

Application of the optimal design approach to improve pretransplant drug monitoring for cyclosporine

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Procedures in Finland during paediatric renal transplantation





- 162 IV patients & 89 PO patients (77 with both) were collected (1988-2005)
 - During this time; individual models were used to predict 1st iv and 1st oral post transplant dose
- In 2007 a Population PK model was published by Fanta et al^{*}





- Reduce and optimise the pre-transplant cyclosporine monitoring design for an analysis of individual parameters which used priors from the population model
- Work within clinical restrictions



Clinical Restrictions

- Maximum of 3 samples per dose
- Maximum total cyclosporine dose (IV+PO) of 10 mg/kg
- Maximum infusion rate for IV: 0.75 mg/kg/h
- Fit both doses IV+PO within 8 hour time limit



What can we optimize on?

- Sampling times IV, PO
- Doses IV, PO
- Durations of infusion for IV
- Start of second dose
- IV first then PO and vice versa





Methods used

- 8 individual parameters (EBEs) transformed to fixed effect parameters
- Continuous distributions (variances of parameter distributions) to represent prior information on the individual level
- Discrete distributions for ED-sampling
- Optimization of all design variables simultaneously
- WT as covariate, Doses were optimized as mg/kg
- ED_s-optimality used for following parameter subsets of interest:
 - EBEs of CL and F only
 - EBSs of all 6 parameters
 - EBEs of all 6 parameters and 2 of the RUV (eta on eps)
- Sampling windows
- Efficiency loss compare to previous rich design
- Optimization was performed in PopED v.2



Methods

ED samples from discrete distributions

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- Optimization across a discrete distribution of 77 individual parameter vectors
- Includes correlation between parameters
- Reflect future patients distribution, however bias to previous patients
- η-Shrinkage was on average 6%





Methods Focus on some parameters (CL & F)

- Focus on CL and F as during chronic dosing
 - Average concentration = Dose rate * F / CL



Assume all other known



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Methods ED_s- optimality

$$\mathsf{ED}_{\mathsf{s}} = \mathsf{max} \left(\mathsf{E} \left[\frac{|\mathsf{FIM}_{\mathsf{total}}|}{|\mathsf{FIM}_{\mathsf{uninteresting}}|} \right] \right)$$

- The smaller the $|\mathsf{FIM}_{\mathsf{uninteresting}}|$ the larger the D_s
- Keeps correlation between all parameters of the model compared to not including certain parameters in the FIM calculation (fixing parameters)



		IV PO design	PO IV design
Sampling Times		2.33	3.04
	IV	2.81	7.68
		3.98	8.00
		4.71	0.24
	PO	8.00	2.96
		8.00	2.96
Other design variables	Dose IV (mg/kg)	1.05	3.00
	Dose PO (mg/kg)	8.95	7.00
	Infusion time	1.41	4.00
	Infusion Rate	0.75	0.75
	Time of second dose	4.00	3.04



Results

Comparison to previous designs

 Showing the individual expected precisions (CVs) obtained from PopED

	Originial design Individual	Optimal design		Priors
		IV PO design	PO IV design	11013
V3	26.2%	41.1%	40.1%	41.9%
Q3	18.0%	30.2%	31.0%	32.2%
V2 Q4 V4	53.9%	34.7%	37.9%	40.0%
CL	6.7%	9.3%	10.7%	17.0%
KA	21.1%	19.4%	19.0%	34.6%
F	10.8%	13.5%	13.5%	46.7%
EPS RUV IV	20.5%	29.6%	29.6%	43.0%
EPS RUV PO	22.5%	32.1%	32.1%	51.9%



Results Comparison with original design (individual)

• Comparison of the efficiency of the reduced optimal vs. the Rich Design Individual



• Efficiency $\sim 47\%$



- Defining windows and then calculating the efficiency for 100 samples from the windows
- Efficiency reduction of 5-10% when applying sampling windows, further 3% efficiency reduction with dose windows



Conclusions

- A new method were developed for optimization of EBEs with inclusion of prior information
- Multiple design variables were optimized simultaneously
- Reduction to 6 blood samples within 8 hours possible including constrains and sampling/dose windows for clinical practicality
- CVs on the EBEs for CL and F could be reduced on average by 60% compared to the Prior information
- The gain of performing the Rich Design compared to the optimal reduced designs with regards to the precision of the parameters is small



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