

Proposal for a Web-Based Open Pharmacometrics Curriculum: Results of a Four-Month Pilot Evaluation

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OBJECTIVES

Given the small number of formal academic training programs and associated faculty, resource sharing and collaboration in pharmacometrics (PM) training are critical to the continued development of the discipline [1]. The objectives of this work were:

- To quantify the extent and intensity of global interest in an Open Pharmacometrics Curriculum (OPC).
- To identify additional web-based resources that could potentially make up a complete OPC.

METHODS

- Six semester-long courses on various PM-specific topics were developed, with audio/video recordings and supporting example files.
- The resulting 126 videos were made open and freely available by posting on a YouTube channel [2], with simultaneous announcement on the NUsers discussion group.
- Usage data from Google web analytics were collected over a 4-month period (updated at time of presentation to a 6-month period).
- Web searches were performed to identify additional open courses, relevant to an OPC.

COURSES

The following courses were available in the OPC for this pilot evaluation:

- MI205: R for Pharmacometrics
- MI210: Introduction to Population Pharmacokinetic-Pharmacodynamic Modeling and Simulation
- MI212: Advanced Topics in Population Pharmacokinetic-Pharmacodynamic Modeling & Simulation
- MI250: Introduction to Bayesian Pharmacokinetic-Pharmacodynamic Modeling & Simulation
- MI255: Exposure-Response Modeling of Categorical, Count, and Time-to-Event Data
- MI260: Model-based Meta-analysis to Support Decision-Making in Drug Development

RESULTS

- Over the 6-month period, lectures were viewed 22,303 times by individuals in 92 different countries for a total of 191,946 minutes watched.
- A pattern of short views in the initial week of availability was followed by a pattern of longer view times (averaging approximately 20–30 minutes each), which was sustained over the time studied.
- Views primarily originated from computers (88%), followed by tablets (7.1%), mobile phones (4.2%), and others.
- Operating systems for devices viewing content were Windows (75%), Macintosh (13%), iOS (6.0%), Android (3.5%), Linux (1.8%), and others.
- 243 individuals subscribed to the channel.
- Additional freely available open web courses were identified to supplement the OPC in topic areas such as math, pharmacology, programming languages, and statistics.

TOP TEN TRAINING TOPICS

| Course | Topic | Views (% Total) | Minutes Watched (% Total) | Average Duration (mm:ss) |
|--------|-----------|-----------------|---------------------------|--------------------------|
| MI210 | Lecture 1 | 1666 (7.5%) | 7050 (3.7%) | 4:13 |
| MI205 | Lecture 1 | 1399 (6.3%) | 11227 (5.8%) | 8:01 |
| MI250 | Lecture 1 | 1044 (4.7%) | 8917 (4.6%) | 8:32 |
| MI210 | Lecture 2 | 897 (4.0%) | 16738 (8.7%) | 18:39 |
| MI260 | Lecture 1 | 804 (3.6%) | 4998 (2.6%) | 6:12 |
| MI212 | Lecture 1 | 704 (3.2%) | 1515 (0.8%) | 2:09 |
| MI210 | Lecture 3 | 615 (2.8%) | 10660 (5.6%) | 17:19 |
| MI250 | Lecture 2 | 498 (2.2%) | 5600 (2.9%) | 11:14 |
| MI255 | Lecture 1 | 488 (2.2%) | 2110 (1.1%) | 4:19 |
| MI210 | Lab 2 | 451 (2.0%) | 3814 (2.0%) | 8:27 |

Figure 1: Most Viewed OPC Topics

RESULTS (continued)

