



# QT prolongation assessment using model-averaging: a robust alternative for Thorough QT studies

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## Summary

The proposed model-averaging method enables to assess QT prolongation with full pre-specification of the analysis and controls the type I error while providing satisfactory power.

It can be applied to the analysis of QT data from TQT studies as well as early clinical studies.

## Background

- TQT studies are pivotal safety studies testing whether the drug-induced QT prolongation is equal to or greater than 10 ms.
- Model-based analysis could increase efficiency over the currently used intersection-union test.
- However, in pivotal settings the analysis is prespecified and robustness against model misspecification needs to be guaranteed.

## Methods

- The proposed approach is based on exposure-response modeling using model-averaging between a parametric and a nonparametric model (Fig. 1)

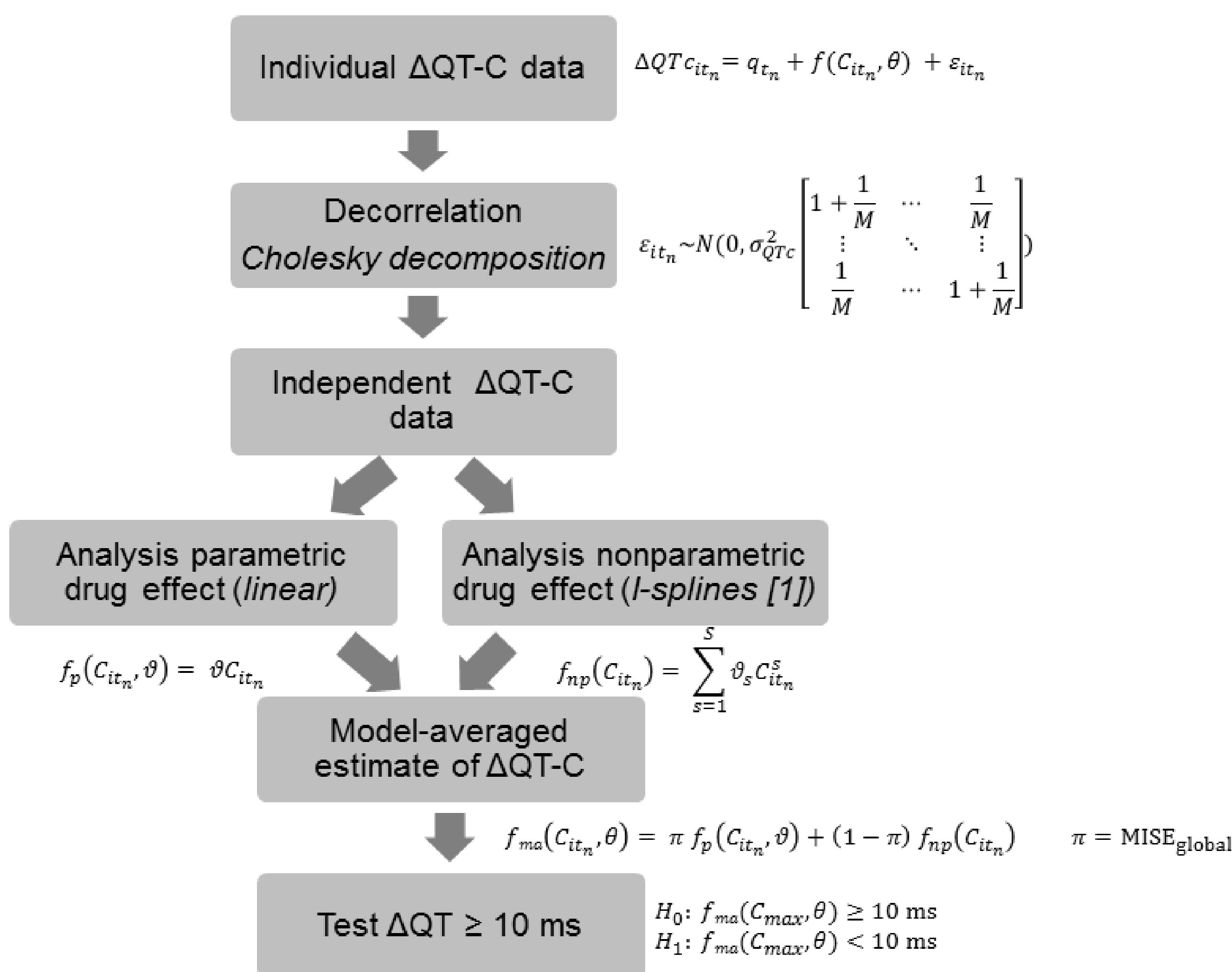


Figure 1. Summary of the model-averaged method

$q_{t_n}$  is the diurnal variation at sampling time  $t_n$ ,  $f$  is a function representing the concentration-response relationship,  $C_{it_n}$  is the observed drug concentration for patient  $i$  at time  $t_n$ ,  $\theta$  is a vector of drug effect parameters,  $\epsilon_{it_n}$  is the residual