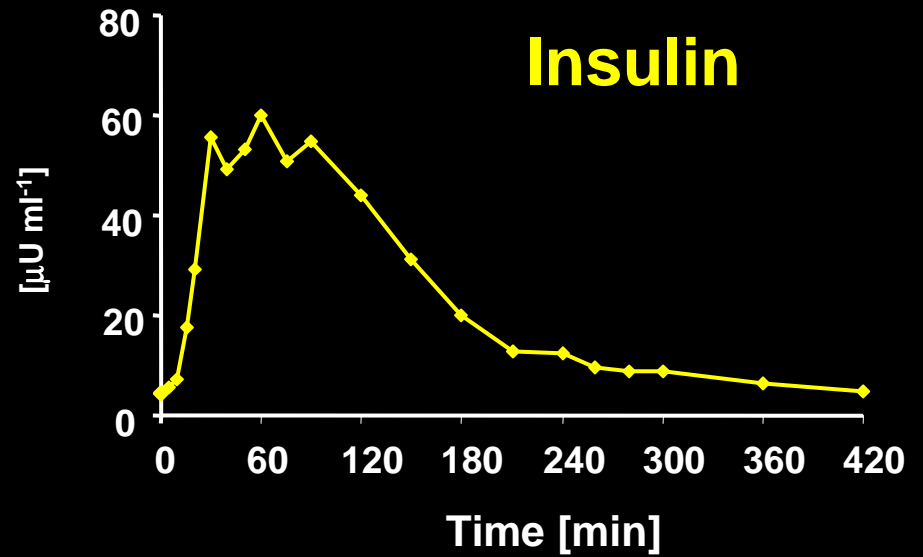
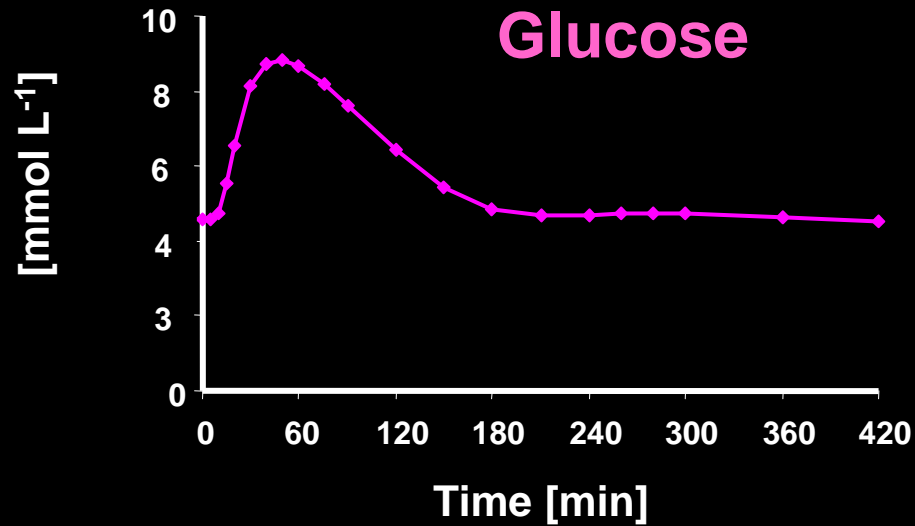
Oral Glucose Minimal Model

(Dalla Man & Cobelli, 2002)



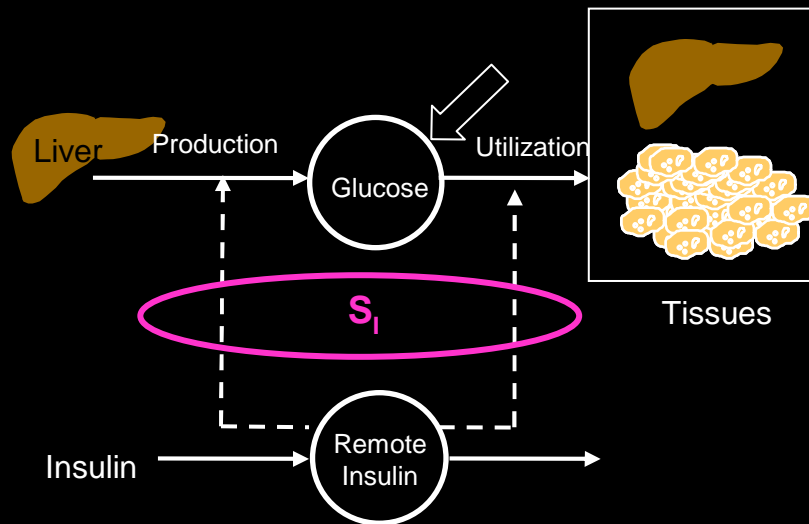
S_I : Insulin Sensitivity (liver & periphery)

Labelled Meal



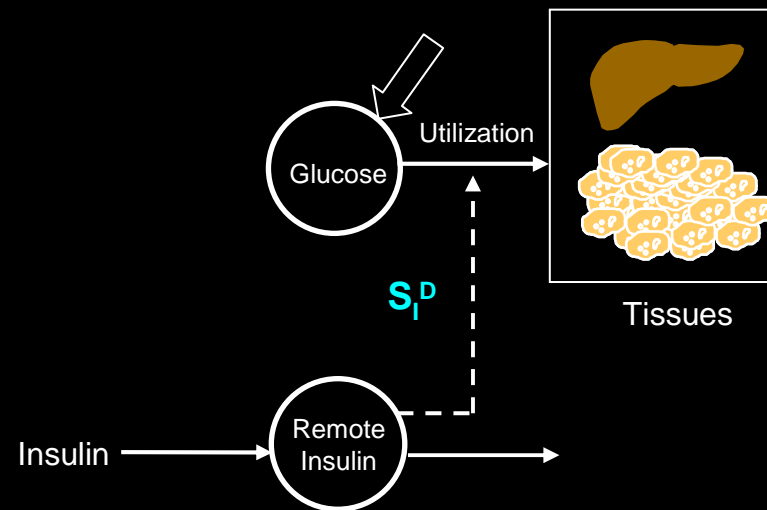
Disposal Insulin Sensitivity

“COLD” MINIMAL MODEL



S_I : Insulin Sensitivity
(Utilization + Production)

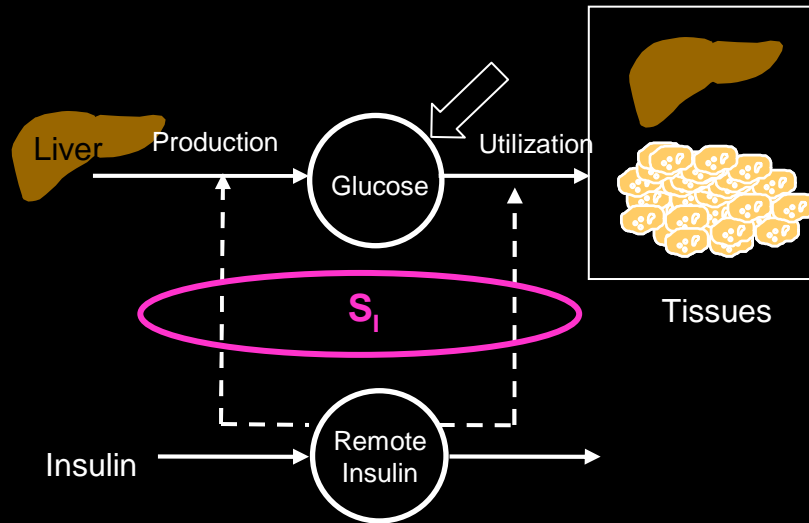
“HOT” MINIMAL MODEL



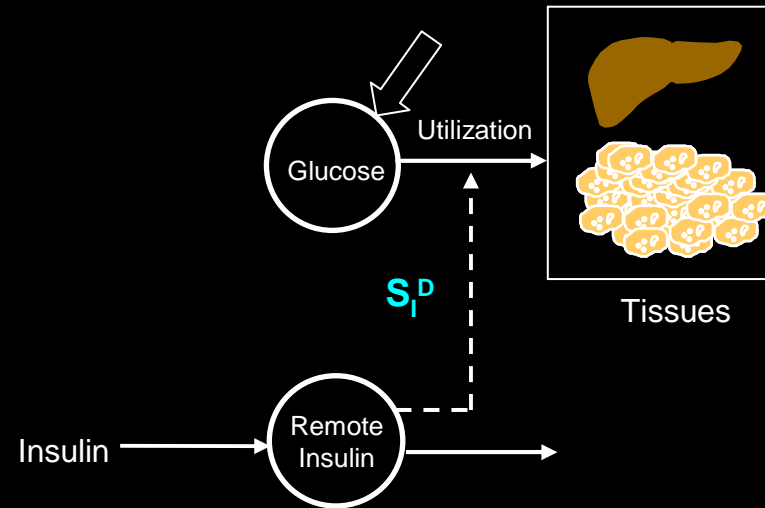
S_I^D : Disposal Insulin Sensitivity
(Utilization Only)

