

Cystatin C as a new covariate to predict drugs renal elimination

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Cystatin C

- Small Protein (120 amino-acids) expressed in all nucleated cells. Inhibitor of cysteine proteases.
 - Marker of Glomerular Filtration Rate (GFR)
 - **Glomerular filtration +++**
 - Not secreted
 - Completely reabsorbed and catabolised
 - Independent on age, gender, muscle mass.
- Conflicting results about cystatin's performance compared to creatinine...
- Cystatin and digoxin clearance (O'Riordan et al. Br J Clin Pharmacol, 2002) → **not better**

Studies and objectives

Carboplatin

- Mainly eliminated by glomerular filtration
- Carboplatin clearance is predicted by several formulae including creatinine level
- **Cystatin: new covariate for individual dosing**

Thomas et al, Clin Pharmacokinet 2005

Topotecan

- Renal elimination accounts for 50% of total clearance
 - Its clearance is related to creatinine clearance
 - If CrCl is < 20 mL/min, dose should be reduced
 - **Covariate for pre-emptive clearance**
- Hoppe et al

⁵¹Cr-EDTA

- Direct measure of GFR by determination of ⁵¹Cr-EDTA plasma concentrations after a bolus dose.
- Children (1.4 to 21.4 years)
- GFR estimated by Schwartz formula (serum creatinine, height, coefficient specific of the laboratory)
- **Cystatin: new covariate for GFR estimation?**

Bouvet et al, Ped Nephrol in press 2006

Methods (1)

Carboplatin study

- 45 patients
- Sparse data of ultrafilterable plasma concentration
- database = 188 patients

Topotecan study

- 59 patients
- topotecan data

⁵¹Cr-EDTA study

- 100 children
- 4 samples

1) Run without covariates

- NONMEM analysis
- Two-compartment model
- FOCE
- Proportional error model

1) Run without covariates

- NONMEM analysis
- One-compartment model
- FO
- Proportional error model

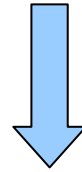
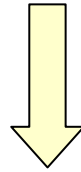
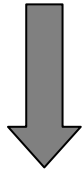
POSTHOC clearance = Cl_{actual}

Methods (2)

Carboplatin study
- 45 patients

Topotecan study
- 59 patients

^{51}Cr -EDTA study
- 100 children



DATA SPLITTING

Model Building Data Set
→ 2/3 of patients

Validation Data Set
→ 1/3 of patients

Find the best covariates models

Prospective validation of models

Methods (3)

Model building
data set

$$\text{TVCL} = \theta_1 \rightarrow$$

OFV and IIV

Covariate analyses

Scr (serum creatinine), CysC (serum cystatin C),
Alb, Sun, Age, sex, PS
BW (body weight), IBW, BSA

$$\text{TVCL} = \theta_1 \cdot \left(\frac{\text{COV}}{\text{mean}(\text{cov})} \right)^{\theta_5} \quad \Delta\text{OFV}, \Delta\text{IIV}$$

$$\text{TVCL} = \theta_1 \cdot \left(\frac{\text{cov1}}{\text{mean}(\text{cov1})} \right)^{\theta_2} \cdot \left(\frac{\text{cov2}}{\text{mean}(\text{cov2})} \right)^{\theta_3} \dots$$