error and  $M$  is the number of baseline measurements used in the computation of the individual baseline. where  $f_{ma}(C_{it_n}, \theta)$  is a model-averaged estimator with parameters  $\theta$ ,  $f_p(C_{it_n}, \vartheta)$  is a parametric estimator with parameter  $\vartheta$ ,  $f_{np}(C_{it_n})$  is a non-parametric estimator based on monotonically increasing l-splines,  $\pi$  is the weight of the parametric estimator,  $C_{it_n}^s$  is the  $s^{\text{th}}$  element of the l-spline concentration vector and  $\vartheta_s$  are the estimated slopes.  $MISE_{global}$  are weights adapted from [2].  $C_{max}$  is the geometric mean of the observed maximum individual concentrations of the high dose group. One-sided 95% confidence intervals were obtained via bootstrap (N=999).

- Simulations were performed to investigate the properties of the proposed approach. They were based on a real TQT study (Fig. 2) and comprised following settings:
  - 3 parallel arms (placebo, low dose, high dose) of 50 or 100 individuals
  - 3 baseline and 8 post-dose QTcF and drug concentration measurements per individual
  - drug concentrations simulated from the pharmacokinetic model of the real data, with observed concentrations driving the drug effect
  - QT simulated from the placebo model of the real data, with varying noise levels and under 4 drug effect models