Hepatic Insulin Sensitivity

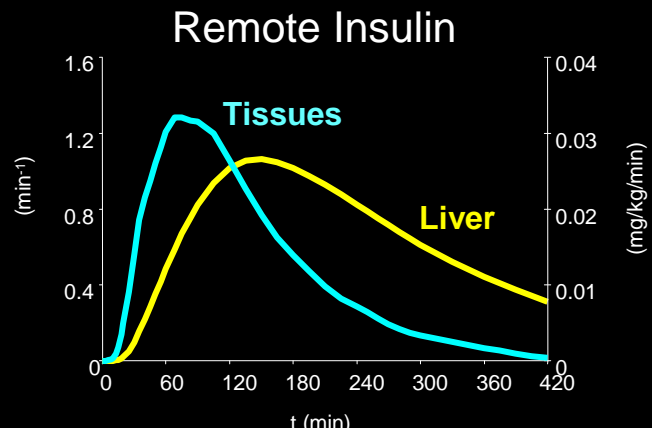
“COLD” MINIMAL MODEL



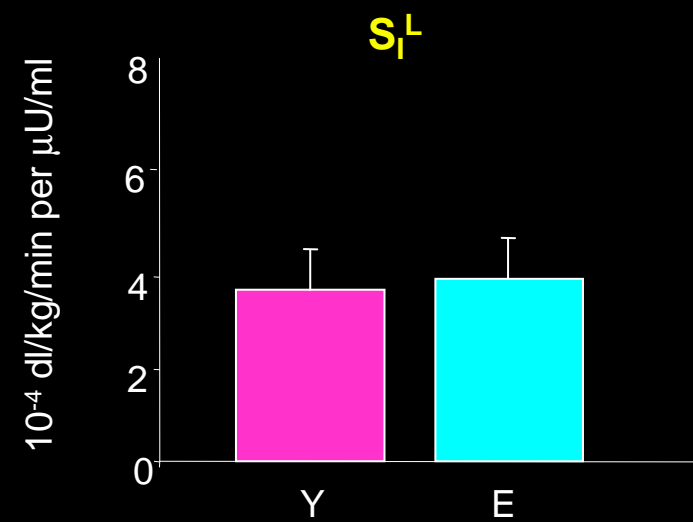
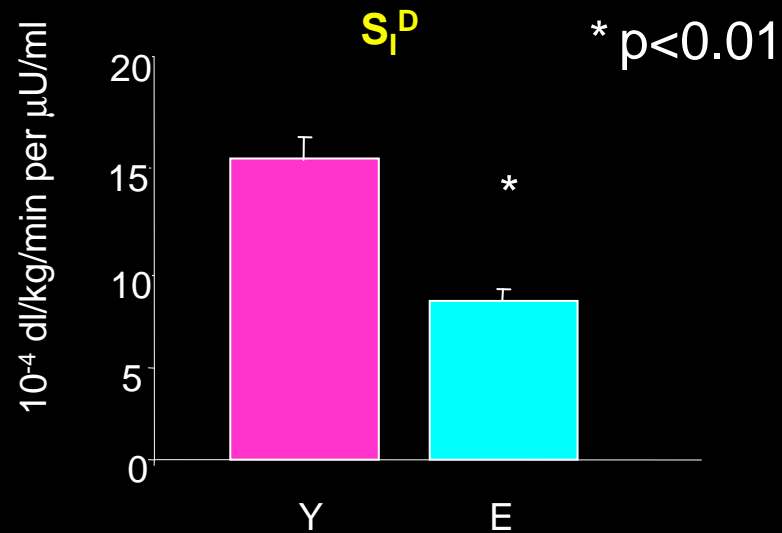
“HOT” MINIMAL MODEL



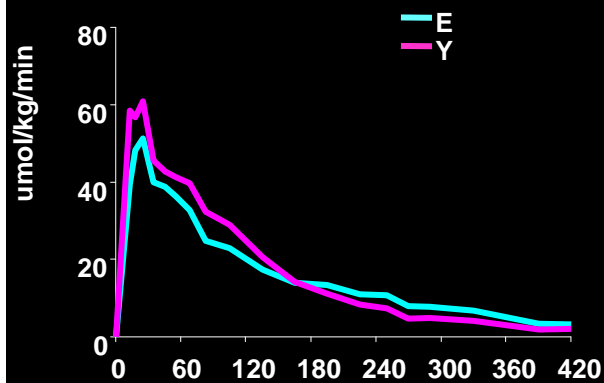
From S_I and S_I^D \longrightarrow $S_I^L = S_I - S_I^D$



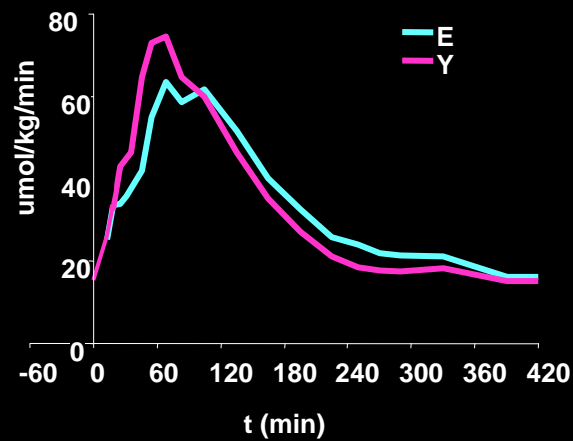
Labelled Meal: Additional Information



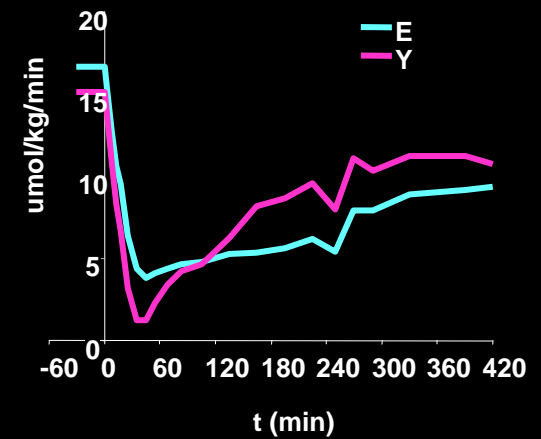
Rate of Appearance



Rate of Disappearance



Endogenous Production



Use in Pathophysiology

1) Role of age and gender (Basu et al, Diabetes 2006)

2) Pathogenesis of Prediabetes (Bock et al, Diabetes 2006)

3) OGTT vs Meal (Bock et al, Diabetes 2007)

4) Diurnal Variation of Glucose Tolerance (Dr. E. Van Cauter, University of Chicago, Chicago, IL)

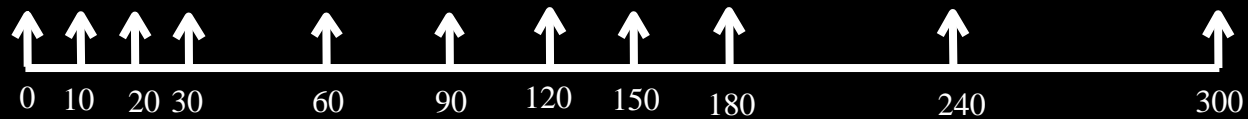
5) Role of Race (Petersen et al, Proceedings of the National Academy of Science 2006)

6) Children and Adolescent (Dr. S. Caprio, Yale University, New Haven, CT)

OGTT Protocol

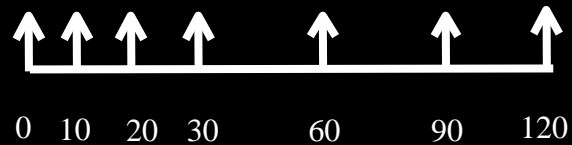
FULL

300 min – 11 samples



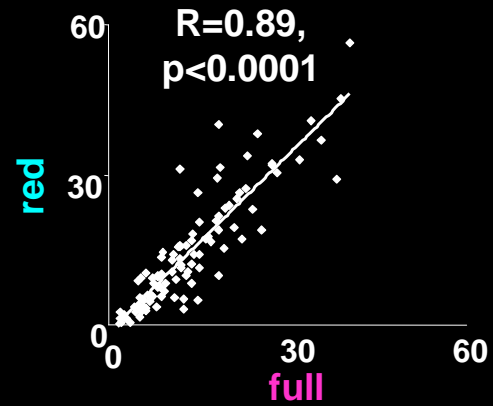
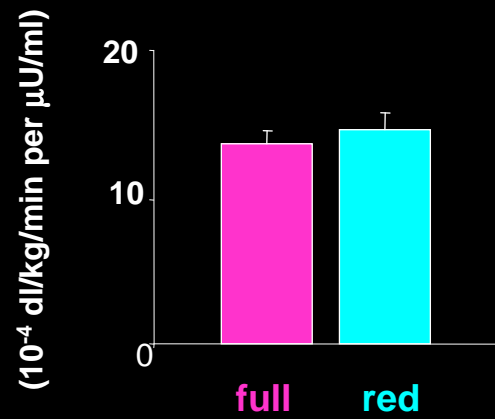
REDUCED

120 min – 7 Samples

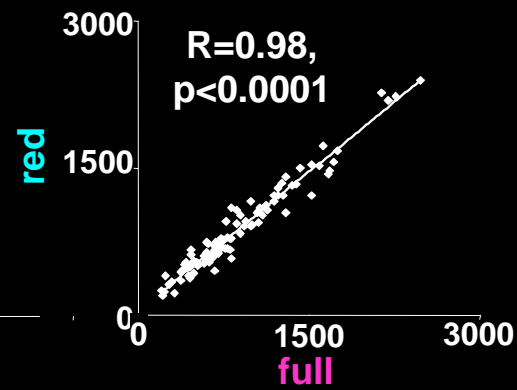
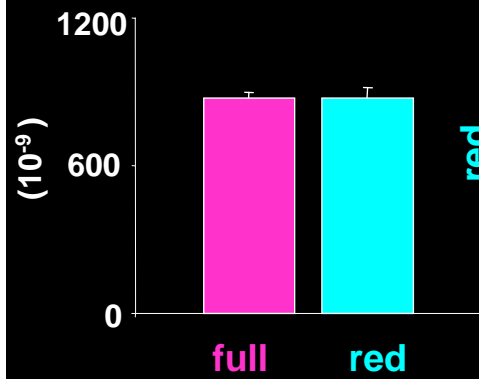


OGTT (N=100)

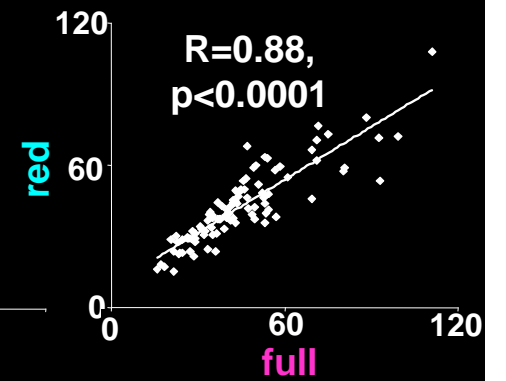
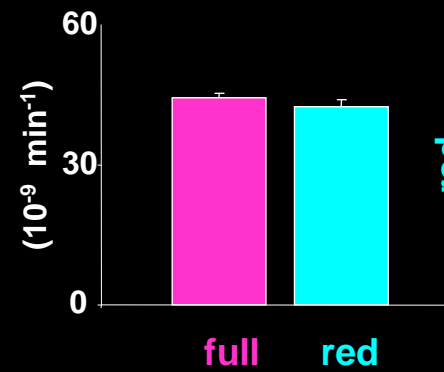
SI



