

# Handling frequent observations of composite scores: Application to PROs in COPD

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# What this talk is about

- For the 1<sup>st</sup> time: extended **IRT modelling** with the **Markov models (MM)**
- MM needed due to frequent and therefore correlated observations
- **Exemplified** with **COPD patient data**

# COPD

## Chronic Obstructive Pulmonary Disease



### TOP 5

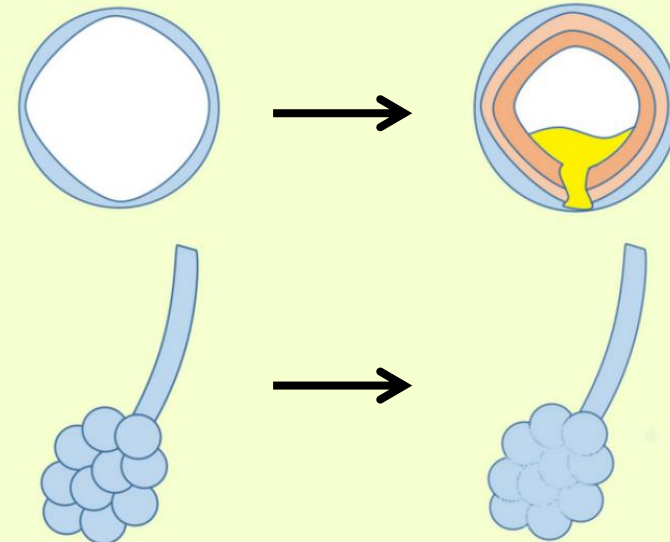
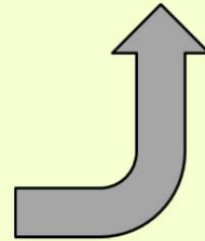
- top 5 disease burden worldwide (1,2)
- 3 mil deaths/year (3)

### WHAT?

- progressive airflow obstruction
- inflammatory disease of the lung

### EXACERBATIONS

- faster decline of pulmonary function
- ↑ risk of cardiovascular events
- ↓ quality of life
- ↑ hospital admissions, morbidity & mortality



# Patient reported outcomes (PRO)

- PRO data<sup>1</sup>
  - Patient's health status reports
  - Directly from the patient, not altered by anyone
  - Increasingly used in drug development & to inform clinical decisions
  - Collected using questionnaires, i.e. EXAcerbations of COPD Tool (EXACT) questionnaire<sup>2</sup>

<sup>1</sup>Basch, N Engl J Med, 2010. **362**(10): 865-9.

<sup>2</sup>Leidy *et al.*, Value Health, 2010. **13**(8): 965-75.

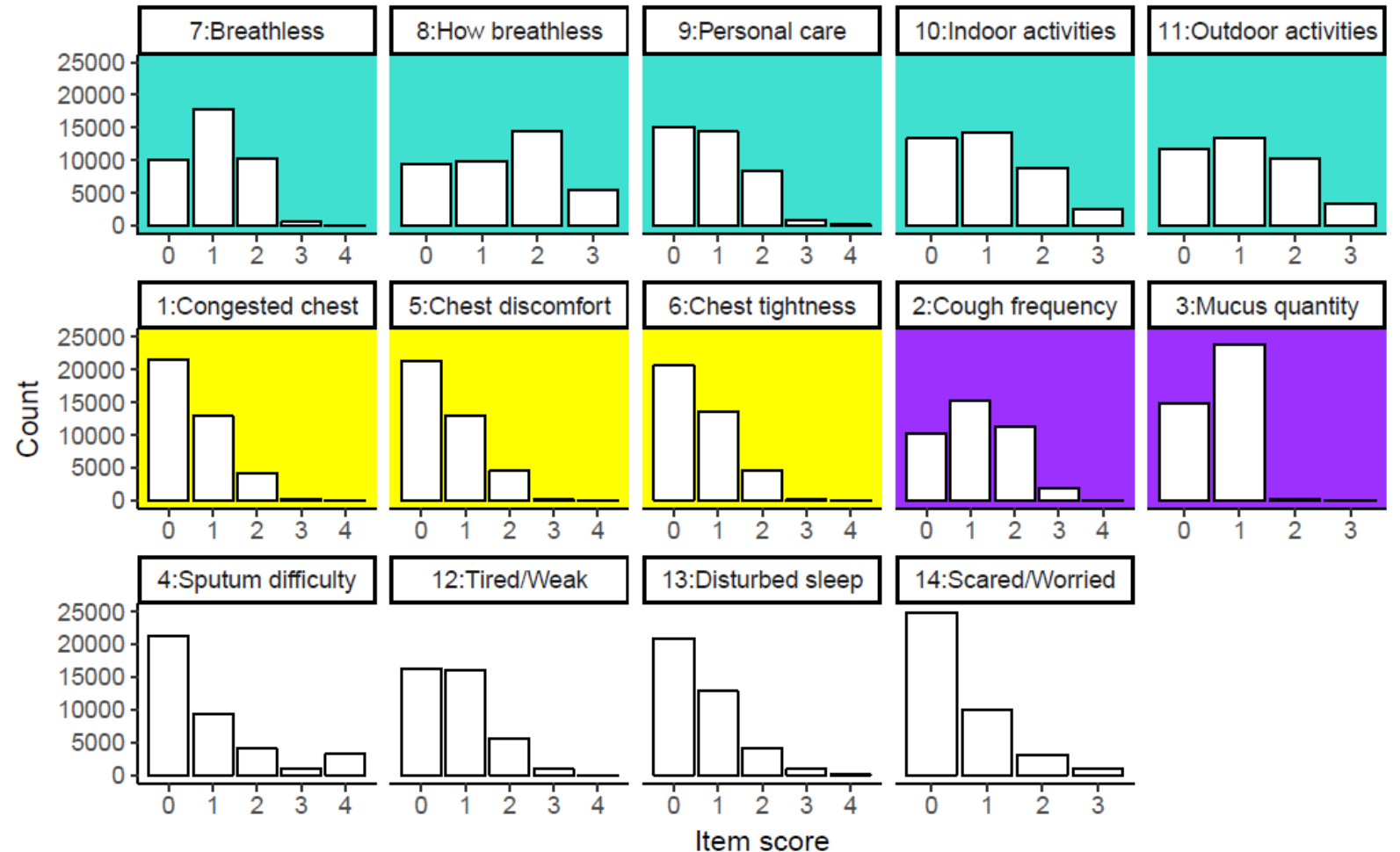
# EXACT questionnaire

- Daily electronic diary
- Standardised approach for assessing the symptomatic manifestations of COPD exacerbations
- 14 items (score: 0-3/4)
- ↑ score → ↑ severe symptom

item	description	scale	domain
7	we	0-4	breathlessness
8	de	0-3	breathlessness
9	we pe	0-4	breathlessness
10	we ind	0-3	breathlessness
11	we act	0-3	breathlessness
1	dic	0-4	chest symptoms
5	dic	0-4	chest symptoms
6	dic	0-4	chest symptoms
2	ho	0-4	cough and sputum
3	ho day	0-3	cough and sputum
4	ho	0-4	difficulty with sputum
12	we	0-4	tired or weak
13	las	0-4	sleep disturbance
14	ho day	0-3	psychological state