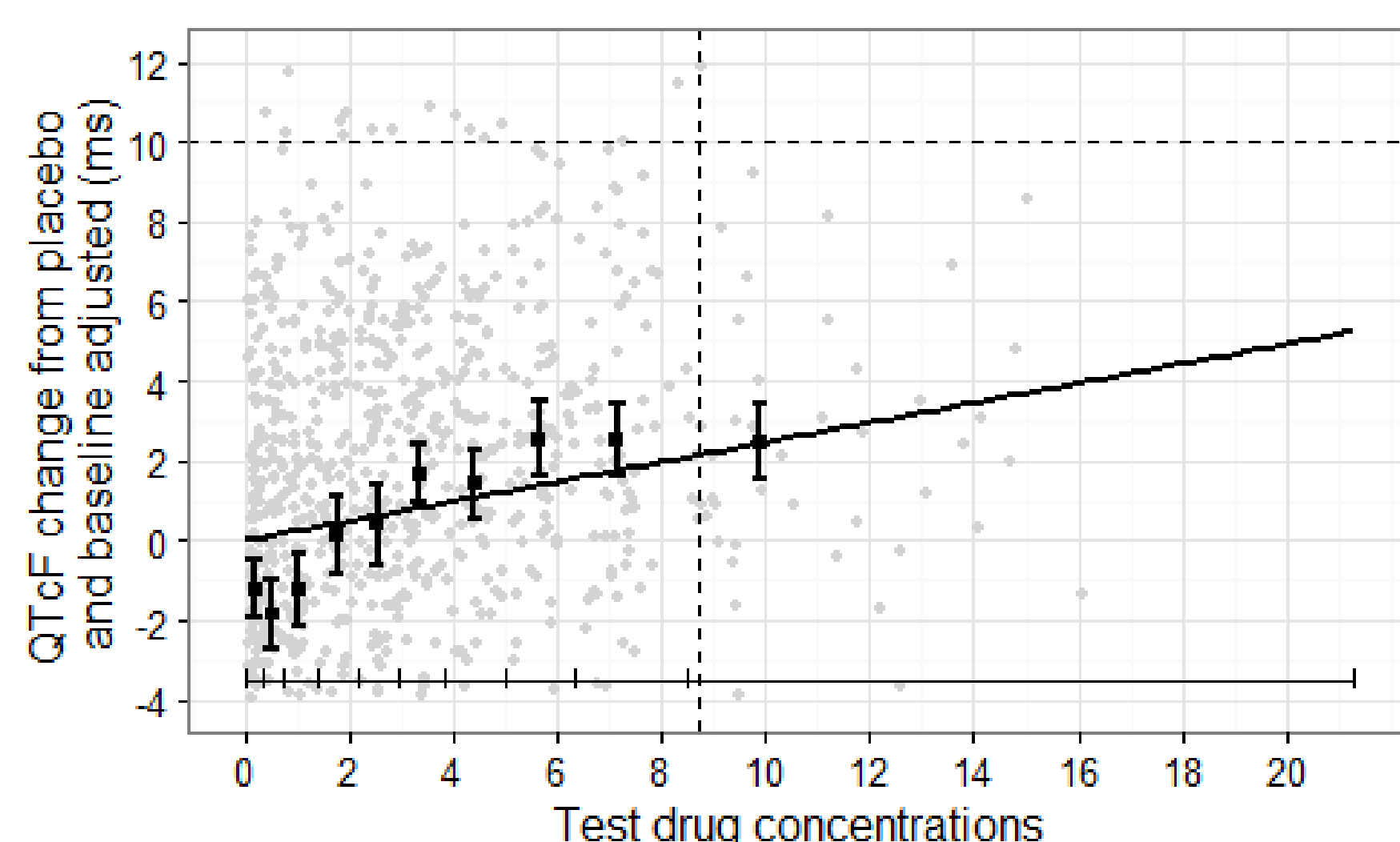


Figure 2. Concentration quantile –  $\Delta\Delta QTcF$  plot of the real data example, with estimated QT prolongation using a linear estimator