Φ_d



Φ_s

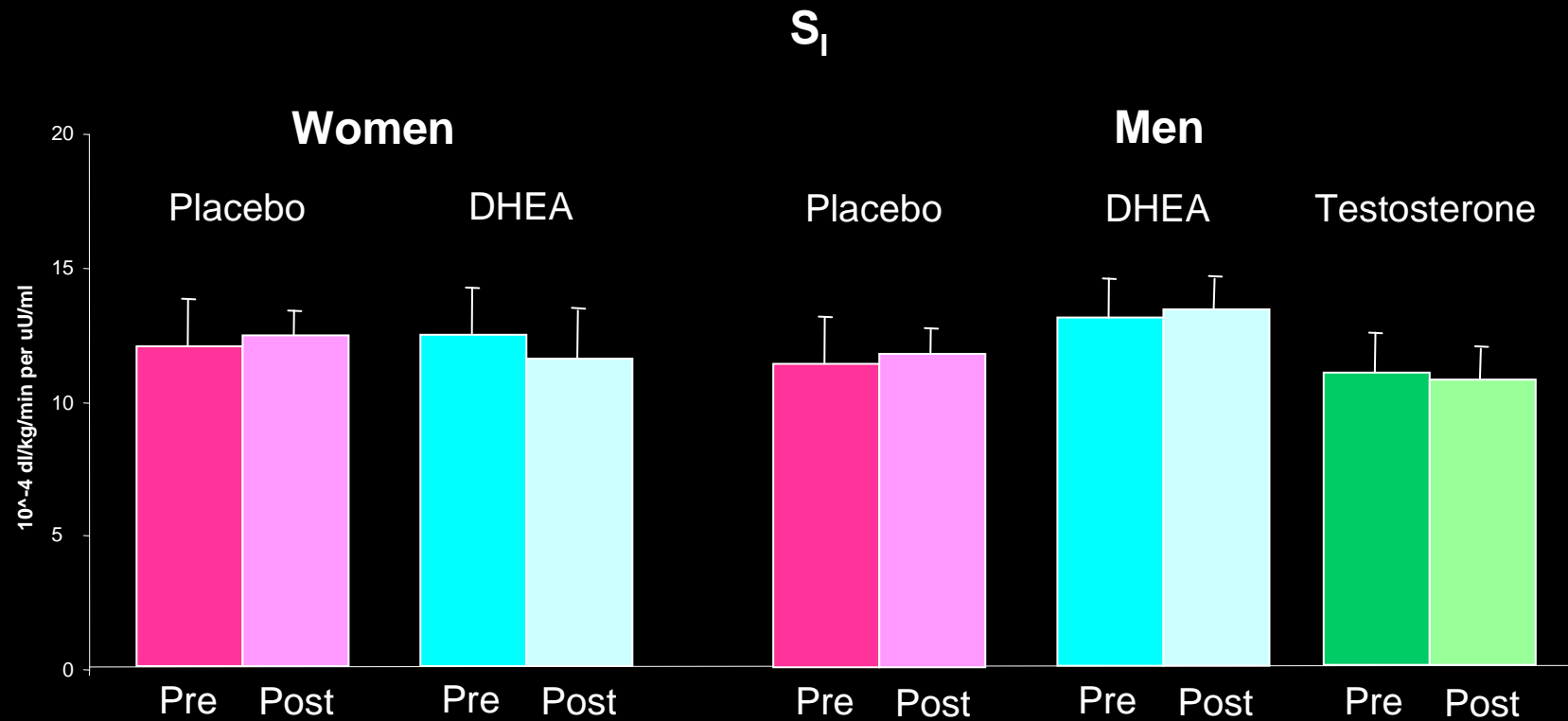


Use in Pathophysiology

- 1) **Role of age and gender** (Basu et al, Diabetes 2006)
- 2) **Pathogenesis of Prediabetes** (Bock et al, Diabetes 2006)
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- 4) **Diurnal Variation of Glucose Tolerance** (Dr. E. Van Cauter, University of Chicago, Chicago, IL)
- 5) **Role of Race** (Petersen et al, Proceedings of the National Academy of Science 2006)
- 6) **Children and Adolescent** (Dr. S. Caprio, Yale University, New Haven, CT)
- 7) **Efficiency of Anti-aging Drugs** (Nair et al, New England Journal of Medicine 2006)

Efficiency of Anti aging Drug

- 87 elderly men e 57 elderly women underwent a mixed meal test
- After a 2 yr DHEA or Testosterone same test

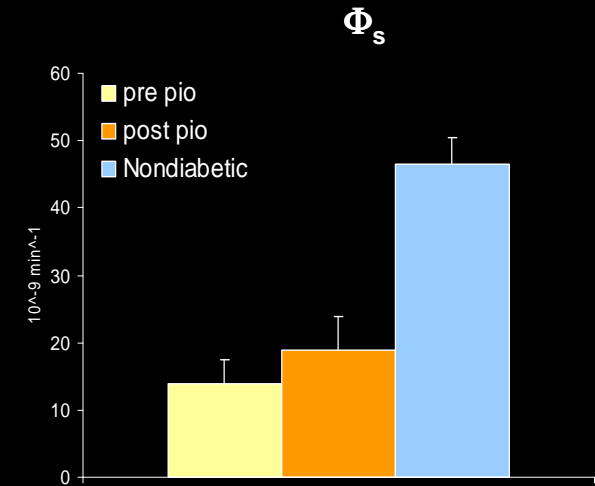
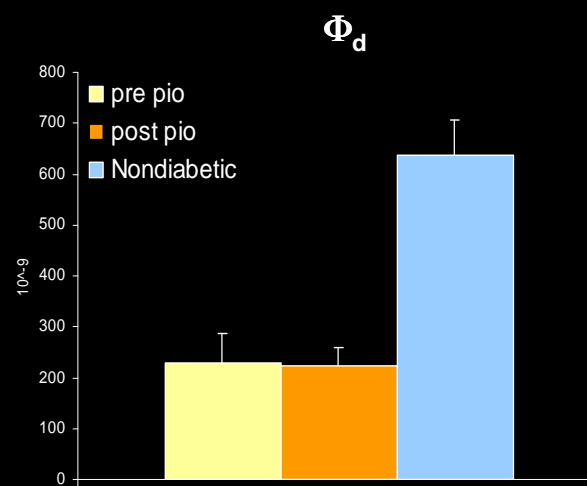
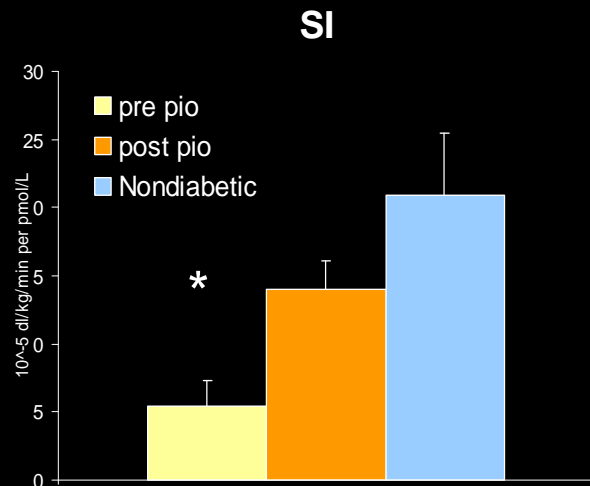
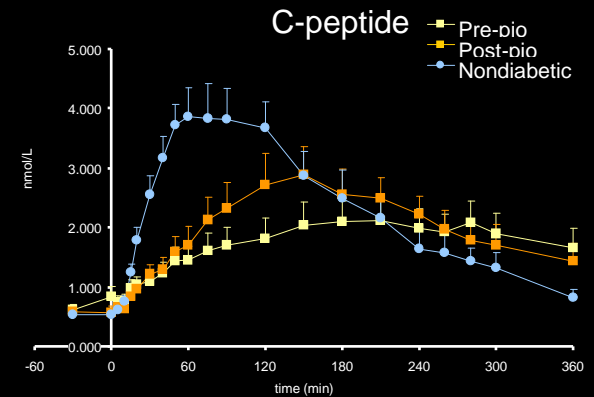
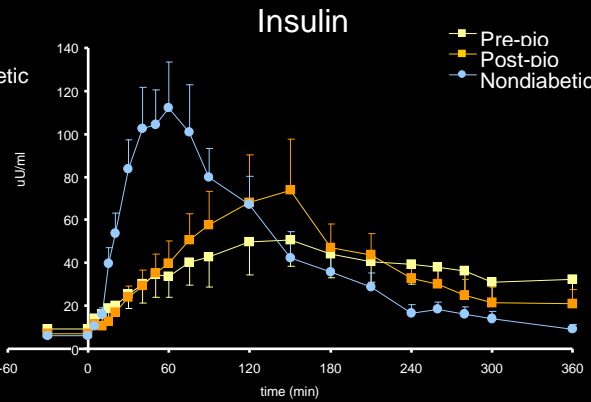
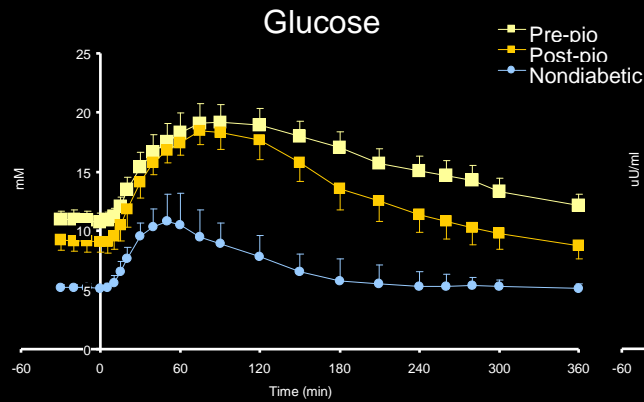


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- 6) Children and Adolescent** (Dr. S. Caprio, Yale University, New Haven, CT)
- 7) Efficiency of Anti-aging Drugs** (Nair et al, New England Journal of Medicine 2006)
- 8) Type 2 Diabetes** (Dr. A. Basu, Mayo Clinic Rochester, MN)