- Two main approaches:
  - Standard approach: total-score based approach
    - Sub-scores ignored → potential information loss
  - Alternative approach: item response theory (IRT) models
    - All sub-score data used

- Acute Exacerbation and Respiratory Infections in COPD (AERIS) study<sup>1,2</sup>
- Single centre
- Standard-of-care
- M/F 40-85 years
- $\geq$  moderate COPD
- N=127 IDs
- 14 items: 4/5 categories
- $\sim$  40,000 observations per item
- $\sim$  4,000-5,000 observations per subject



<sup>1</sup>Bourne *et al.*, BMJ Open, 2014. 4(3): e004546.

<sup>2</sup>Wilkinson *et al.*, Thorax, 2017. doi:10.1136/thoraxjnl-2016-209023

- Information from several individual elements
- Daily observations → dependence between consecutive observations
- → **Aim:** Develop a model to describe and learn from these type of (PRO) data

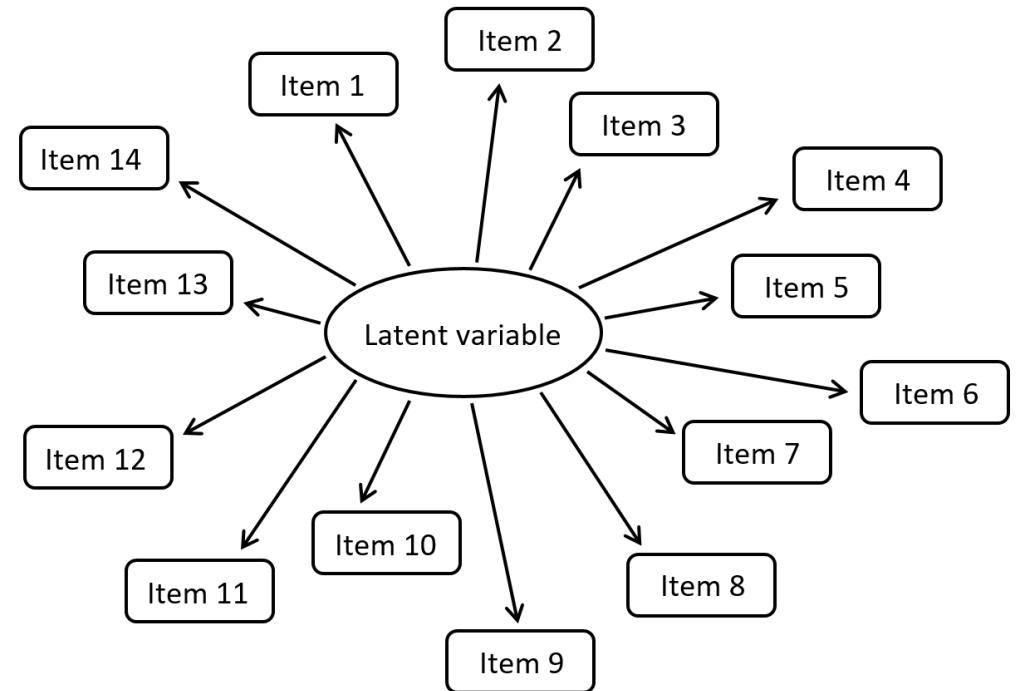




- Intro to the problem
- **How to solve the problem**
- Evaluation & Application
- Conclusion

# Item response theory

- Probabilities of an observation modelled
- Probability of a response to an item related to a latent variable<sup>1</sup> (e.g. COPD disease severity)
- This methodology was used in different disease areas, e.g. Alzheimer's disease<sup>1</sup>, schizophrenia<sup>2</sup>, multiple sclerosis<sup>3</sup>; however, no MM



$$\text{logit } P(Y_{ij} \geq k) = a_j \cdot (D_i - b_j)$$

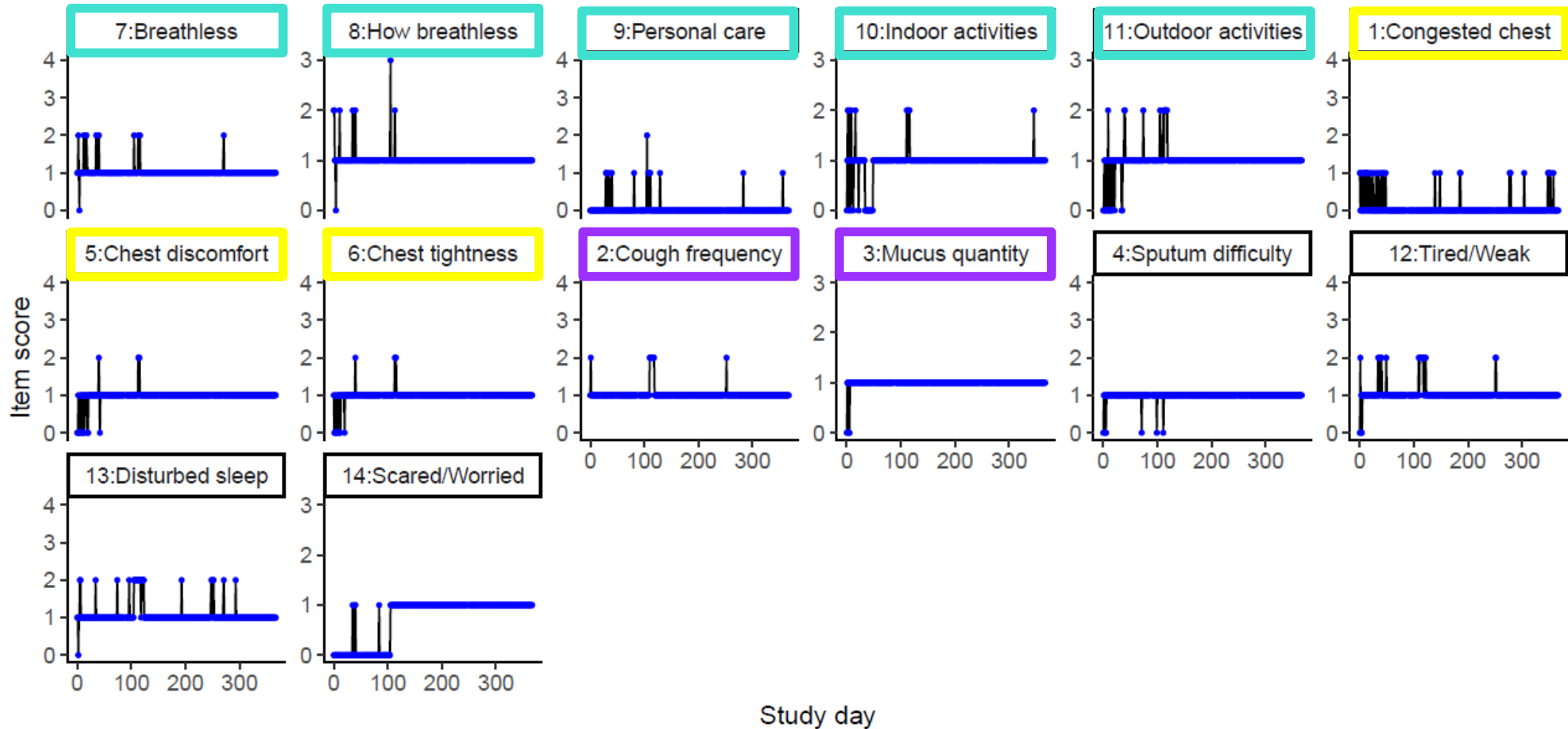
<sup>1</sup>Ueckert *et al.*, Pharm Res, 2014. **31**(8): 2152-65