INTERMEDIATE
MODEL

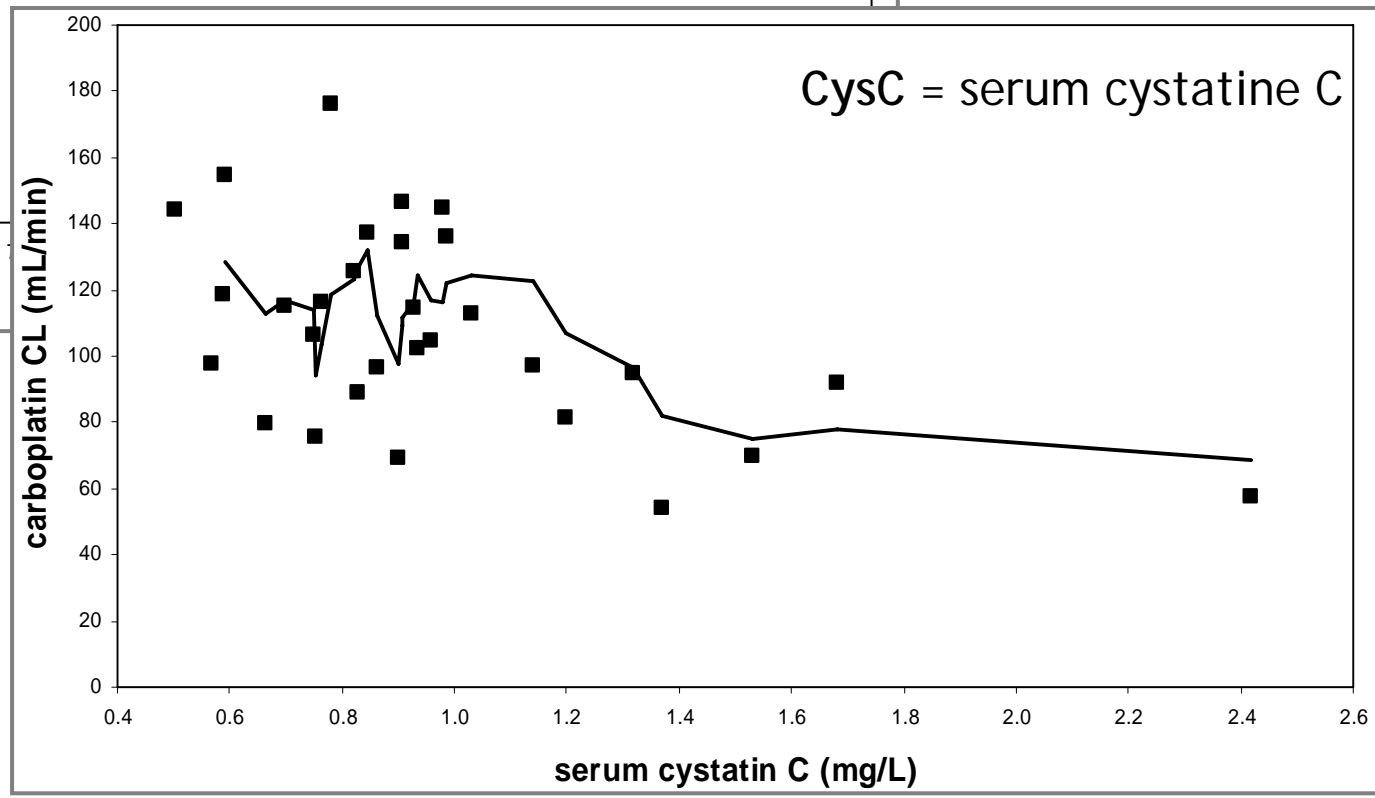