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## Results

### Type I error

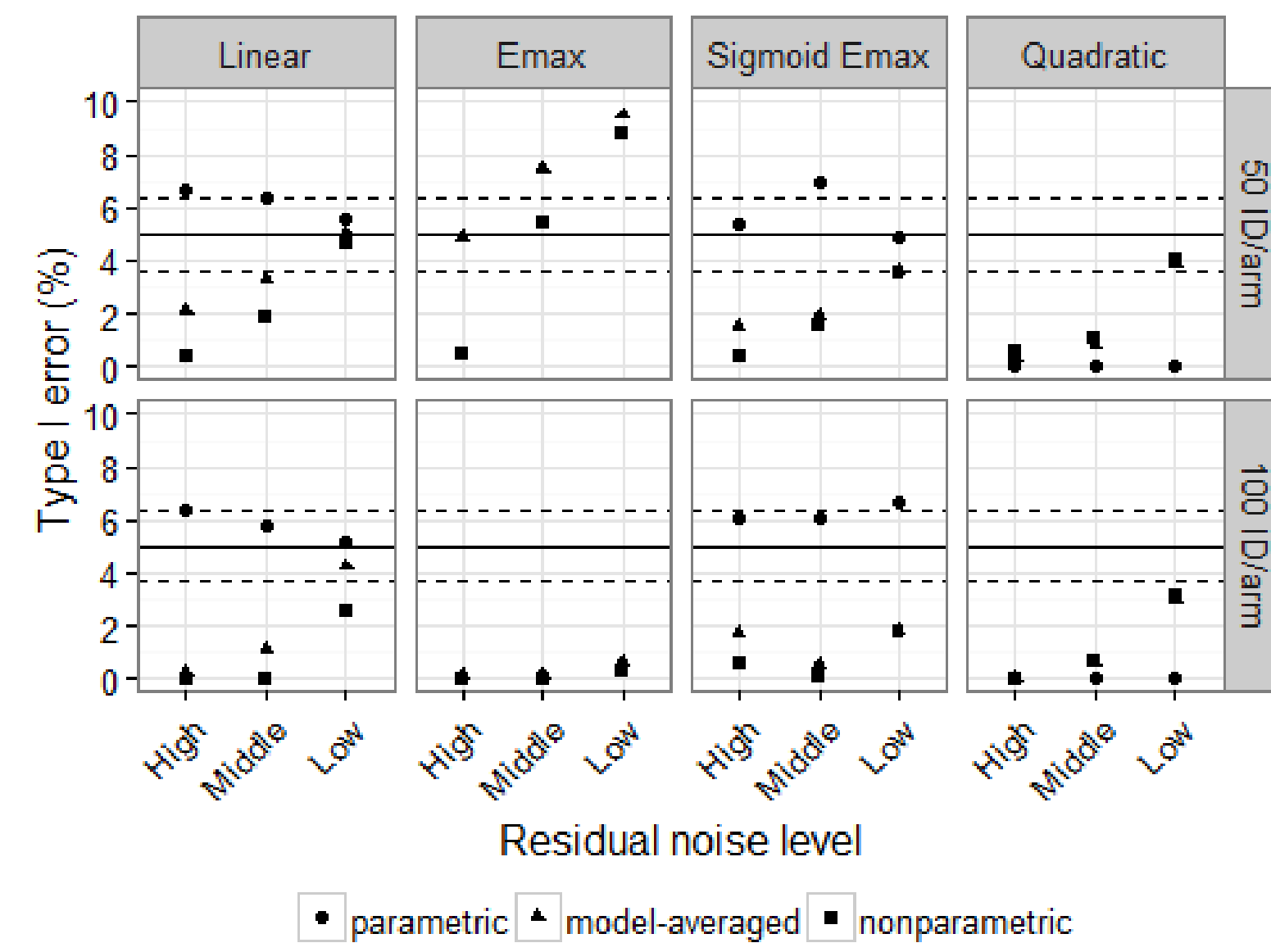


Figure 3. Type I error of the tests based on the parametric, model-averaged and nonparametric estimators