<sup>2</sup>Krekels *et al*, CPT PSP, 2017; doi: 10.1002/psp4.12207

<sup>3</sup>Novakovic *et al*, AAPS J. 2017;19(1):172-179



# An individual example



# Data: transitions

Current score:

0

1

2

3

4

Previous score:

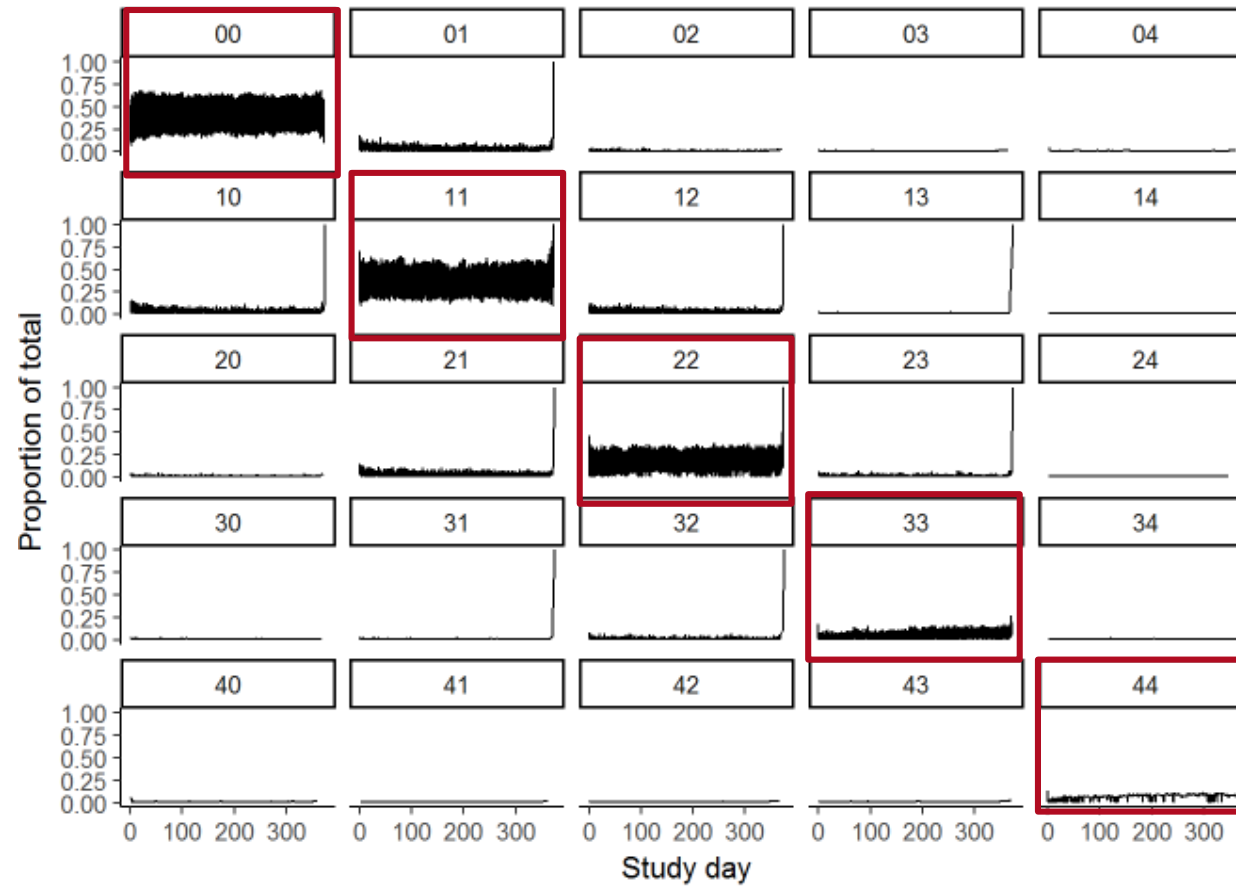
0

1

2

3

4



# No Markov elements

Current score:

0

1

2

3

4

Previous score:

0

1

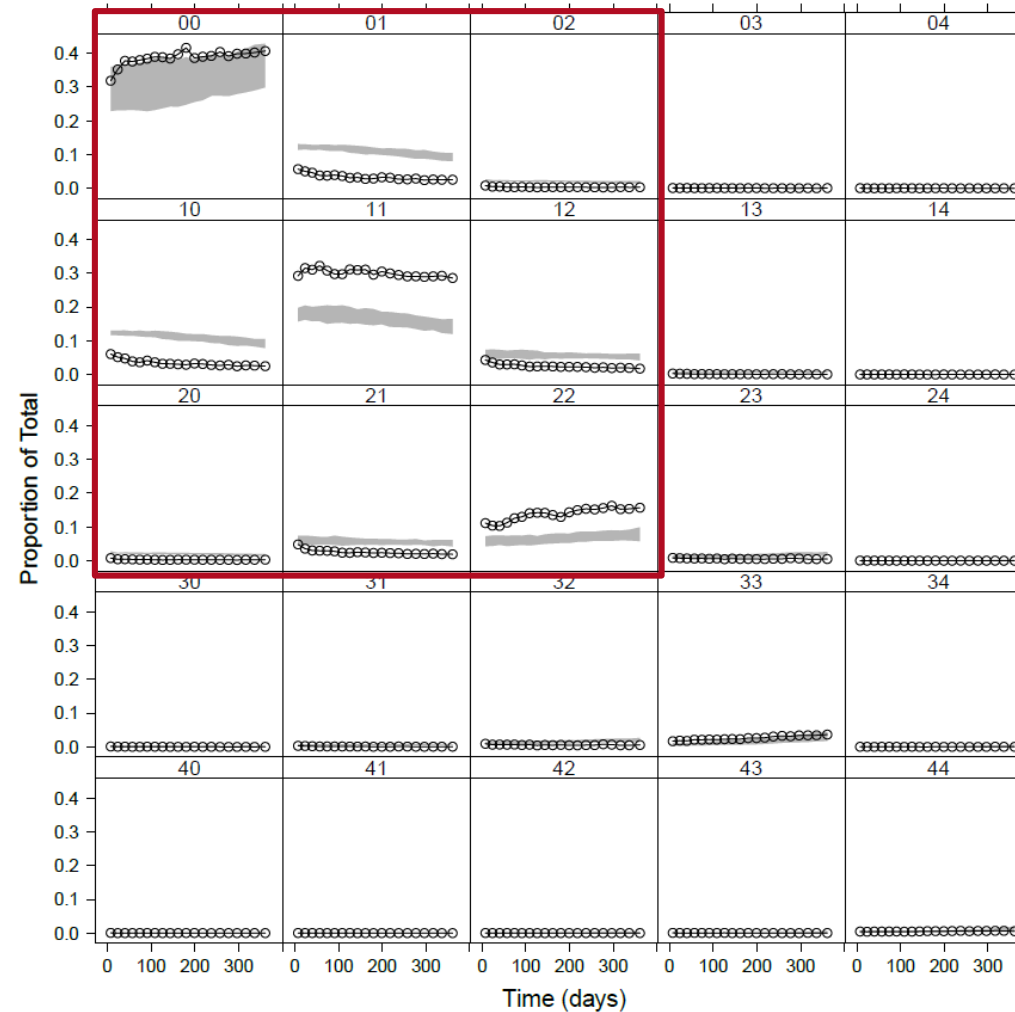
2

3

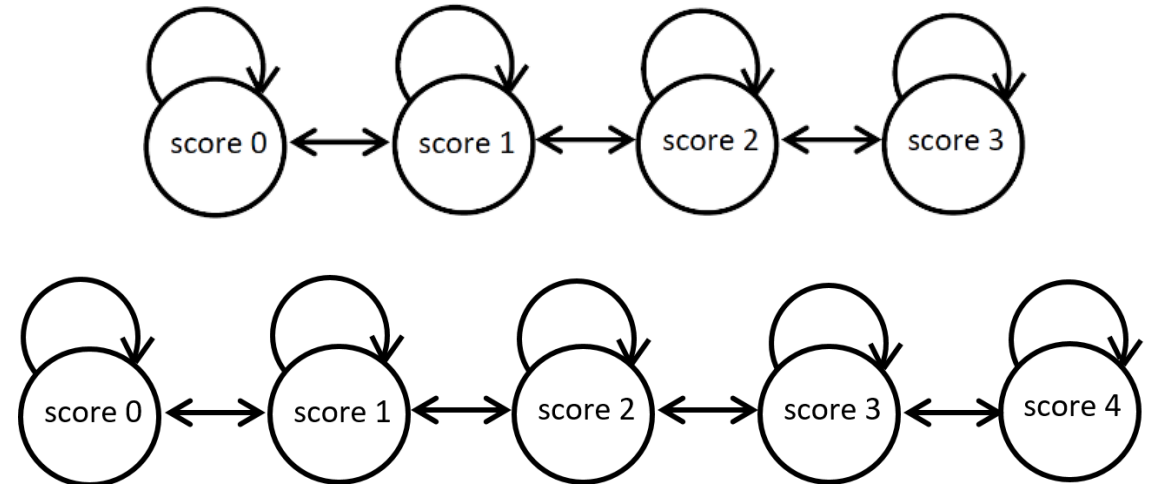
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- No-MM:  
misspecification