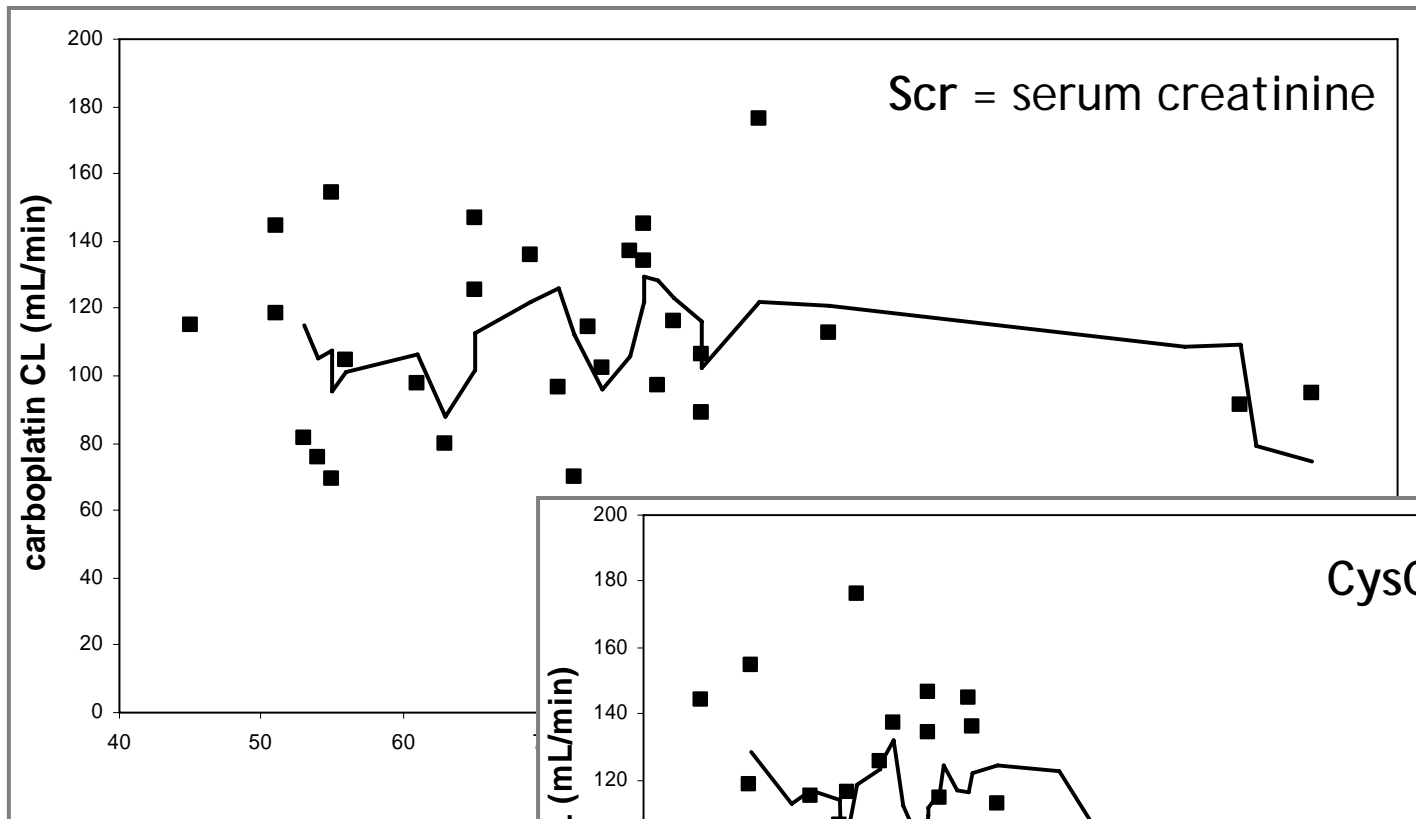
Stepwise backward elimination

