

# Population PK of midazolam from preterm neonates to adults: a maturation model

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## Background & Aim

In this analysis we aimed to develop a maturation model for the CYP3A4/5 enzyme activity using midazolam clearance as *in vivo* probe for preterm neonates from 26 weeks gestational age (GA) onwards to adults.

- [1] de Wildt SN *et al.*, *Clin Pharmacol Ther.* 2001 Dec;70(6):525-31  
 [2] Jacqz-Aigrain E *et al.*, *Lancet.* 1994 Sep 3;344(8923):646-50  
 [3] Peeters, M.Y. *et al.* (2006) *Anesthesiology* 104 (3), 466-474  
 [4] de Wildt, S.N. *et al.* (2003) *Crit Care Med* 31 (7), 1952-1958  
 [5] de Wildt SN *et al.* (2000) *Clin Pharmacol Ther* 67:104.  
 [6] van Gerven JM *et al.*, *Br J Clin Pharmacol.* 1997 Nov;44(5):487-93  
 [7] PAGE 19 (2010) *Abstr* 1819 [www.page-meeting.org/?abstract=1819]

## Methods

**Table 1.** Overview of the datasets used to develop the midazolam PK model.

Dataset	de Wildt SN <i>et al.</i> (2001) [1]	Jacqz-Aigrain E. <i>et al.</i> (1994) [2]	Peeters, M.Y. <i>et al.</i> (2006) [3]	de Wildt SN <i>et al.</i> (2003) [4]	de Wildt SN <i>et al.</i> (2000) [5]	van Gerven J.M.A. <i>et al.</i> (1997) [6]
<b>Patient Population</b>	Preterm neonates	Preterm neonates with RDS syndrome*	Children after elective major craniofacial surgery	Pediatric intensive care patients	Oncology patients	Male adults
<b>Indication for midazolam sedation</b>	Sedation for invasive procedure in intensive care	Mechanical ventilation in intensive care	Postoperative sedation	Conscious sedation in intensive care	Sedation for invasive procedure	Healthy volunteers
<b>Number of Patients</b>	23	24	23	18	18	20
<b>Midazolam Dose (median (range))</b>	0.1 mg/kg iv infusion in 30 minutes	60 µg/kg/hr iv infusion If GA < 33w → after t > 24hr 30 µg/kg/hr	0.1 mg/kg iv loading dose, 0.05-0.2 mg/kg/hr infusion	0.1 mg/kg loading dose, 0.05-0.4 mg/kg/hr infusion	0.1 (0.03-0.53) mg/kg iv bolus dose	0.1 mg/kg iv infusion in 20 minutes
<b>Postnatal Age (PNA) (median (range))</b>	5 days (2.9-11)	0 days (0-1)	11.5 months (3.2 - 24.7)	38.5 months (0.03-203.5)	6.1 years (3.2 - 16.2)	24 years (20-31)
<b>Gestational Age (GA) (median (range))</b>	28.3 weeks (26-33.6)	32 weeks (26-37)	-	-	-	-
<b>Bodyweight (median (range))</b>	1.07 (0.77-1.6)	1.64 (0.96-3.7)	9.6 (5.1-12)	14 (2.8-60)	22.5 (12.6-60.1)	50.4 (33.5-81)
<b>PELOD Score (median (range))</b>	-	-	0 (0-10)	0 (0-22)	0 (0)	0
<b>Mechanical ventilation</b>	12/23	24/24	2/23	15/18	0/18	0/20
<b>Number of Samples</b>	141	63	198	233	82	336

Pharmacokinetic data after IV midazolam administration were obtained from 6 previously reported studies (Table 1). Population PK modeling was performed with a two compartment model using NONMEM v6.2. In a systematic covariate analysis, the influence of postnatal age, gestational age, postmenstrual age, body weight (BW) and PELOD score (organ failure) was investigated.

## Results

Upon inclusion of preterm neonate datasets, BW proved a significant covariate for clearance. The influence of BW was best described using an allometric equation (Equation 1) with a BW-dependent maturational exponent (BWME). BWME gradually changed from 0.91 in preterm neonates to 0.50 in adults, with Coeff1 of 0.88 (7.6%) and exp2 of -0.128 (30.8%) (Table 2). BW was also linearly correlated with V1, and in an allometric equation with V2 with an exponent of 0.78. Clearance was reduced by 93% in ICU patients.<sup>7</sup> A 5.8 fold increase in V2 was estimated in patients after major craniofacial surgery.