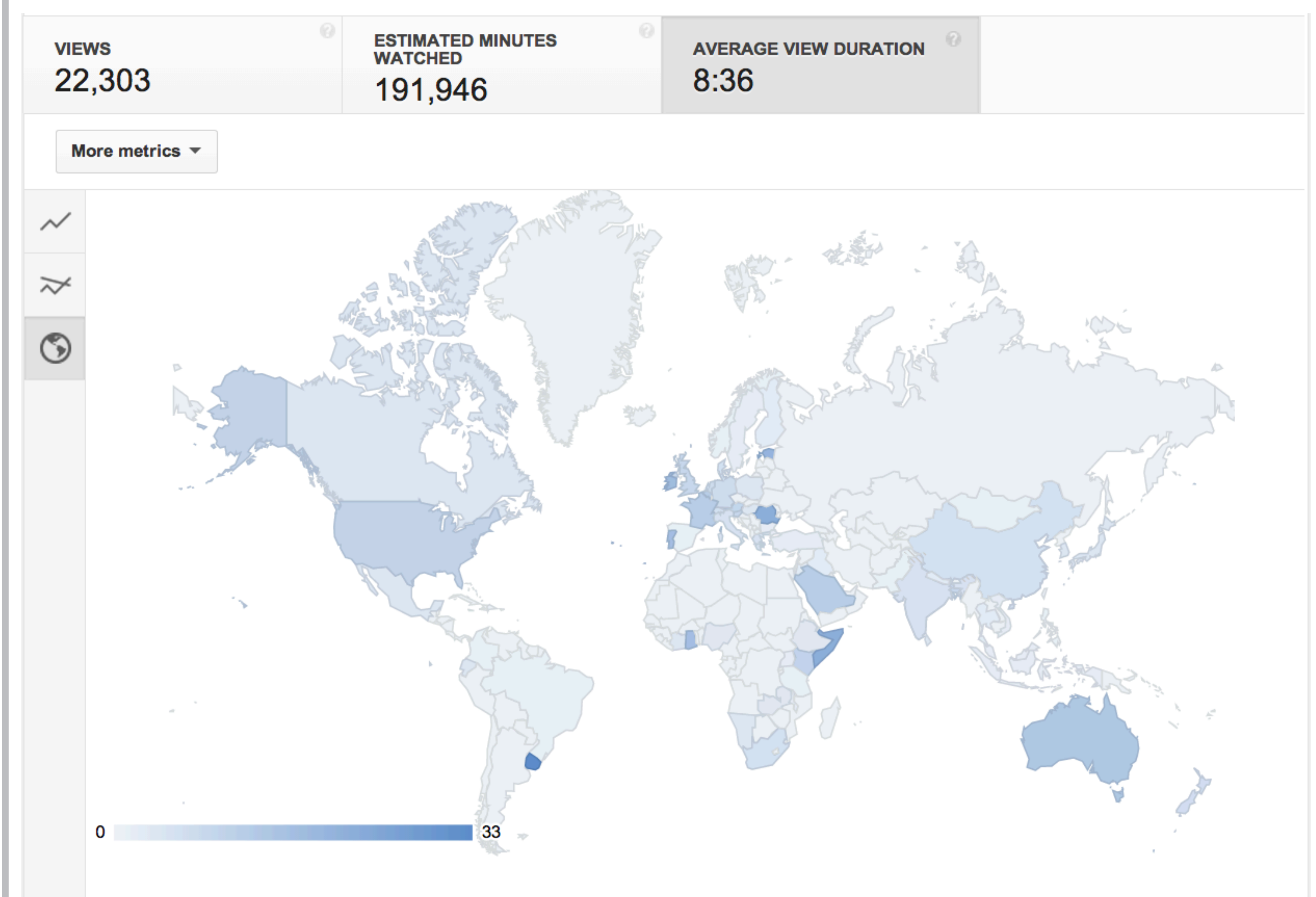


Figure 2: Global Average View Duration (minutes)

EXPANDING THE OPEN PHARMACOMETRICS CURRICULUM

Some examples of additional freely available open courses (not intended to be all-inclusive):

| Source (Content) | URL |
|--|--|
| Coursera (variety of topics) | www.coursera.org |
| edX (variety of courses from major institutions) | www.edx.org |
| Harvard Open Learning (variety of topics) | www.extension.harvard.edu/open-learning-initiative |
| Johns Hopkins Data Science (9 courses focused on data science) | jhudatascience.org |
| Khan Academy (variety of topics) | www.khanacademy.org |
| Metrum Institute (typical pharmacometrics topics) | www.youtube.com/user/metruminst |
| MIT Open Courseware (variety of sci/tech topics) | ocw.mit.edu/index.htm |
| Online Courses (search engine for open online courses) | www.onlinecourses.com |
| Stanford Online Courses (variety of topics, some open) | online.stanford.edu/courses |

Additions welcome. Please forward suggestions to info@metruminst.org

GAPS AND CHALLENGES

- Continued development of open content for flipped-classroom training paradigm [3]
- Collaboration between groups to facilitate critical mass for academic training in the discipline (e.g., open journal club, shared thesis committee members)
- Cloud-based open computational infrastructure for training purposes:
 - Funding for cloud computing costs
 - In-kind donation of cloud computing expertise
 - Open & free availability of pharmacometrics software

CONCLUSIONS

Results reveal a strong global interest in an OPC, with evidence of in-depth study of the materials and ready availability of additional training content. Given the positive initial results, future efforts will focus on building a complete OPC.

REFERENCES

- 1 Barrett JS, Fossler MJ, Cadiou KD, Gastonguay MR. Pharmacometrics: a multidisciplinary field to facilitate critical thinking in drug development and translational research settings. J Clin Pharmacol. 2008 May;48(5):632-49.
- 2 <http://www.youtube.com/user/metruminst>
- 3 http://en.wikipedia.org/wiki/Flip_teaching