Prediction of Torsades de Pointes - Amisulpride Case Series



NEW ZEALAND

Carolyn V Coulter¹, Jovis P Joy¹, Stephen B Duffull¹, Geoffrey K Isbister²

¹School of Pharmacy, University of Otago, Dunedin, New Zealand.
²Department of Clinical Toxicology, Calvary Mater Newcastle Hospital, Newcastle, Australia.



Introduction

- TdP is a potentially fatal ventricular arrhythmia associated with druginduced QT prolongation¹.
- Prior reports have looked at a wide spectrum of different drugs which
 has confounded the causal relationship of the magnitude of QT interval
 prolongation with the inherent cardiotoxicity of the drug.
- This amisulpride case series has eliminated the confounding drug effect and allowed the magnitude of QT prolongation to be assessed as a predictor of TdP.



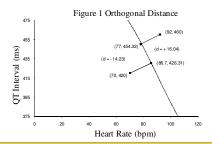
• To determine if the magnitude of QT prolongation is a better predictor of TdP than dose alone in a series of amisulpride poisonings.

Methods

- 457 ECGs arose from 86 patients who took an amisulpride overdose (median dose 6g, range 0.4-120g)².
- The longest median QT interval³ was analysed, or that which occurred within one hour prior to TdP.
- The QT interval metrics used were the:
 - · Absolute QT value.
 - QT value corrected for heart rate by Bazett's formula [QTcB]⁴.
 - QT value corrected for heart rate using Fridericia's formula [QTcF]⁵.
- Shortest distance of the QT-HR pair from the QT-nomogram⁶ orthogonal distance [OD].
 - Logistic regression was performed using NONMEM (version 6).
 - Dose (positive control) & RR-interval (negative control) were included.

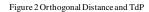
Orthogonal Distance as a Risk Factor

- Calculating OD from the QT interval nomogram:
 - x_1 , y_1 represent the observed HR and QT values.
 - x₂, y₂ represents the orthogonal point of HR and QT on the 'at risk' line of the QT-nomogram.
 - y_2 can be represented as a function of HR; $y_2 = f(x_2)$.
 - The distance of a HR and QT pair can be calculated: $d = [(x_2 x_1)^2 + (f(x_2) y_1)^2]^{1/2}$.
 - The orthogonal point is estimated by finding the value of x₂ that minimises d (see figure 1).



Results

- TdP occurred in 8 (9.3%) of patients, the dose of a misulpride in these patients ranged from 4-80g.
- Both dose and RR-interval improved the prediction of TdP over and above simply the presence of a prolonged QT interval.
- All four QT metrics the absolute QT, QTcB, QTcF and OD were superior to both dose and RR interval – but the different QT measures were indistinguishable from each other.
 - Figure 2 shows orthogonal distance and the probability of TdP.
 - Figure 3 shows each maximum QT interval plotted on the QT-nomogram, with the cases of TdP.



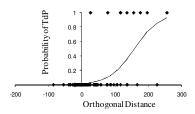
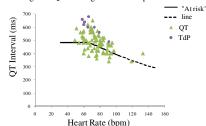


Figure 3 QT Nomogram - Amisulpride Overdoses



Conclusions

- All measures of the magnitude of QT prolongation, QT, QTcB, QTcF and OD, were better predictors of TdP compared with dose or the presence of an abnormal QT-HR pair.
- The different QT metrics were indistinguishable from each other in their ability to predict TdP.

References

- 1. Thomas SHL Adverse Drug React Bull 1997:691-4.
- 2. Isbister GK et al Med J Aust 2006;184:354-6.
- 3. Isbister GK et al Clin Toxicol (Phila) 2009;47:884-8.
- 4. Bazett HC Heart 1920;7:353-70.
- 5. Fridericia LS Acta Med Scand 202;53:469-86.
- 6. Chan A et al QJM 2007;100:609-15.