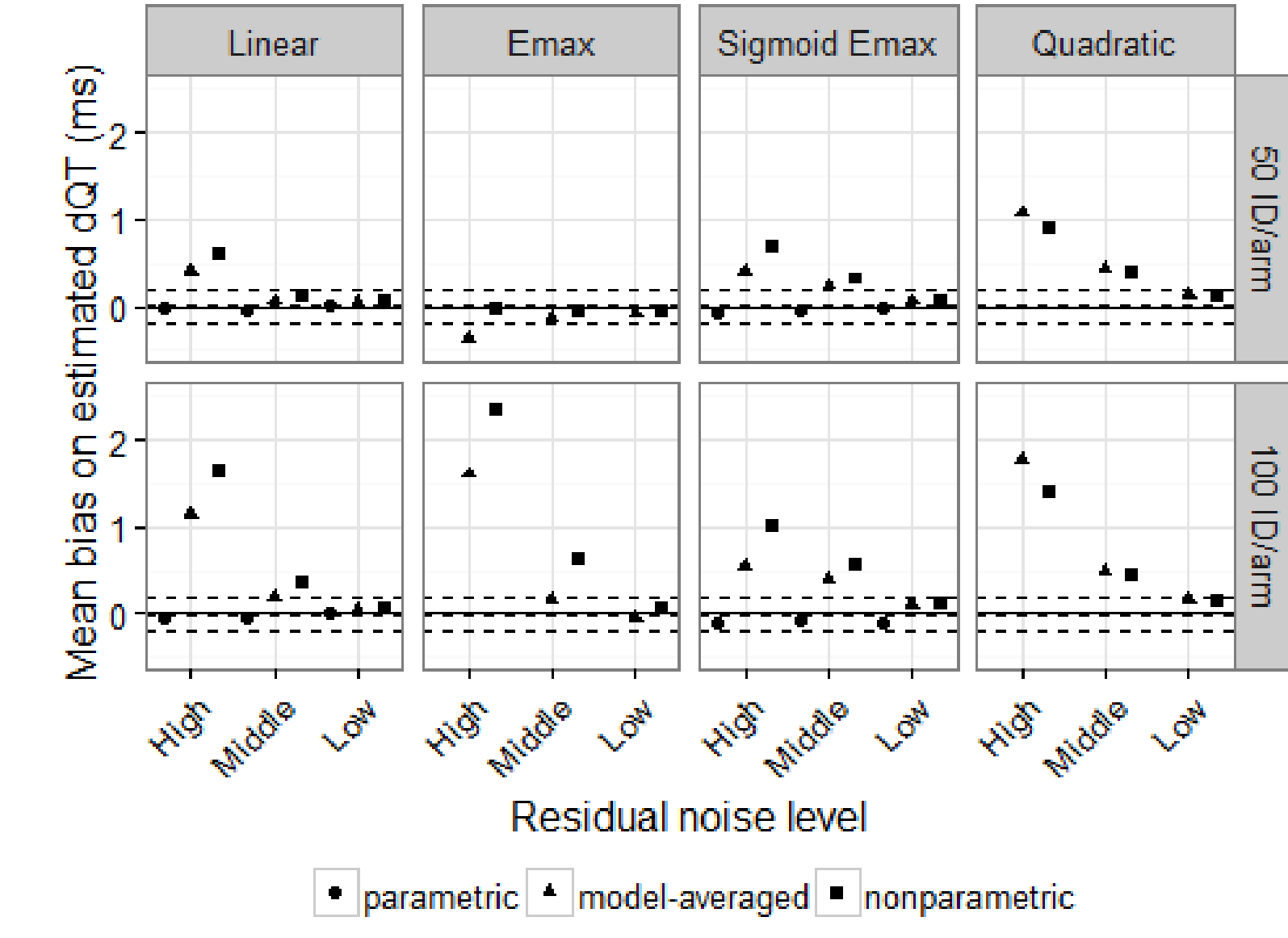


Figure 4. Mean bias on the estimated QT prolongation at  $C_{max}$  for the parametric, model-averaged and nonparametric estimators when the true drug effect is 10 ms

- The model-averaged method demonstrated satisfactory type I error in the investigated scenarios (Fig. 3). The type I errors in the Emax, 50 ID/arm scenario could be reduced to a value close to the nominal level by optimizing the nonparametric settings.
- The model-averaged method led to conservative upward bias below 0.5 ms, except under high noise scenarios where bias was higher (Fig. 4).