Type 2 Diabetes: Effect of Pioglitazone

(Basu A. et al submitted)



* $p < 0.05$ pre vs post treatment

^ $p < 0.05$ post treatment vs nondiabetic

- **Models to Measure**

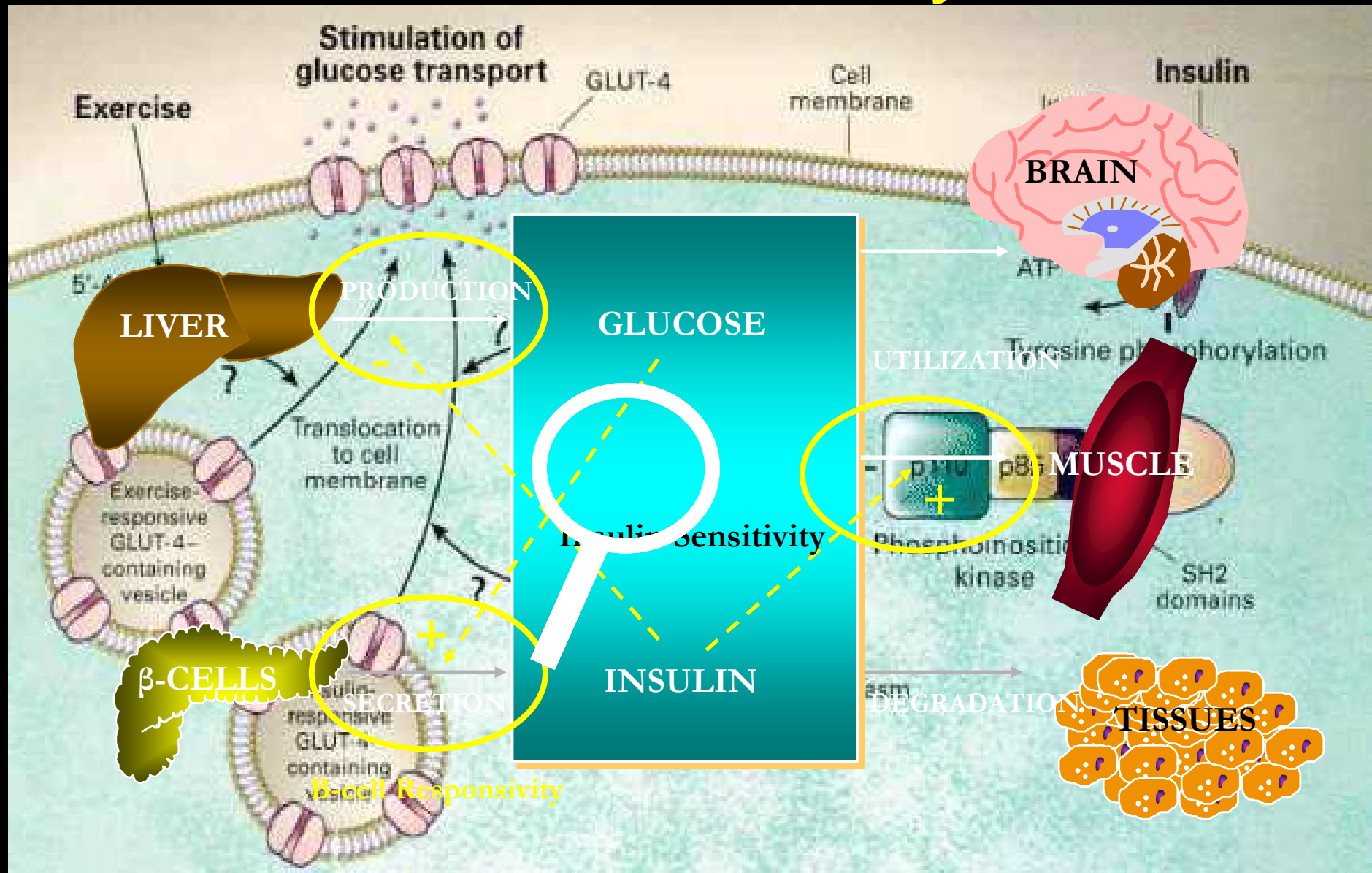
- Whole Body

- Organ/Tissue

- **Models to Simulate**

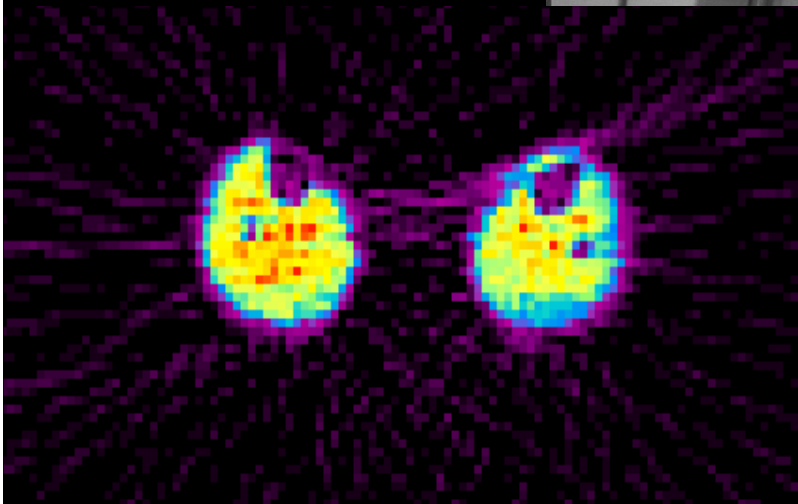
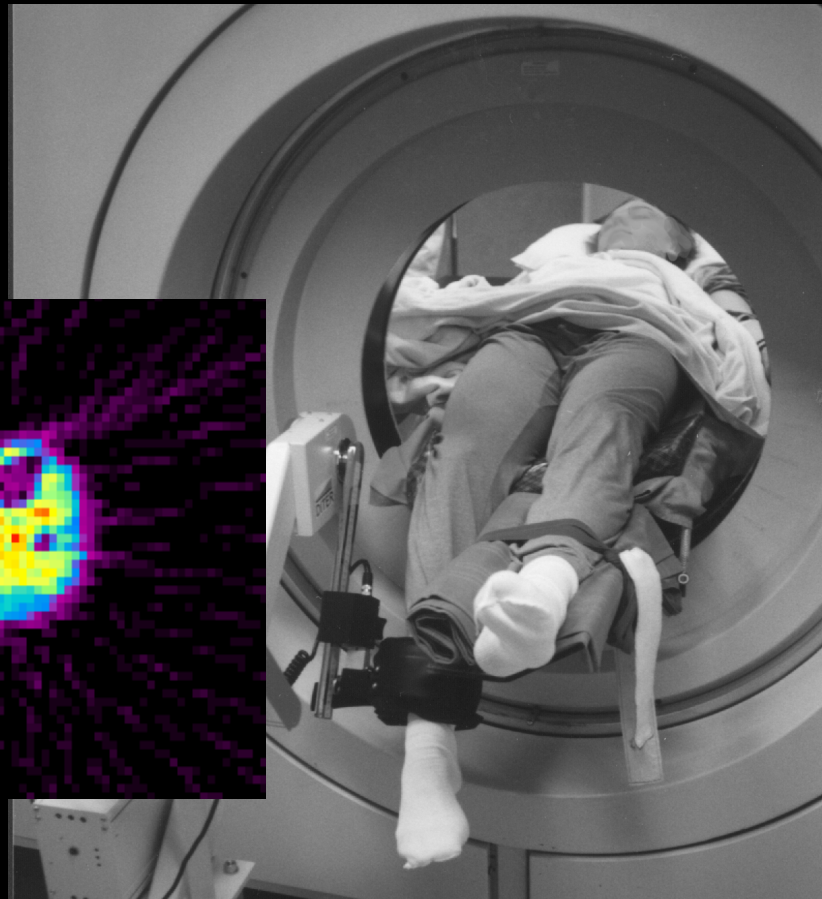
- In Silico Whole-Body

The Glucose-Insulin System



Using PET to Study Insulin Action on Glucose Delivery, Transport and Phosphorylation

(Dr. David Kelley, University of Pittsburgh, Pittsburgh, PA)



Triple-Tracer PET Imaging

PLASMA

GLUCOSE

INTERSTITIUM

GLUCOSE

CELL

GLUCOSE

GLUCOSE-6-
PHOSPHATE

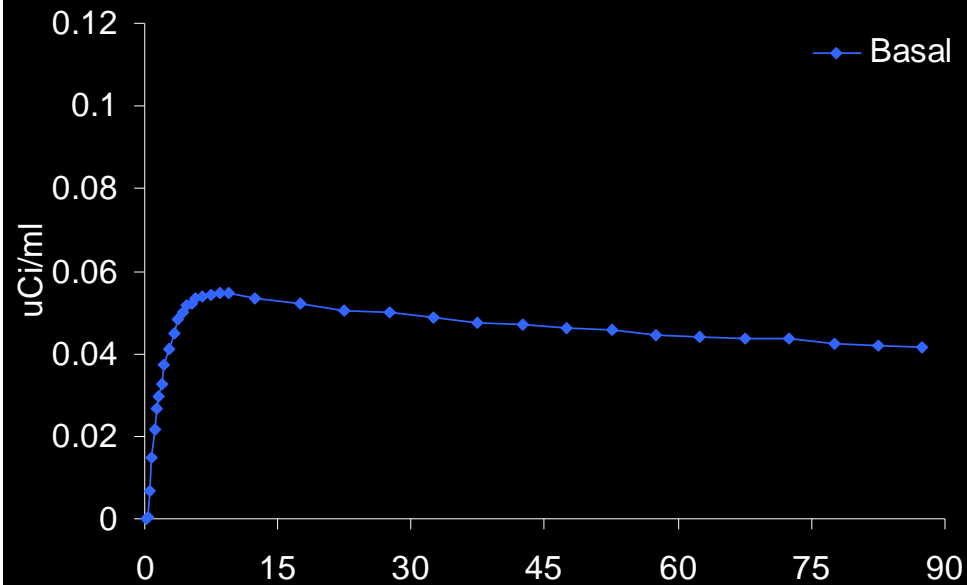
$[^{15}\text{O}]\text{H}_2\text{O}$:
delivery