Validation
data set

FINAL
MODEL

$\Delta\text{OFV}, \Delta\text{IIV}$

Carboplatin (1)



Carboplatin (2)

Final covariate model

$$CL(\text{mL}/\text{min}) = 113 \cdot \frac{(BW/65)^{0.463} \cdot 0.85^{\text{sex}}}{(SCr/75)^{0.399} \cdot (CysC/1)^{0.306} \cdot (age/56)^{0.407}}$$

IIV

14%

Alternative models

➤ $CL(\text{mL}/\text{min}) = 112 \cdot \frac{(BW/65)^{0.331} \cdot 0.86^{\text{sex}}}{(CysC/1)^{0.507} \cdot (age/56)^{0.369}}$

ΔOFV

P

IIV

➤ $CL(\text{mL}/\text{min}) = 110 \cdot \frac{(BW/65)^{0.625} \cdot 0.90^{\text{sex}}}{(SCr/75)^{0.654} \cdot (age/56)^{0.507}}$

+6.4

<0.02

16%

+6.2

<0.02

16%

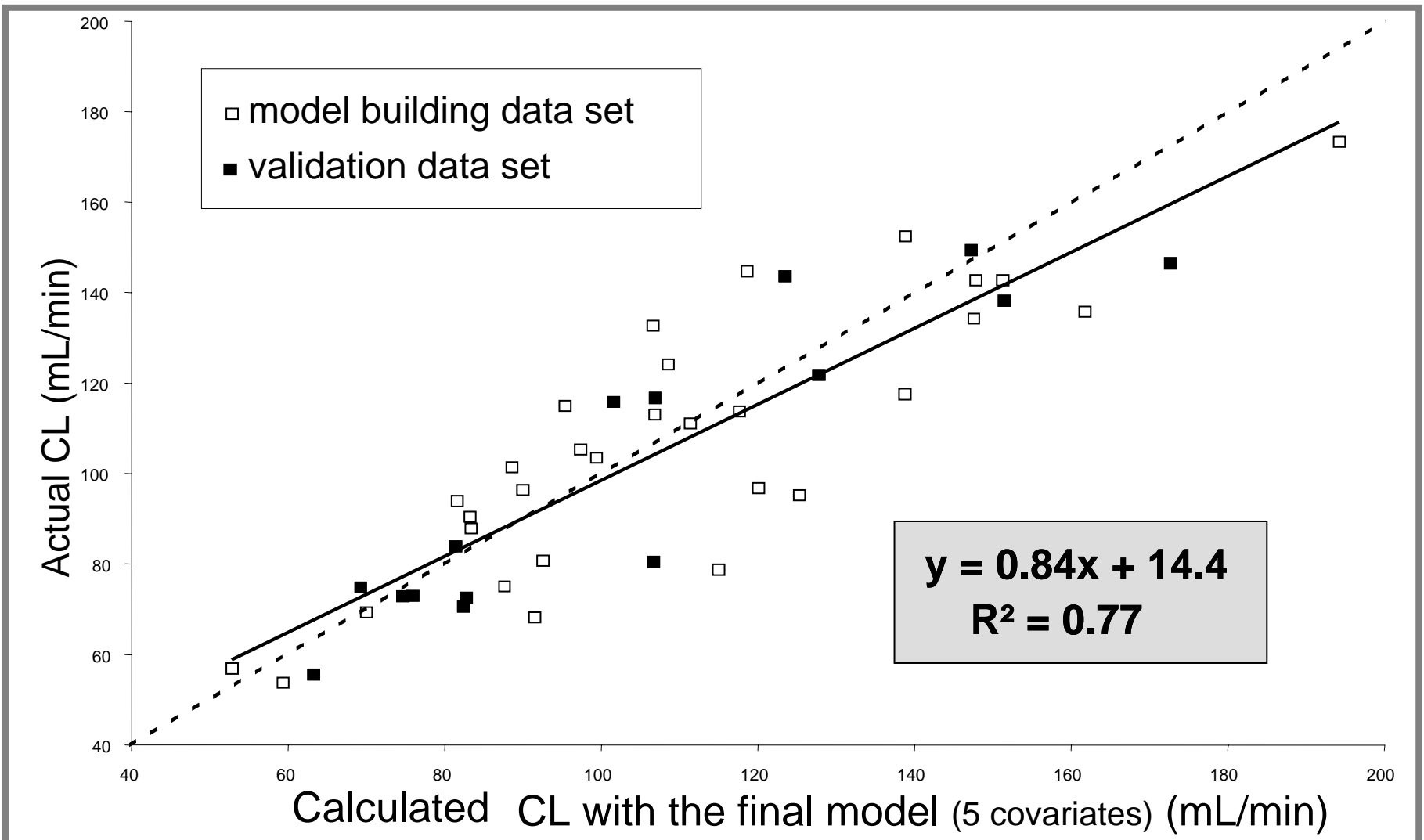
Carboplatin (3)