### Power

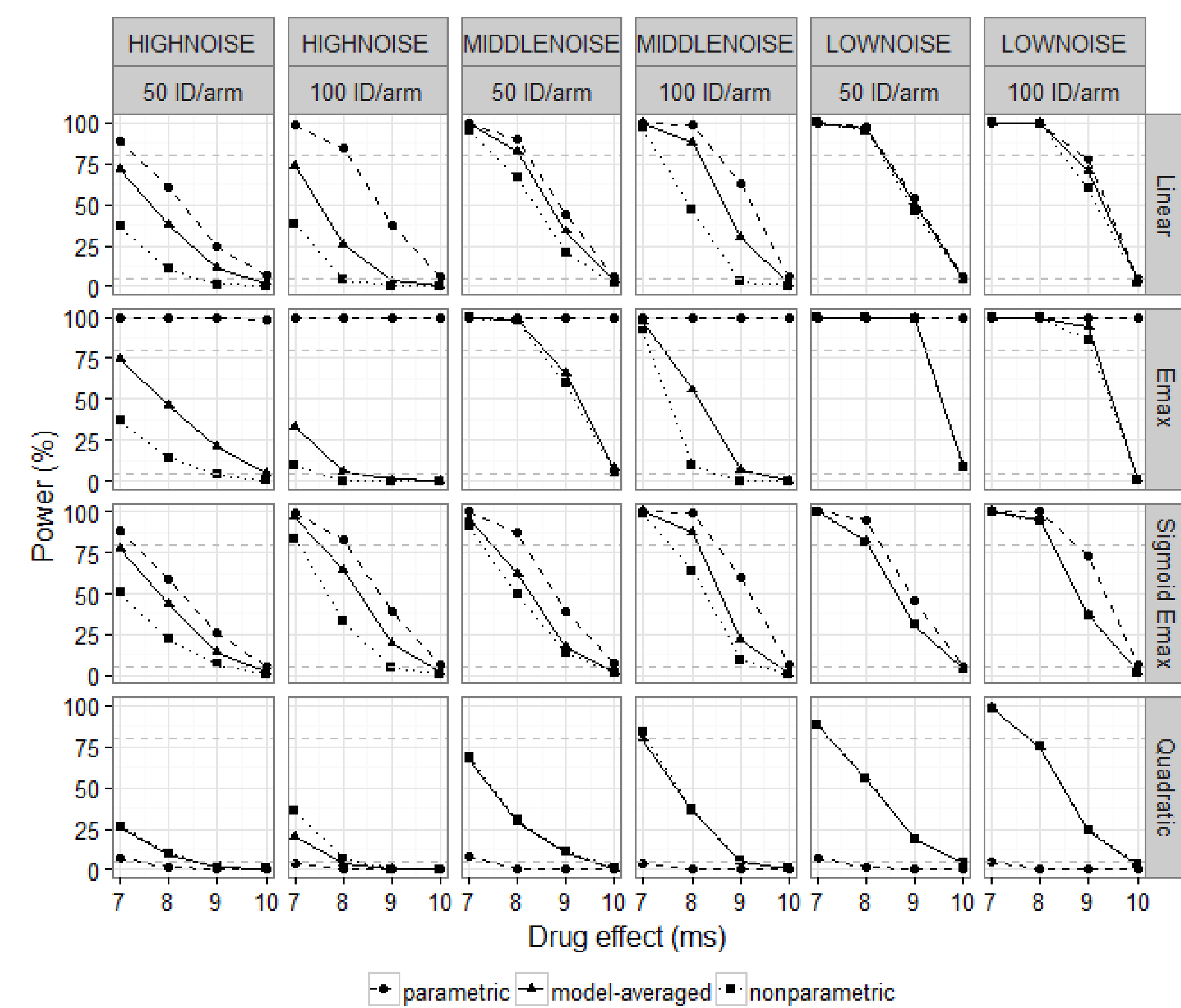


Figure 5. Power of the tests based on the parametric, model-averaged, and nonparametric estimators

- The power of the model-averaged test was at least as high as the power of the nonparametric test. In some scenarios it was markedly higher (Fig. 5).