$[^{11}\text{C}]\text{3-OMG}$:
transport

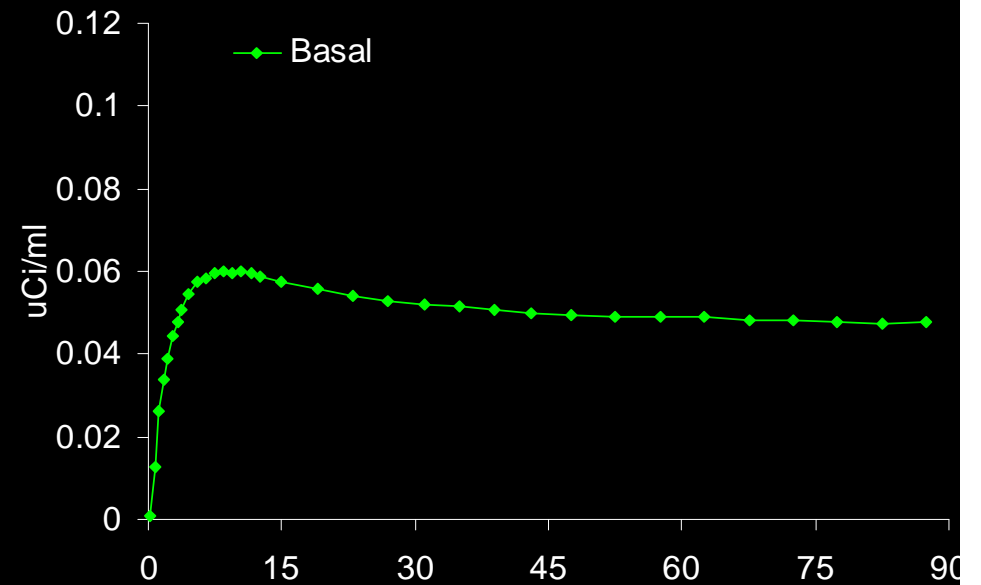
$[^{18}\text{F}]\text{FDG}$:
phosphorylation (with LC)

Basal & Insulin Study

[¹¹C]-3-OMG

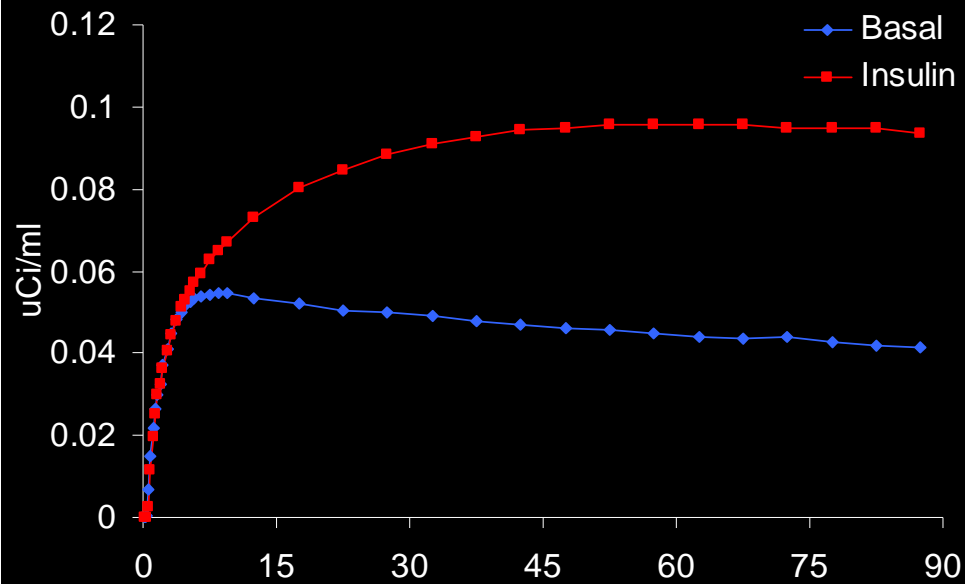


[¹⁸F]FDG

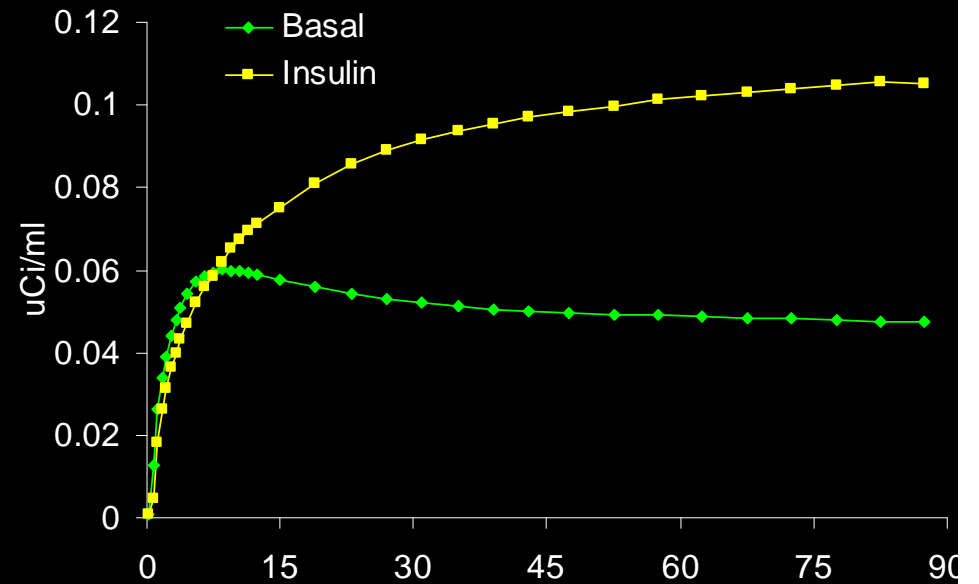


Basal & Insulin Study

[¹¹C]-3-OMG

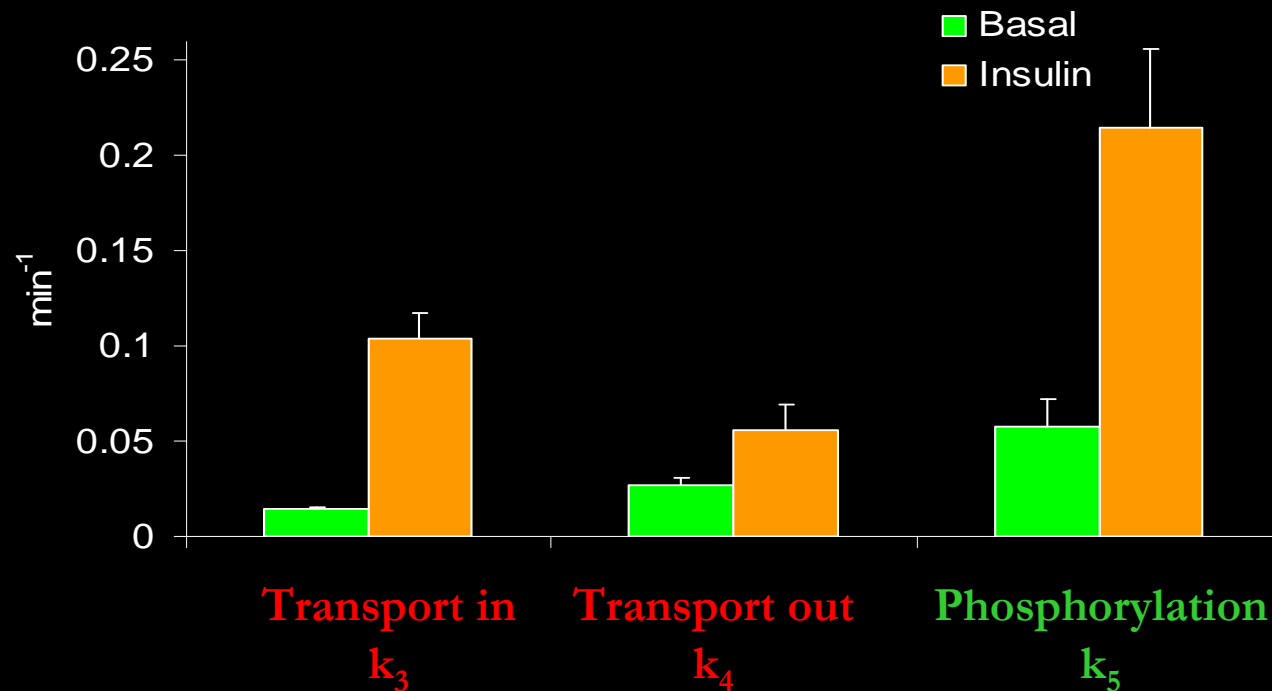
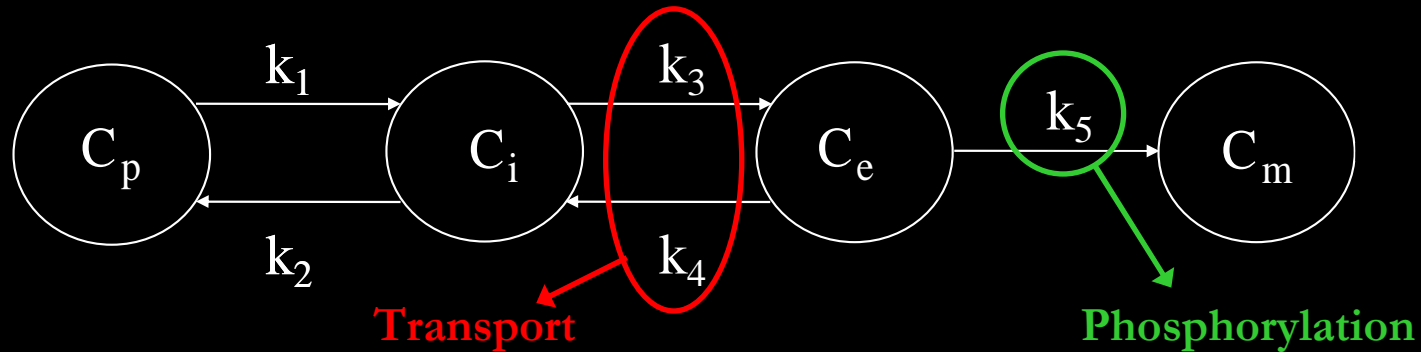