→ Prospective validation: predicted vs. actual CL

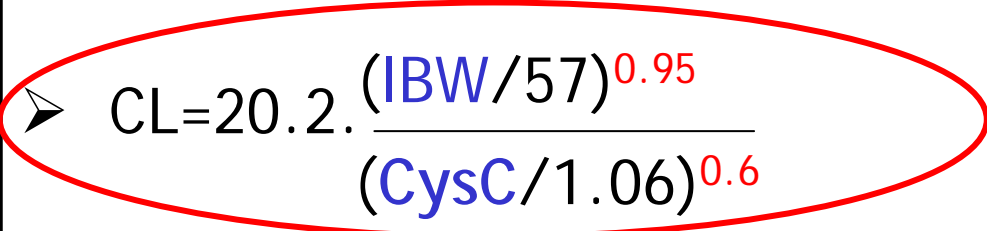
	Scr	CysC	Scr and CysC
R ²	0.70	0.72	0.80
MAPE (%) Mean Absolute Percentage of Error	17%	15%	13%
MPE (%) Mean Percentage of Error	+11%	+6%	+7%

Carboplatin (4)

→ Whole data set: predicted vs. actual CL

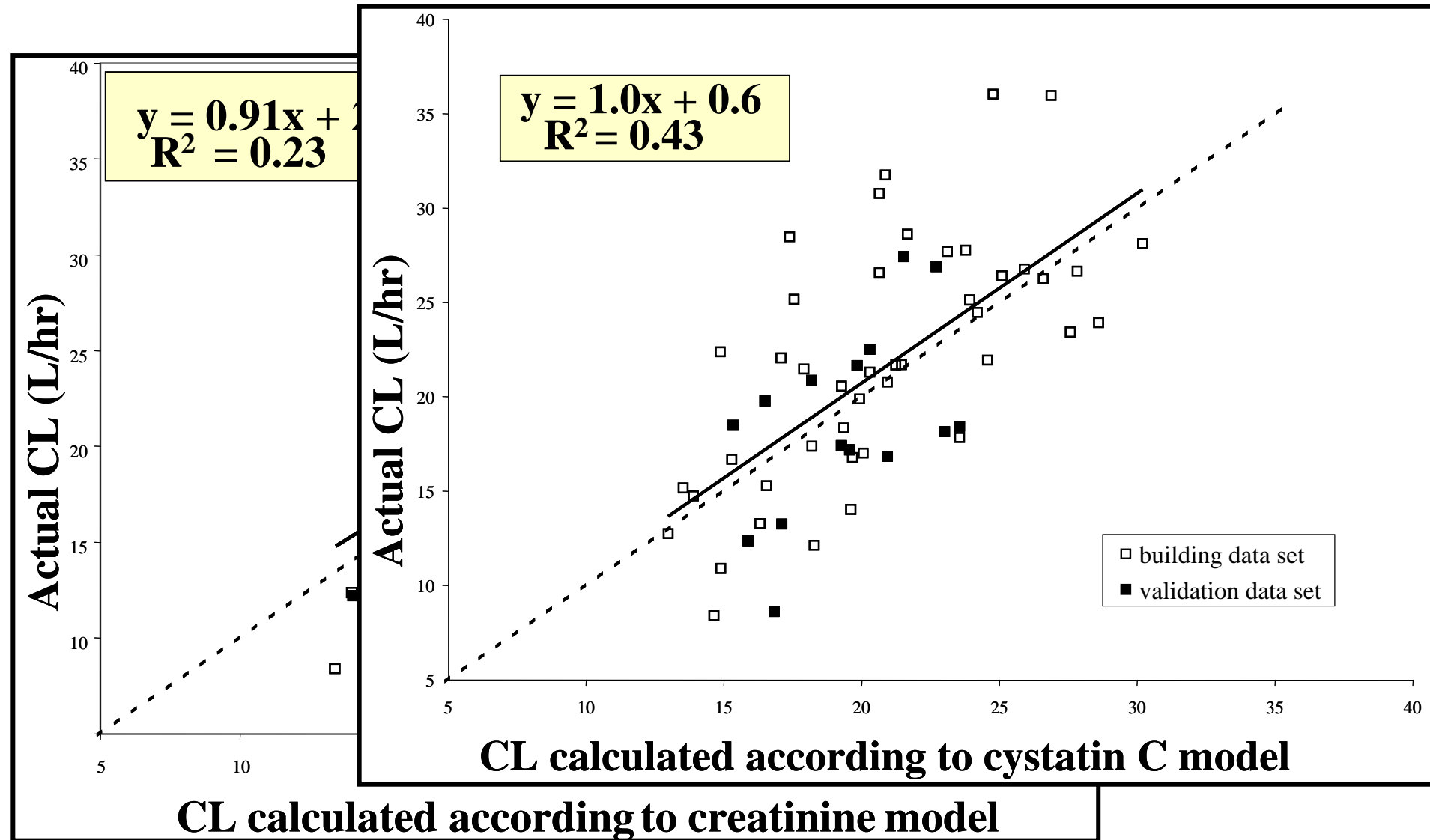


Topotecan (1)

Equation to estimate topotecan clearance (L/h)	IIV	OFV	P
Intermediate model			
$CL = 20.1 \cdot \frac{(IBW/57)^{0.98} \cdot (age/57)^{0.001}}{(CysC/1.06)^{0.52} \cdot (Scr/85.2)^{0.14}}$	23%	480.2	
Final models			
 $\blacktriangleright CL = 20.2 \cdot \frac{(IBW/57)^{0.95}}{(CysC/1.06)^{0.6}}$	23%	480.8	<0.0001
$\blacktriangleright CL = 20.2 \cdot \frac{(IBW/57)^{1.23}}{(Scr/85.2)^{0.52}}$	26%	490.1	<0.001

Topotecan (2)

→ Whole data set: predicted vs. actual CL



⁵¹Cr-EDTA (1)

Equation to estimate ⁵¹ Cr-EDTA clearance (mL/min)	IIV		
<p data-bbox="28 406 314 456">Final model</p> $CL = 62.8 \cdot \frac{(BW/45)^{0.33} \cdot (age/14)^{0.36}}{(Scr/96)^{0.41} \cdot (CysC/1.2)^{0.49}}$	19%	ΔOFV	P
<p data-bbox="28 721 485 771">Alternative models</p> <p data-bbox="28 856 1047 1013">➤ $CL = 62.6 \cdot \frac{(BW/45)^{0.33} \cdot (age/14)^{0.22}}{(CysC/1.2)^{0.82}}$</p> <p data-bbox="28 1156 980 1299">➤ $CL = 64 \cdot \frac{(BW/45)^{0.23} \cdot (age/14)^{0.52}}{(Scr/96)^{0.76}}$</p>	22%	+16	<0.001
	24%	+19	<0.001

⁵¹Cr-EDTA (2)