- → MM needed

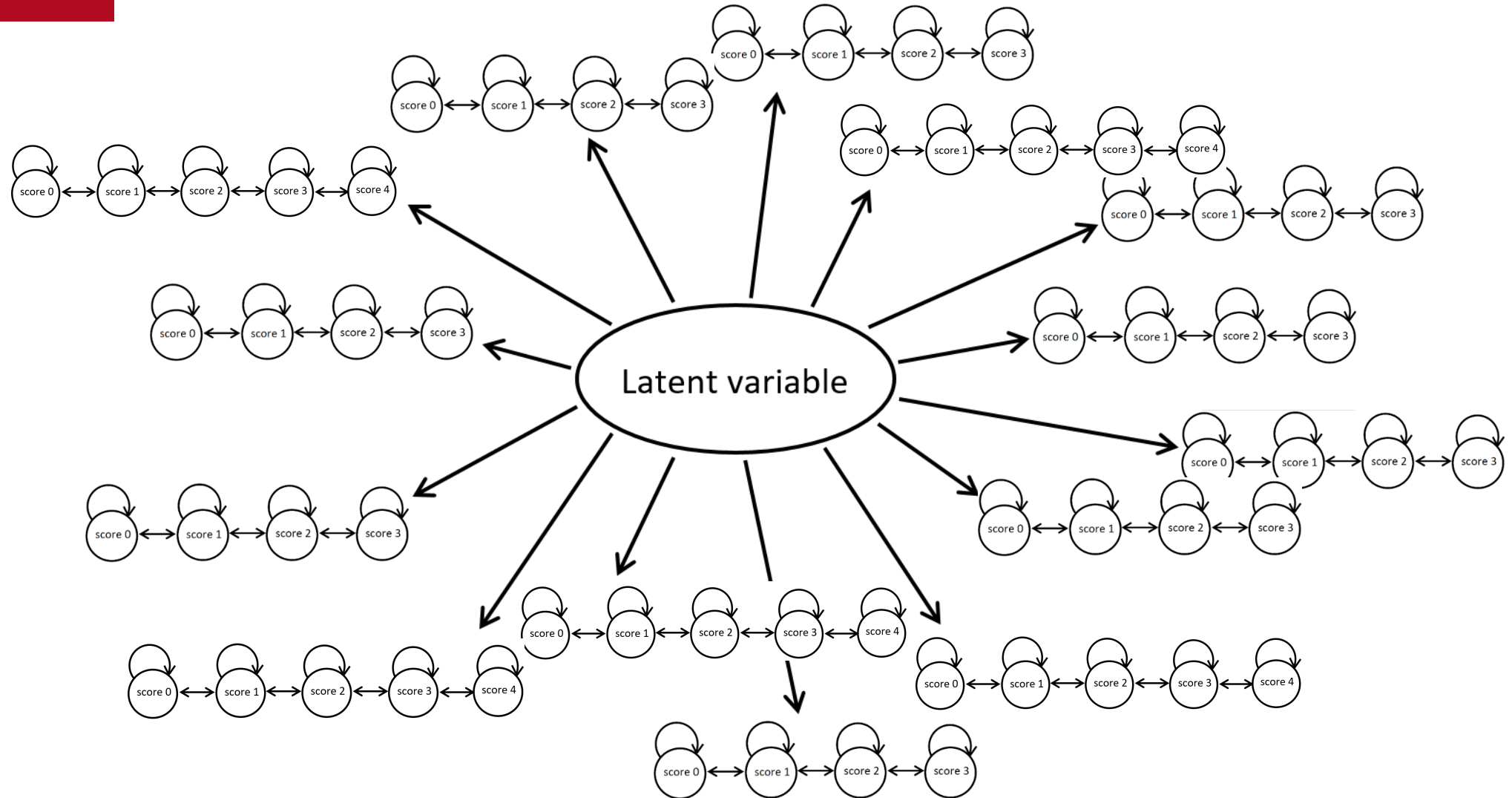


- Observation depends on the previous observation (i.e. state)
- Based on compartment or transition probabilities
- Minimal Markov models used<sup>1</sup>:
  - Transitions between neighbouring scores
  - Mean equilibrium time (MET) assumed the same between different states



$$\lambda_{(k-1,k)} = \left( MET \cdot \left( 1 + \frac{P(Y_{ij} = k - 1)}{P(Y_{ij} = k)} \right) \right)^{-1}$$

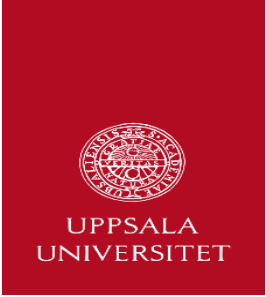
# IRT + Markov models





- Intro to the problem
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- **Evaluation & Application**
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# Transition VPC (all items)

Current score:

0

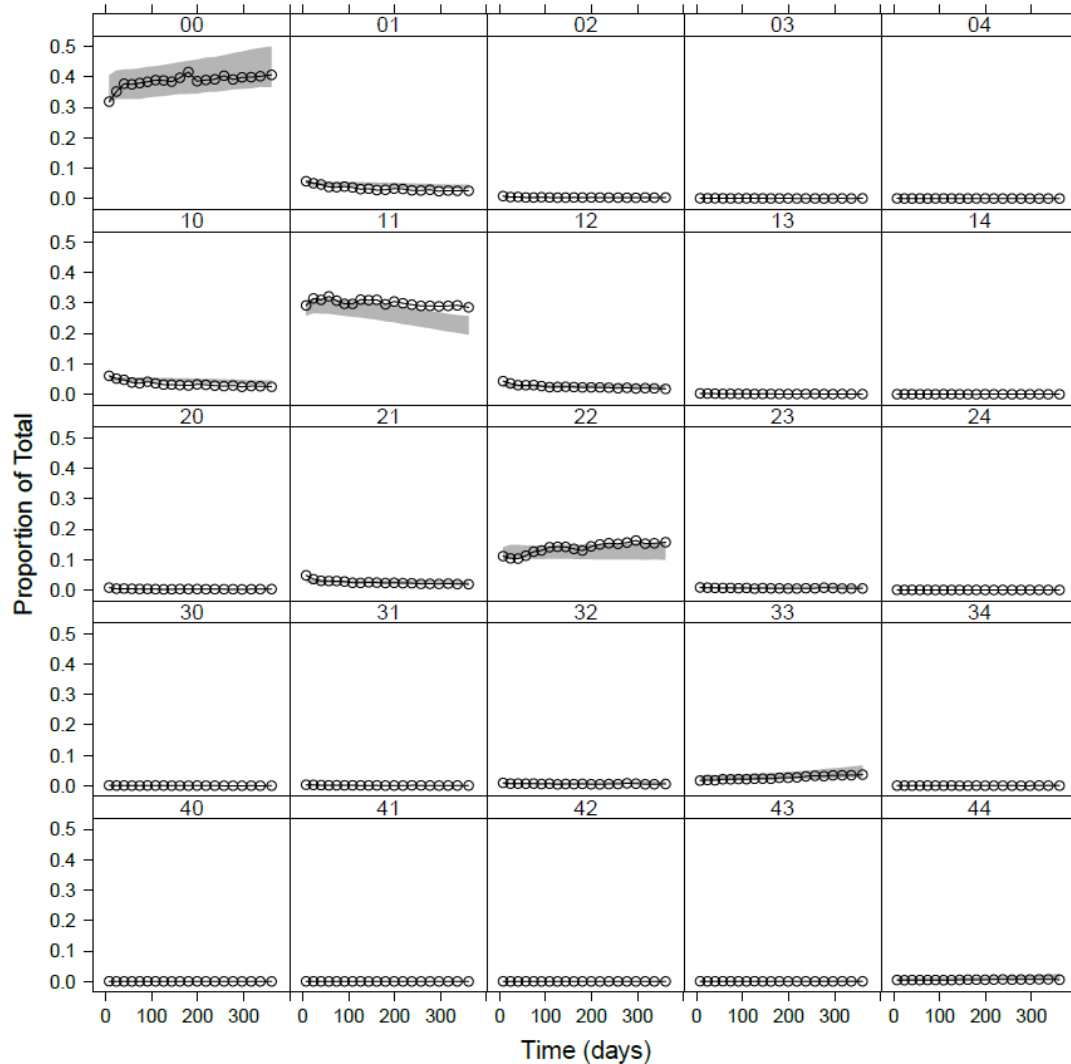
1

2

3

4

Previous score:



0

1

2

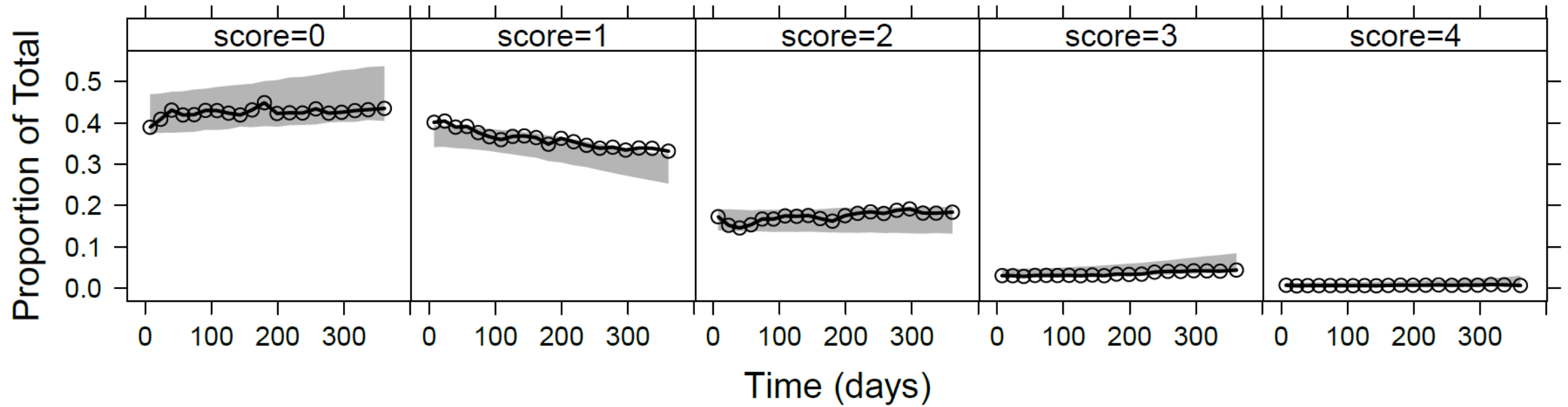
3

4

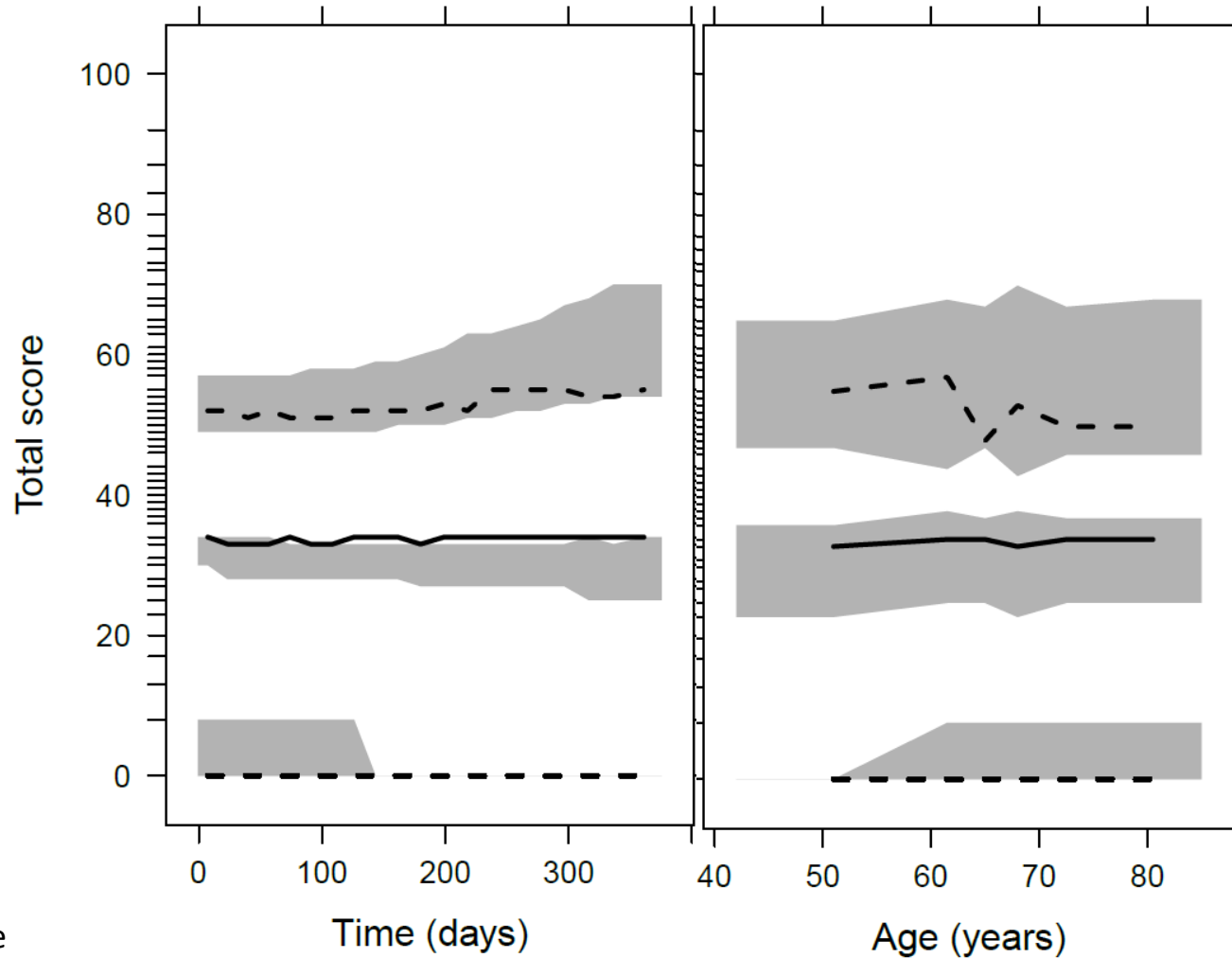
Mean (standard error)  
 MET: 2.7 (0.2) day;  
 0.72\* (0.097) IIV

MET=mean equilibrium time  
 IIV= inter-individual variability  
 \*on the variance scale

# Sub-score VPC (all items)



# Total score VPC



Mean (standard error)  
slope\*:  $-0.18 (0.13) \text{ year}^{-1}$ ;  
 $1.85^{**} (0.60) \text{ IIV}$