[¹⁸F]FDG



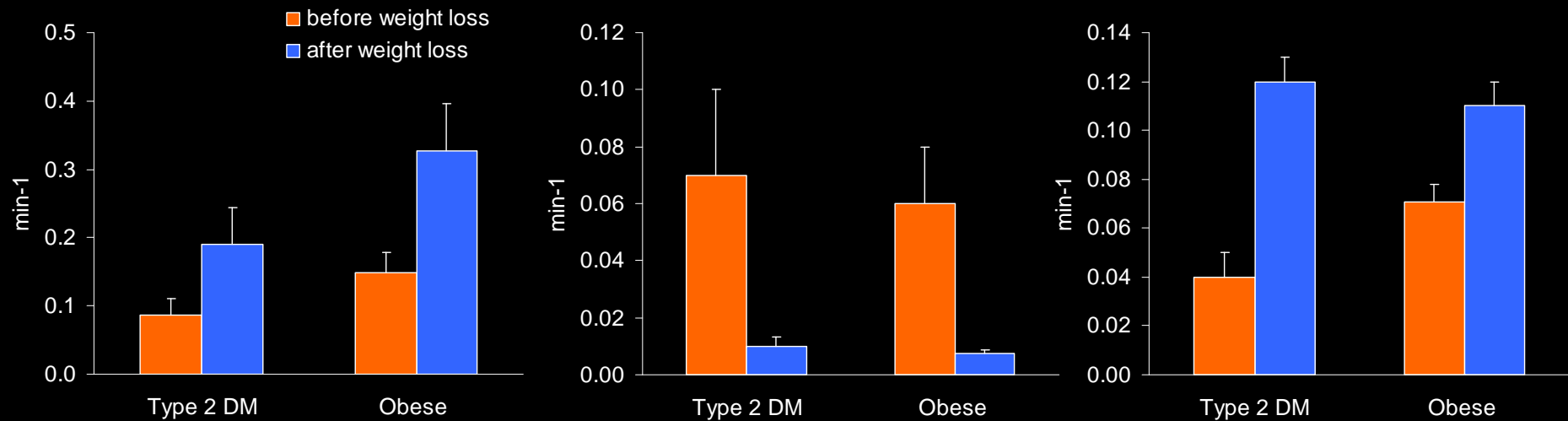
The 5K model

(Bertoldo et al, 2001)



Weight Loss Impact on Glucose Transport & Phosphorylation in Obesity & Type 2 Diabetes

(Williams et al, 2003)



Transport in
 k_3

Transport out
 k_4

Phosphorylation
 k_5

- **Models to Measure**

- Whole Body
- Organ/Tissue

- **Models to Simulate**

- In Silico Whole-Body

Background

- **Models to Simulate:**
often not possible, appropriate, convenient or desirable to perform experiments in humans, e.g. testing of glucose sensors and insulin infusion algorithms for closed loop control during normal life condition
- Can **Models to Measure** be used as **Models to Simulate**?

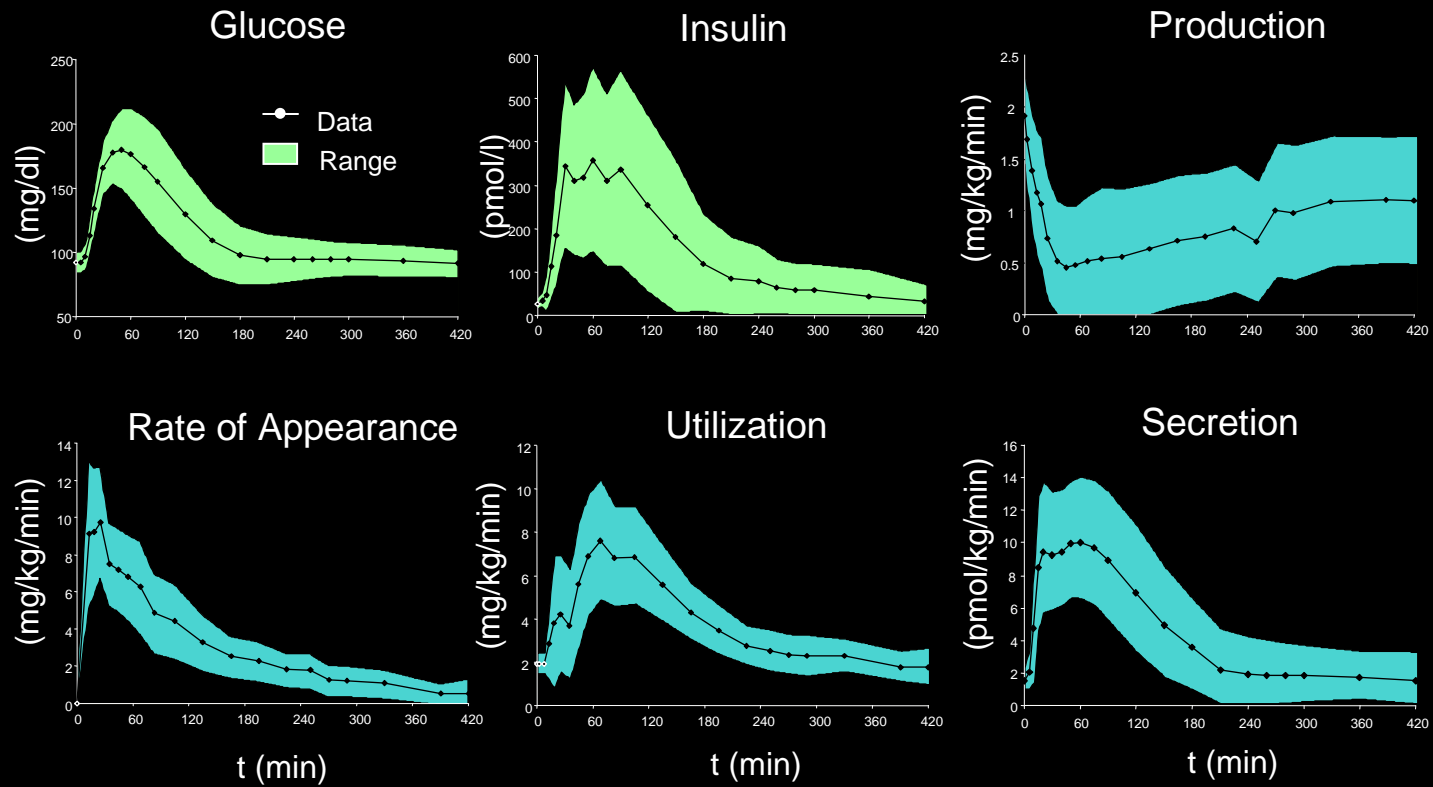
No

Models to Measure need to be minimal (parsimonious)
Models to Simulate need to be maximal (large scale)

New Generation of In Silico Models

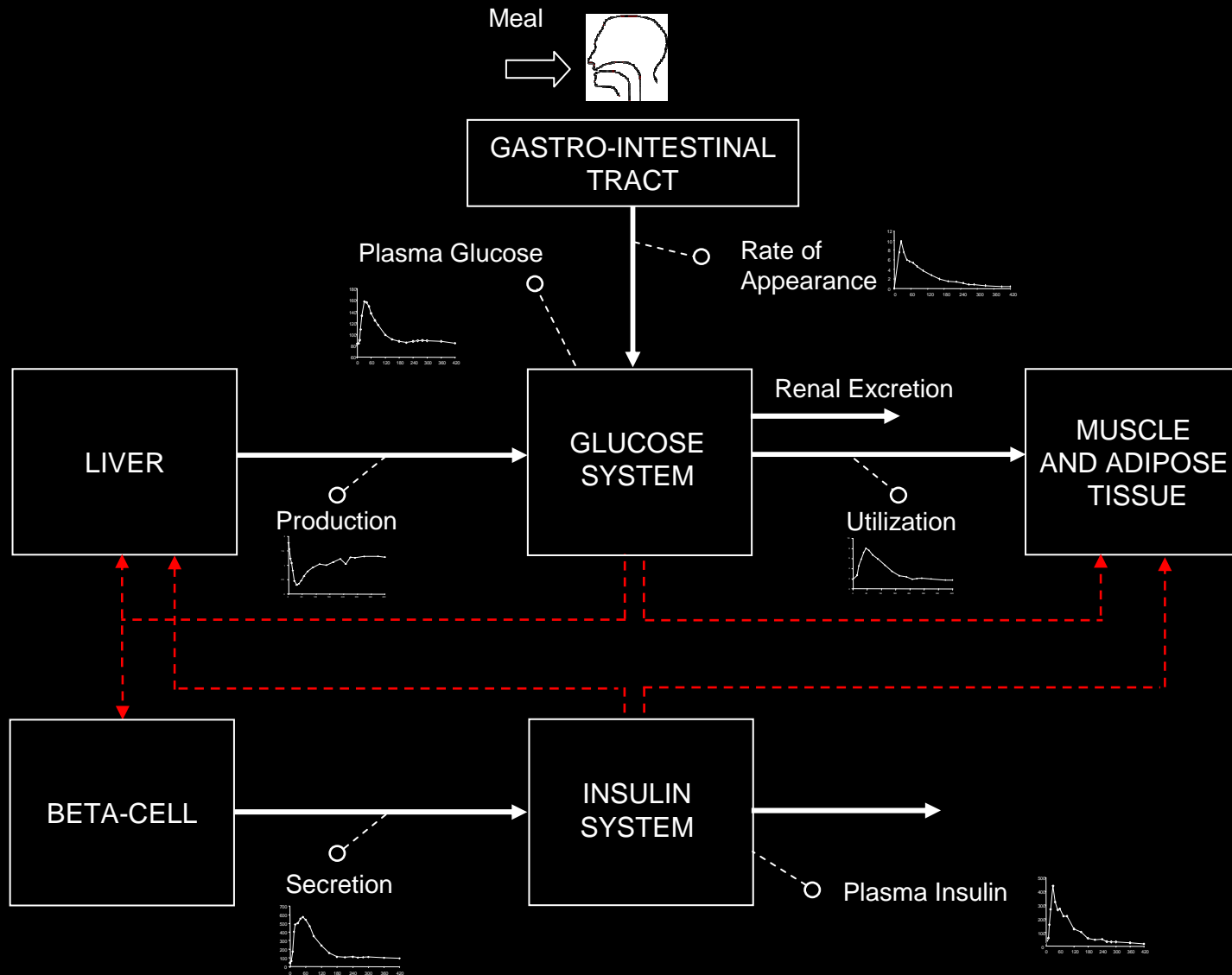
Fluxes, in addition to concentrations, available