→ Prospective validation: predicted vs. actual CL

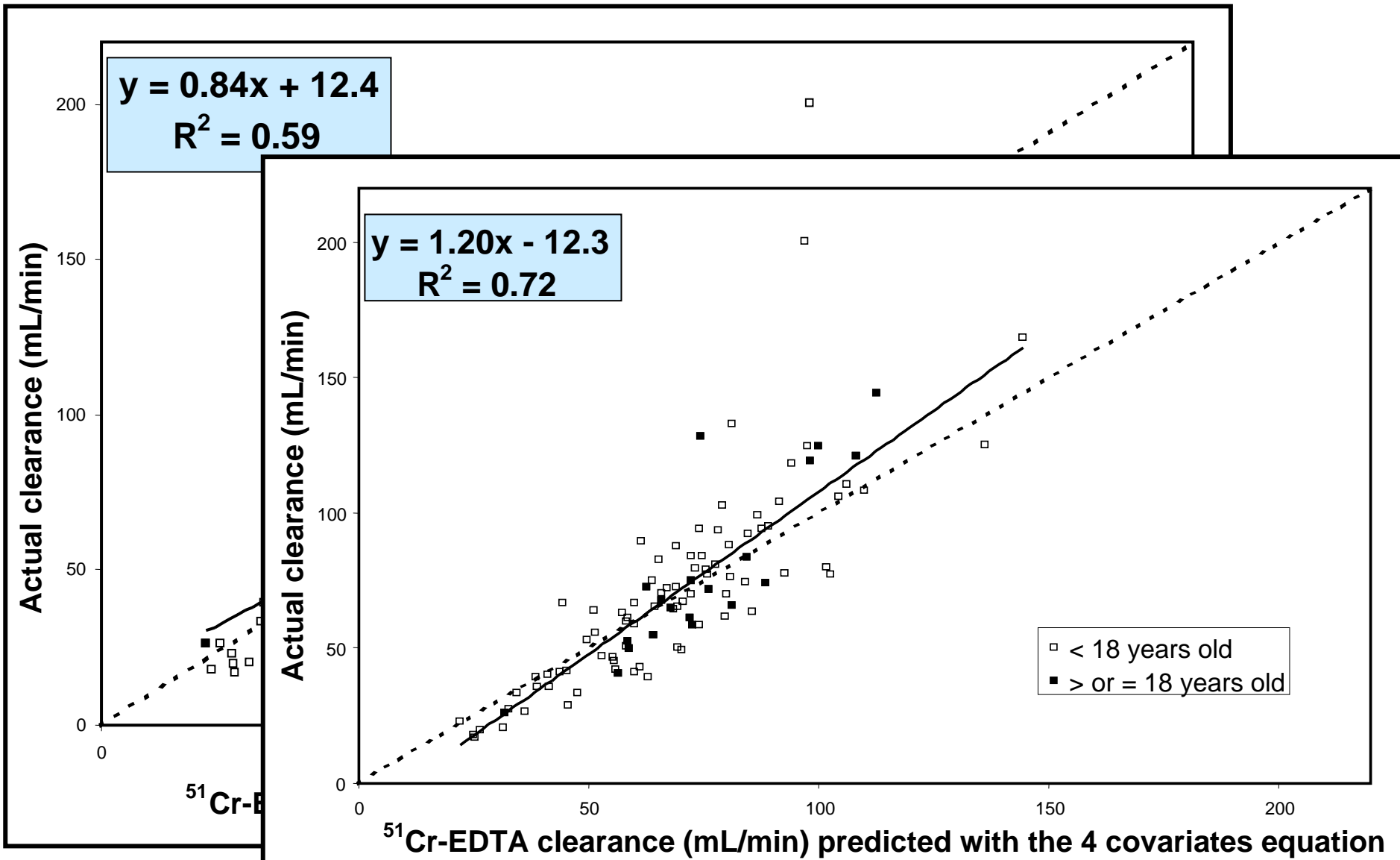
$$CL = 62.8 \cdot \frac{(BW/45)^{0.33} \cdot (age/14)^{0.36}}{(Scr/96)^{0.41} \cdot (CysC/1.2)^{0.49}}$$