### Weights

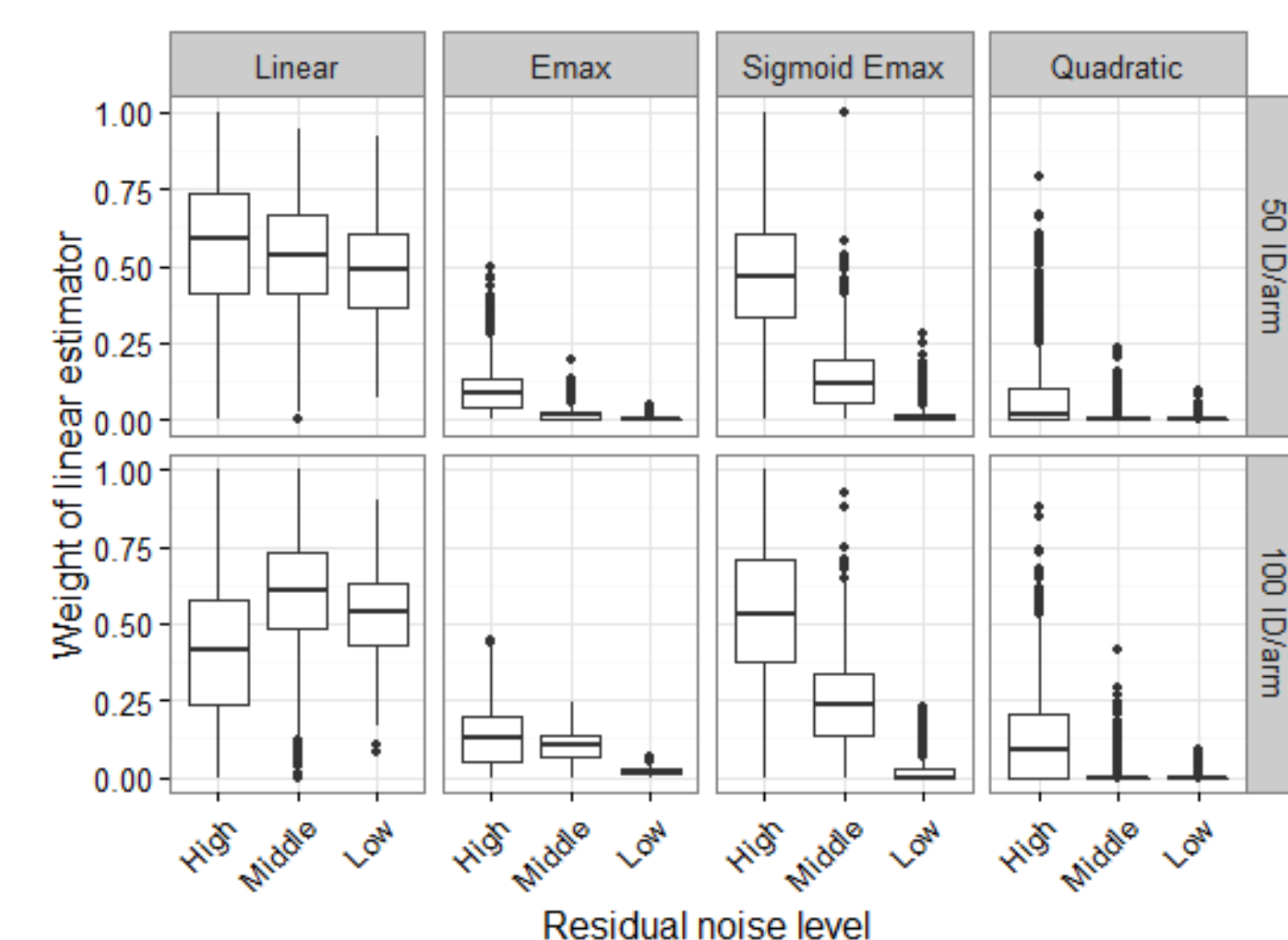


Figure 6. Distribution of MISE global weights of the parametric estimator for the high dose group when the true drug effect is 10 ms

- MISE weights followed the expected behavior of converging to 1 under the linear simulation model, and to 0 otherwise (Fig. 6).
- Median weights were around 0.6 across all linear scenarios.

## Discussion

- Potential improvement of model-averaged procedure: automation of l-splines settings (knot selection), faster converging weights
- Application possible to QT data outside of TQT studies, and to other pivotal studies in general (bioequivalence for example)

[1] Yuan Y, Yin G. Dose-Response Curve Estimation: A Semiparametric Mixture Approach. *Biometrics*, 2011. 67: p. 1543–1554. [2] Ramsay JO, *Monotone Regression Splines in Action*. Statistical Science, 1988. 4(5):p. 421-465.