(N=204)

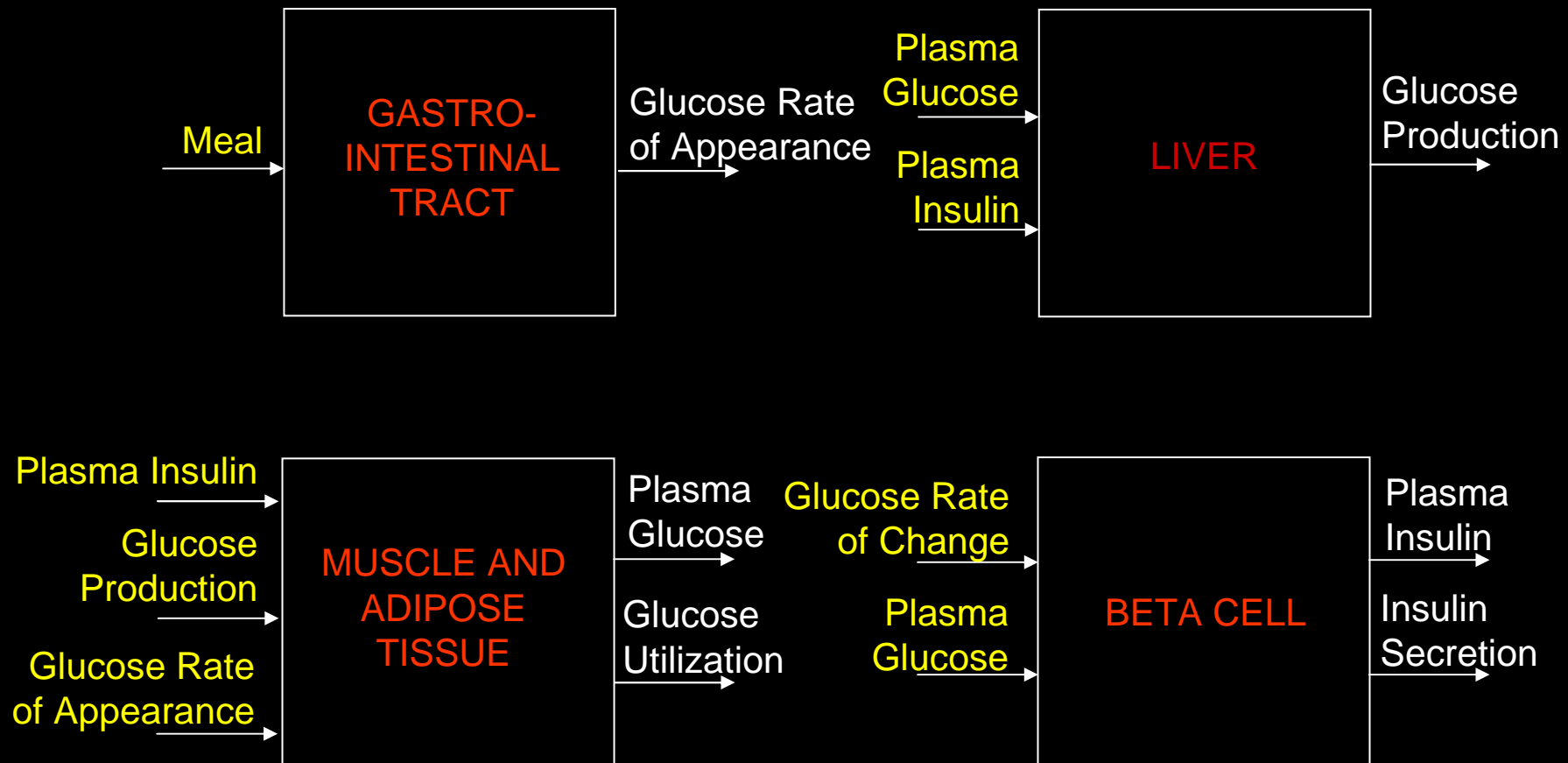


In Silico Meal Model

(Dalla Man et al, 2007)

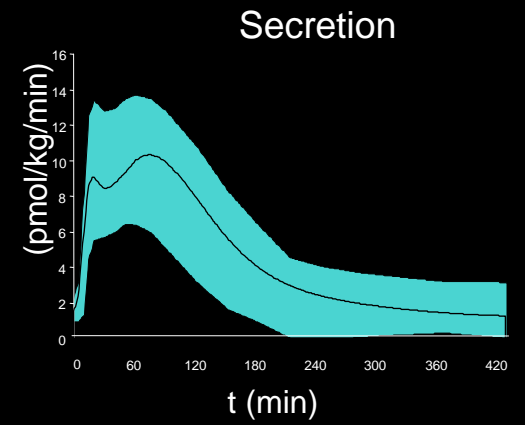
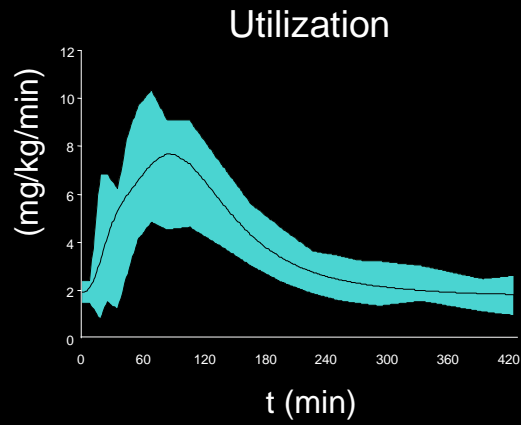
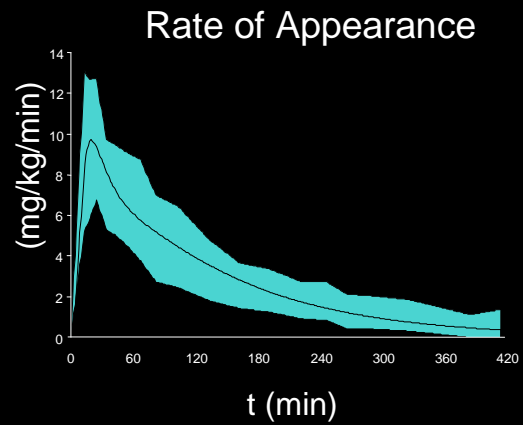
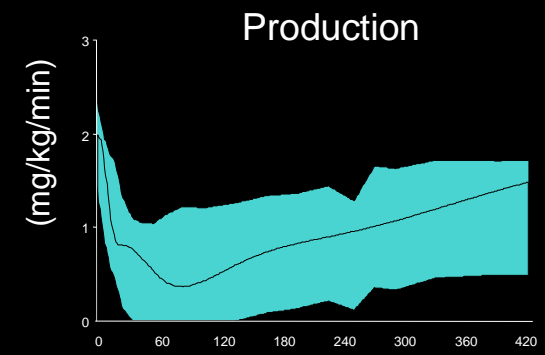
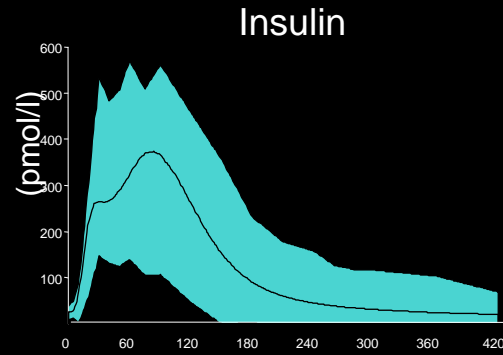
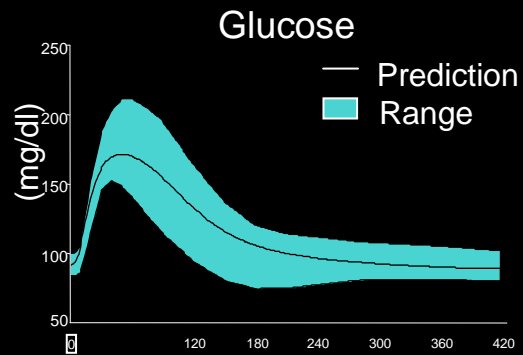