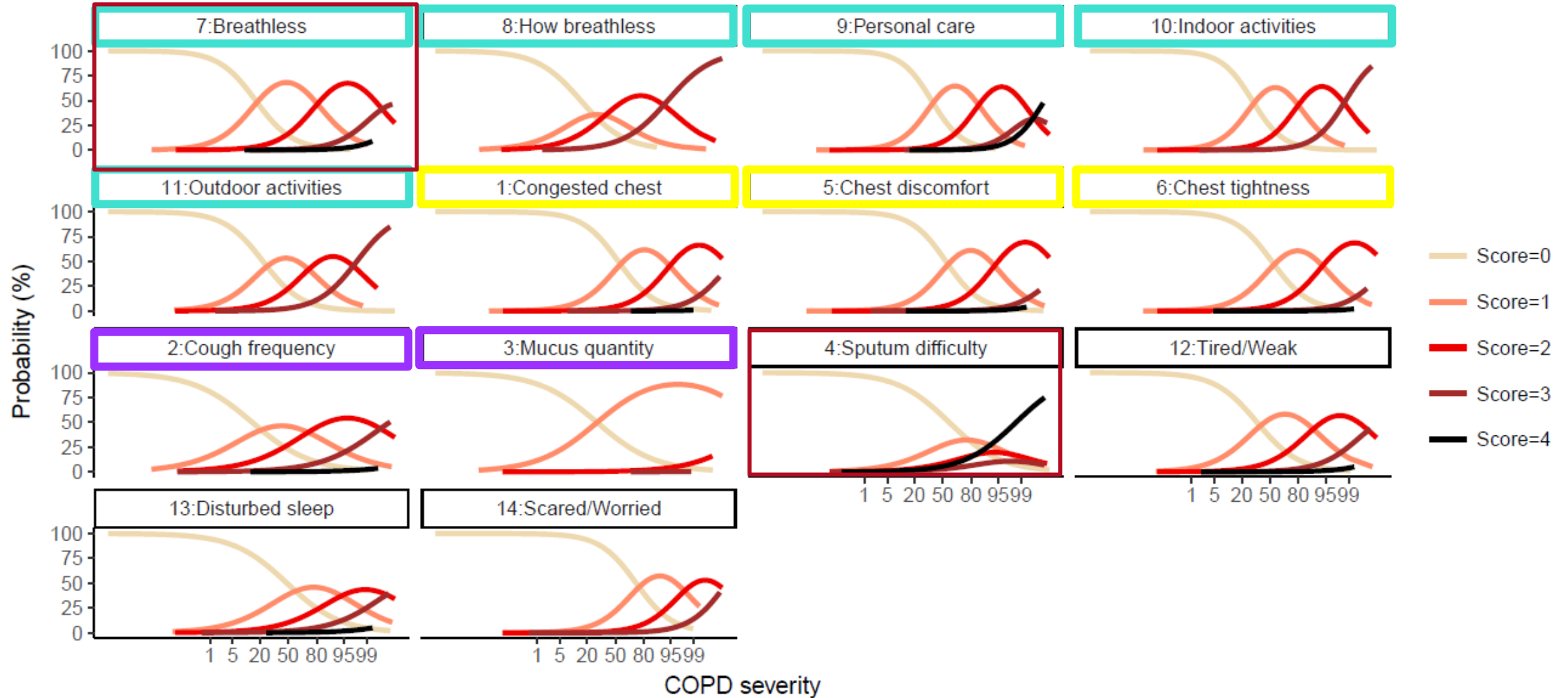
\*on the latent variable scale

\*\*on the variance scale

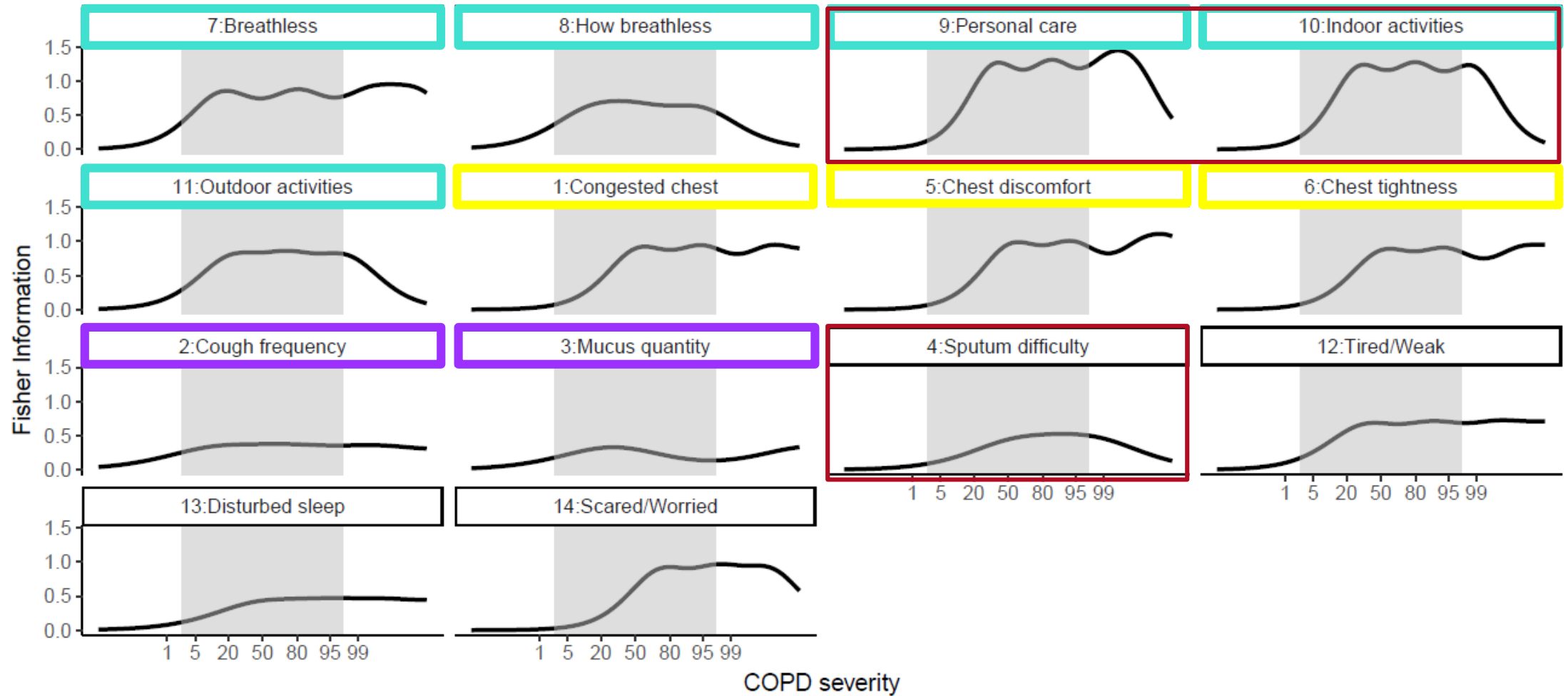
IIV= inter-individual variability



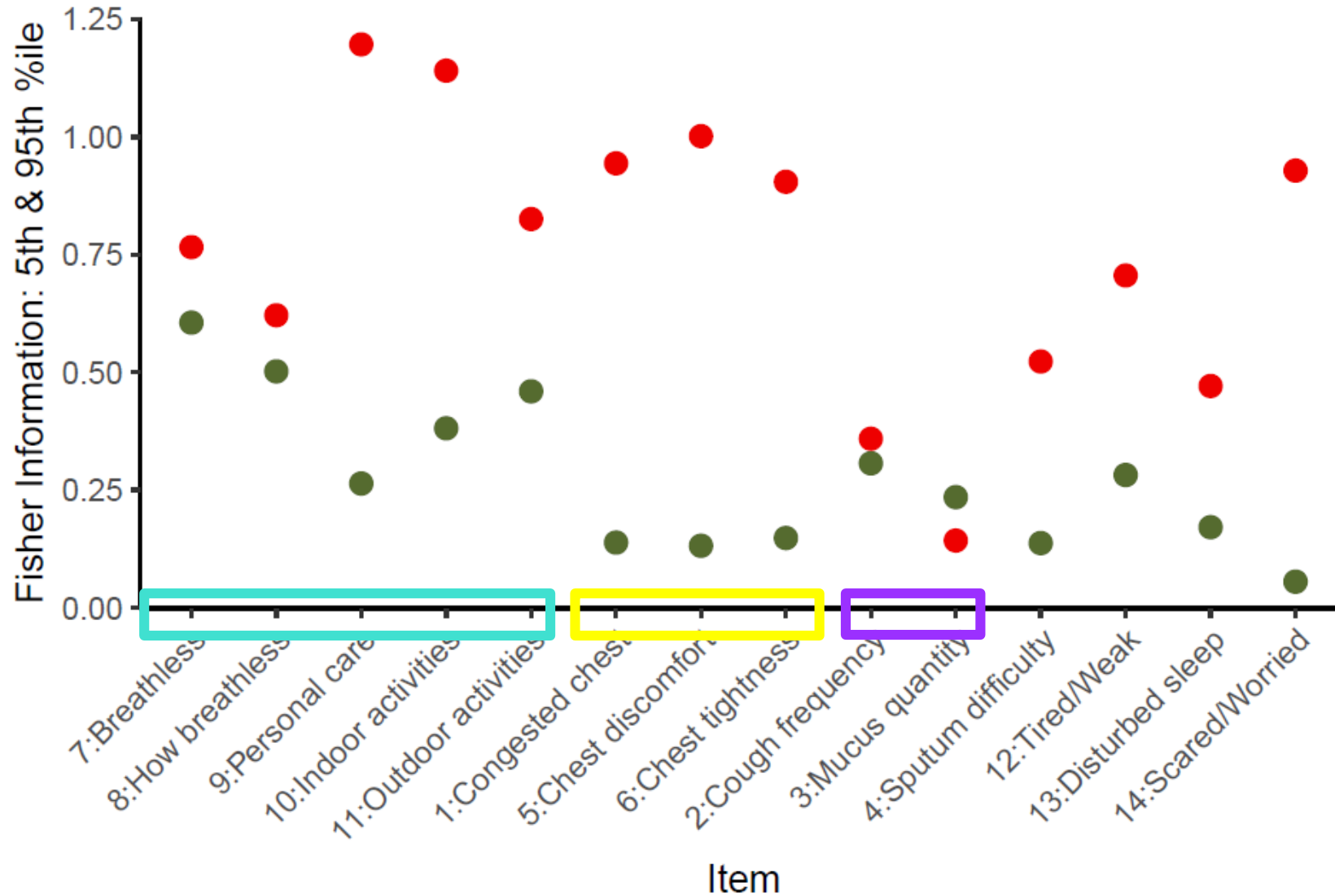
# Item characteristic curves



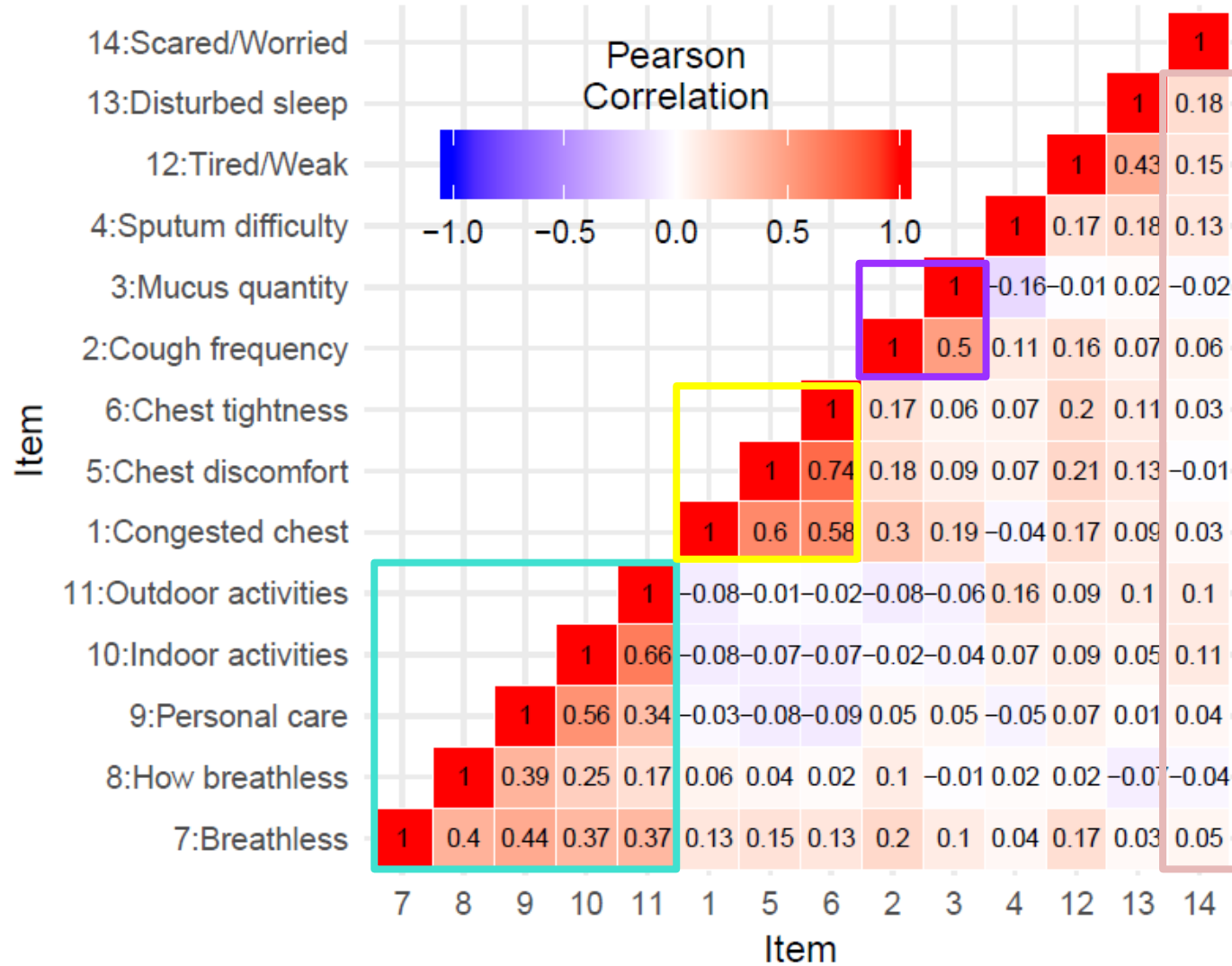
# Item information



# Item information: 5<sup>th</sup> and 95<sup>th</sup> percentiles



# Item residual correlation plot





- Intro to the problem
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- First mixed-effects IRT model with longitudinal Markov elements was developed
- The model was able to handle both composite scores & frequent observations – as shown on the example of COPD sub-score data from the EXACT questionnaire
- An addition of Markov models to an IRT model is expected to be needed with similar types of data



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Thank you for your attention!



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I have no conflicts of interest