$$GFR = k \cdot \frac{\text{height}}{Scr}$$

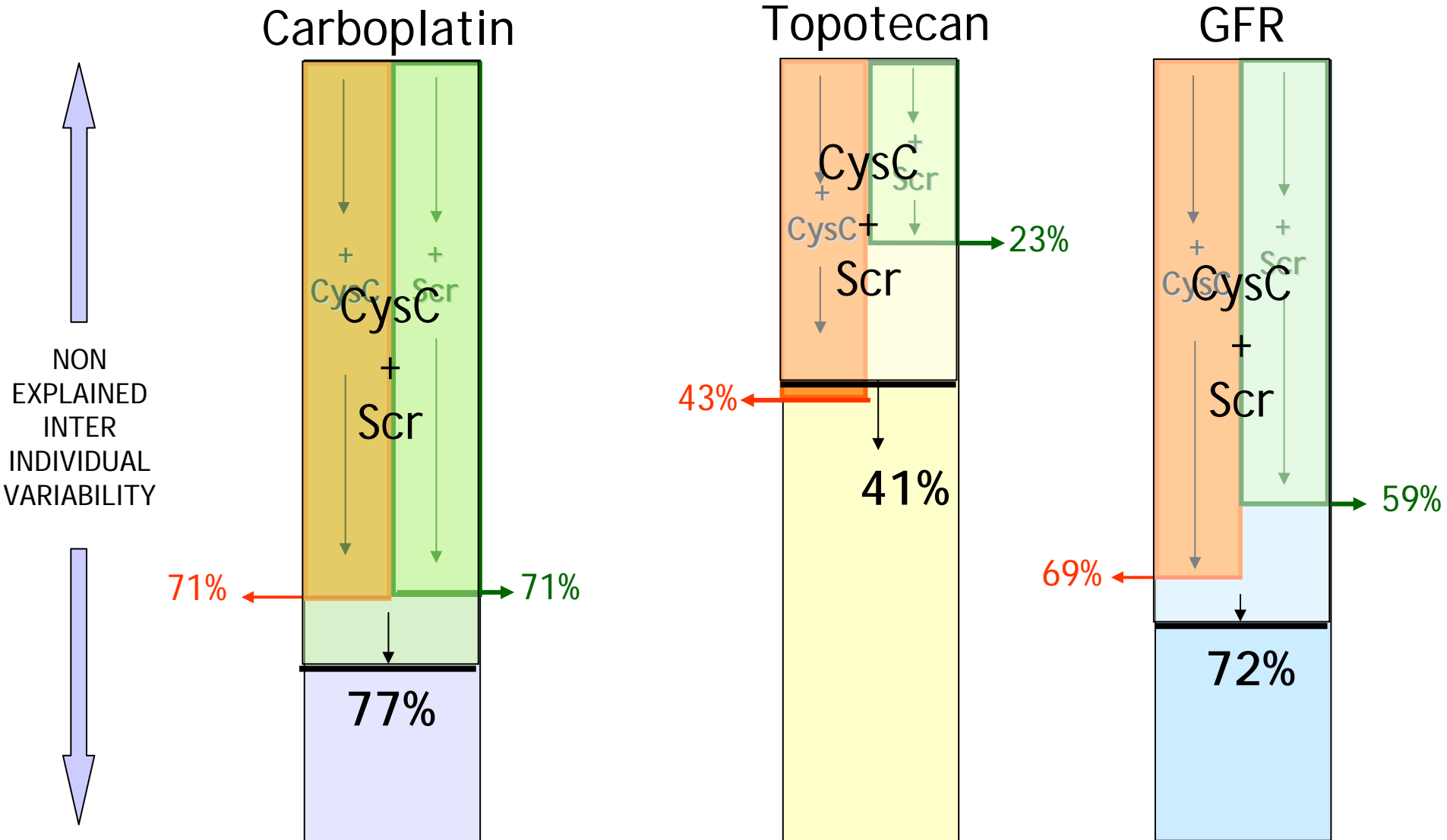
	Final model	Schwartz
R ²	0.59	0.37
MAPE (%)	17.4	17.3
MPE (%)	+0.9	-8.2
Min % error	-45	-62
Max % error	+44	+431

$^{51}\text{Cr-EDTA}$ (3)

→ Whole data set: predicted vs. actual CL



Inter individual variability (whole data set, R^2)



Conclusions

- Cystatine C is a better covariate than creatinine to predict drug renal clearance.
- Limits:
 - Should be studied with others covariates (BW, age...)
 - 2.51 euros/analysis versus 0.03 euros for creatinine.
- Advantages:
 - Nephelometric immunoassay (Dade-Behring) less variable than creatinine (Jaffé vs. Enzymatic)
 - Superiority over creatinine larger at a multicenter level
 - Likely to be more adapted for equation-based dose adjustment