Identification: System Decomposition & Forcing Function Strategy

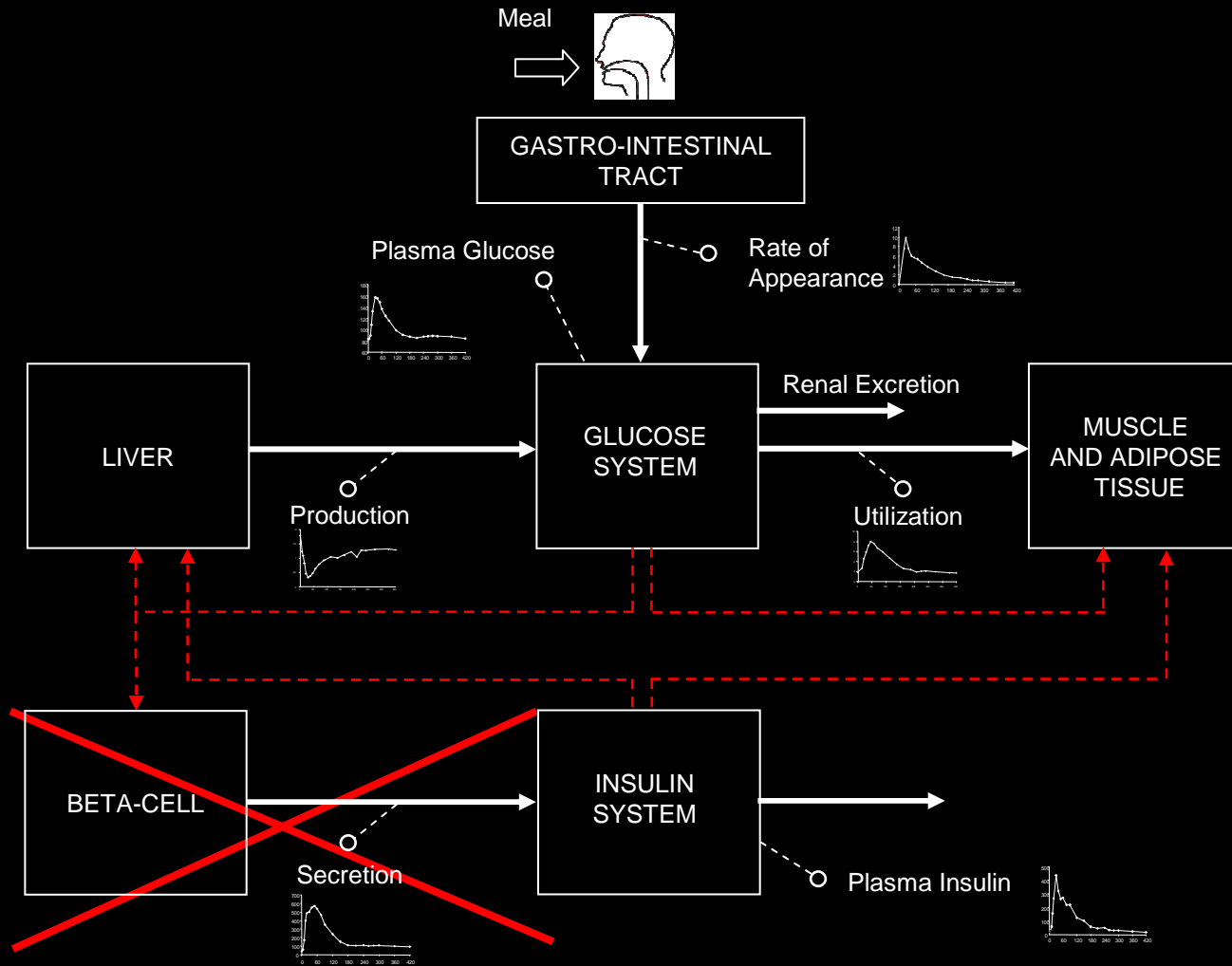


Model Performance

Mean Subject



Model of the Type 1 Diabetic Subject

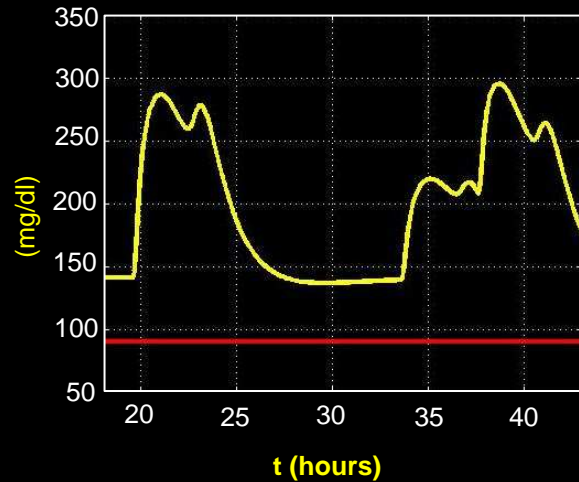


Generation of Type 1 Synthetic Subjects

Exploiting model parameter inter-subject variability

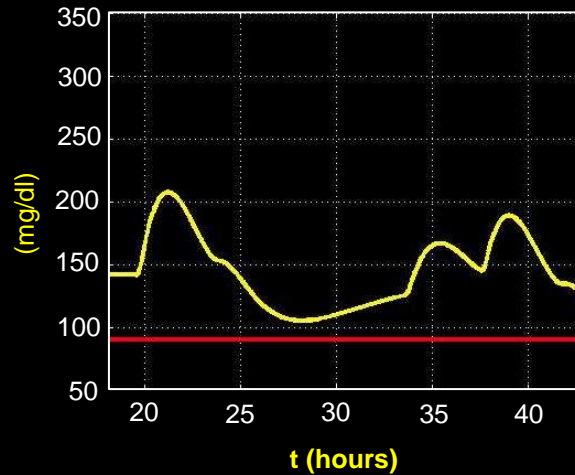
1

Glucose



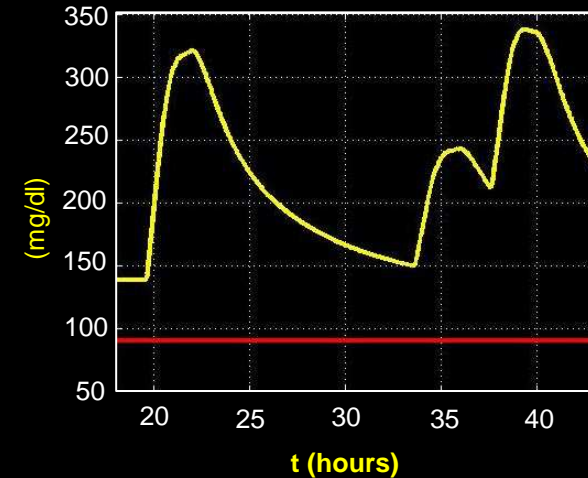
2

Glucose



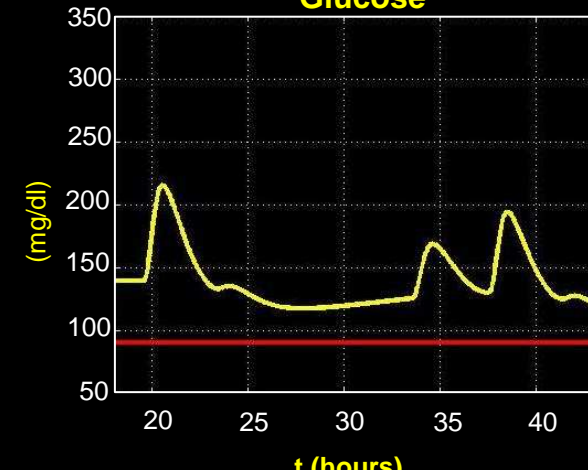
3

Glucose



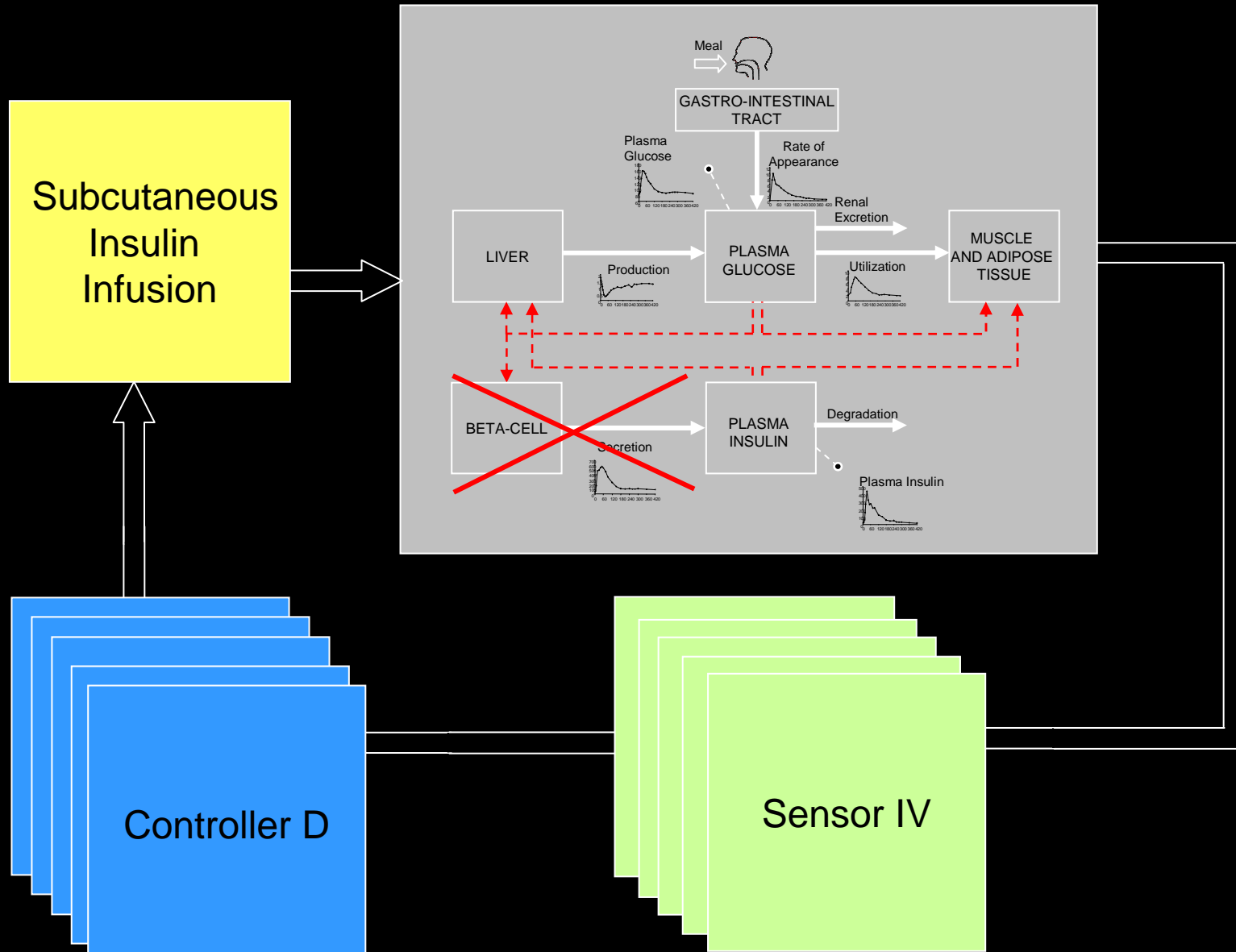
1000

Glucose



.....

Artificial Pancreas Project (JDRF)



Conclusions

1. Importance of **System Models** in Diabetes Research
2. Increasing Awareness of Importance of **Physiological Protocols**, e.g. Meal and OGTT, vs **Nonphysiological**, e.g. IVGTT and Clamp
3. **Models to Measure**: Powerful Tool to Understand Pathophysiology of Diabetes from a Physiological Test
4. **Models to Simulate**: New Generation of Meal Models for in Silico Trials

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