$$CL_{TV} \times \left( \frac{BW_i}{BW_{mean}} \right)^{BWME}$$

$$BWME = Coeff_1 \times BW^{exp_2}$$

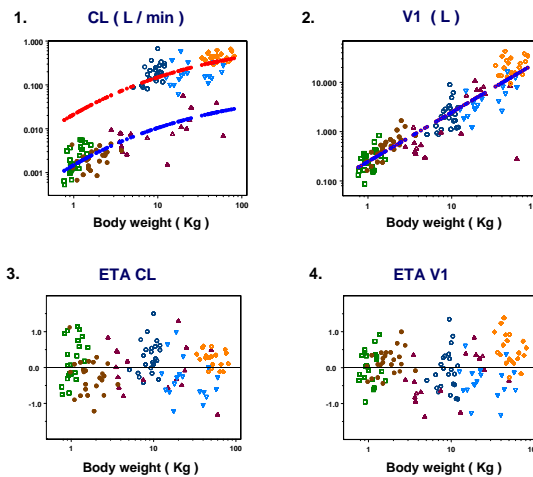
**Equation 1.** Allometric equation with an exponent that varies with bodyweight.  $CL_{TV}$ : typical value for clearance,  $BW$ : body weight,  $BWME$ : BW-dependent maturational exponent,  $Coeff_1$ : coefficient of the exponential function,  $exp_2$ : additional exponent of the allometric function.

**Table 2.** Population parameter estimates of the PK model in children (Figure 1).

Parameter	Model fit		Bootstrap results	
	Value	(CV%)	Value	(CV%)
$CL_{non-icu}$ patients (L/min/kg <sup>0.91</sup> )	0.12	(4.8)	0.12	(11.5)
$CL_{icu}$ patients (L/min/kg <sup>0.91</sup> )	0.07	FIXED	0.07	FIXED
$V_1$ (L/kg)	1.77	(25.8)	1.85	(19.3)
$V_2$ (L/kg <sup>0.78</sup> )	4.27	(7.6)	4.25	(8.3)
$IV_2$ (shunt after elective major craniofacial surgery) (L/kg <sup>0.91</sup> )	5.83	(23)	6.3	(17.7)
$Q$ (L/min)	0.68	(18)	0.68	(19.2)
$Coeff_1$ (coefficient of the exponential function (equation 1))	0.88	(7.6)	0.89	(12.1)
$Exp_2$ (additional exponent of the allometric function (equation 1))	-0.128	(30.8)	-0.128	(43.5)
$Exp_2$ (additional exponent of V2)	0.78	(8.9)	0.79	(8.7)
$\omega^2$ (CL)	0.39	(17.4)	0.36	(18.0)
$\omega^2$ (V1)	0.62	(52)	0.57	(40.8)
$\omega^2$ (V2)	0.44	(32.9)	0.42	(33.0)
$\omega^2$ (V2-V1)	0.47	(43.6)	0.43	(43.4)
$\sigma^2$ proportional	0.12	(14.8)	0.11	(13.7)

ICU = intensive care unit,  $CL_{non-icu}$  patients

### Post hoc Estimates Final model



**Figure 2. (1-4)**

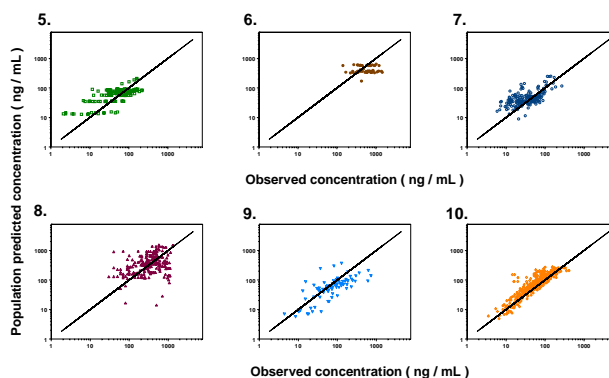
Covariate plots in final model, for bodyweight versus PK parameters CYP3A4/5 mediated clearance (CL), central (V1) volume of distribution (1-2), and versus their ETA values of (3-4).

Dotted lines: Population predicted post-hoc values of  
 • : icu treatment group  
 • : non-icu treatment group.

**Table 3. Legend for Figures 2 and 3.**

- Green: Preterm neonates [1]
- Brown: Preterm neonates with RDS syndrome [2]
- Dark blue: Children after elective major craniofacial surgery [3]
- Red: Pediatric intensive care patients patients [4]
- Light blue: Oncology patients [5]
- Orange: Male adults [6]

### Observed Concentration vs Population Predicted Concentration In Final Model



**Figure 3. (5-10)**

Visual diagnostics plots of each dataset of final model. Observed concentrations versus predicted concentrations by the model (PRED) for midazolam. Below: the overall diagnostics of the combined data.

## Conclusion & Perspectives

A maturation model for midazolam clearance from preterm neonates to adults has been developed for both ICU as well as non-ICU treatment patients, showing that CYP3A4/5 activity matures in (preterm) neonates up to 5-10 kg of body weight. Thereafter, maturation slows down resulting in minimal increase between 10 and 81 kg of body weight.