

# Computing Optimal Drug Dosing with Constraints on Model States in NONMEM

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# What?

**Setting** PMX model + dosing schedule

**Goal** compute **optimal drug doses**

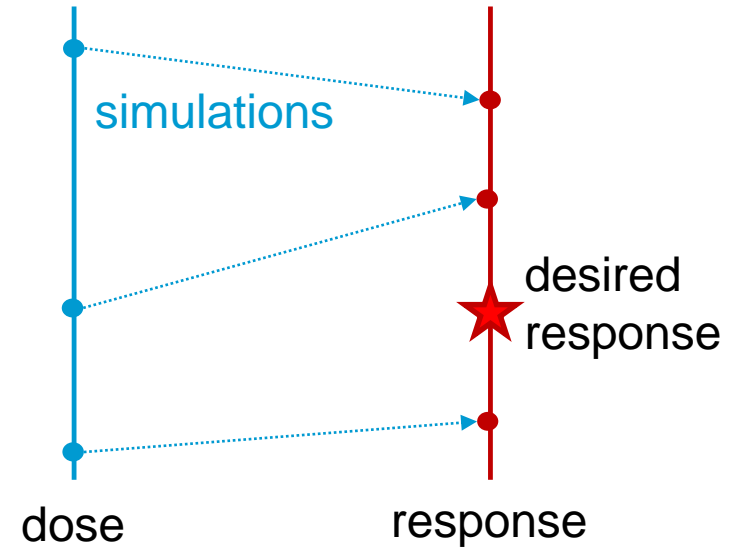
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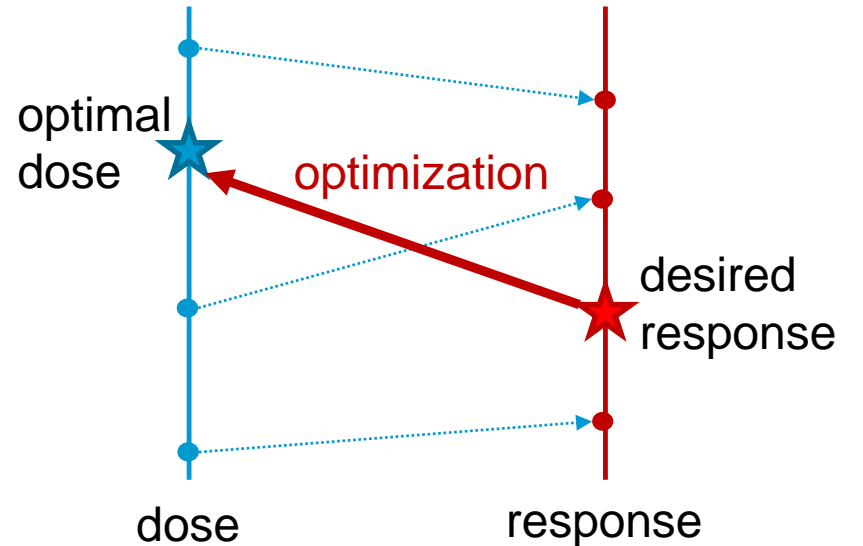
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compute **optimal drug doses** with **state constraints**

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doses necessary to achieve a certain desired response

to avoid unwanted, harmful conditions of the patient

**Example**

tumor weight reduction

myelosuppression

# Why?

Goal

compute **optimal drug doses** with **state constraints**

doses necessary to achieve a certain desired response

to avoid unwanted, harmful conditions of the patient

Example

tumor weight reduction

myelosuppression

→ compute optimal drug doses regarding

efficacy



safety

targets

# Examples

efficacy



safety

Compute optimal drug doses which:

- minimize tumor weight

while

avoiding myelosuppression

$$\text{neutrophils} \geq 1 [10^9]$$

- eradicate bacteria

with

minimal AUC of the drug

$$\text{bacterial count} \leq 100$$

- maximize AUC of the drug

with

safe trough concentration

$$C_{min} \leq 5$$

- reach peak concentration

with

minimal AUC of the drug

$$C_{max} \geq 25$$



# Transform into easier problem

## Original problem:

- compute optimal drug doses which **minimize objective function subject to state constraint**, e.g.,

minimize tumor weight  $W$  subject to safe neutrophil count  $N$

$$\int_{t_0}^{t_f} W(t) dt$$

$$1 - N(t) \leq 0, \quad t \in [t_0, t_f]$$

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Classical  
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problem:

- compute optimal drug doses which **minimize (objective function + penalty function)**

$$\int_{t_0}^{t_f} W(t) dt + \frac{1}{2\gamma} \int_{t_0}^{t_f} (\max(0, \mu + \gamma(1 - N(t))))^2 - \mu^2 dt$$

# How to implement in NONMEM

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objective function value (OFV)

penalty function value (PFV)

$\mu = 1$   
shift function

e.g.,  $\gamma = 10^4$   
penalty parameter

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- compute OFV and PFV utilizing additional differential equations, e.g.:  
 $\frac{d}{dt} obj = W, \quad obj(t_0) = 0, \quad \text{then } OFV = obj(t_f), \quad \text{PFV analogously}$

# Solving an optimal dosing task in NONMEM

- utilizing standard commands, cf. Bachmann et al. [1]

## DATA FILE

- indicate dosing time points with  $AMT = 1$
- indicate final time with “dummy” observation  $DV = 0$

# Solving an optimal dosing task in NONMEM

## CONTROL FILE

- fix model parameters in \$PK
- associate doses with estimation parameters THETA
- assign scale factor  $F = \text{THETA}$ , because  $F \cdot \text{AMT} = F$  serves as dose in NONMEM
- code PMX model and additional equations to compute OFV and PFV in \$DES
- assign output  $Y = \text{OFV} + \text{PFV}$  in \$ERROR
- minimize via \$EST -2LL

# Example 1

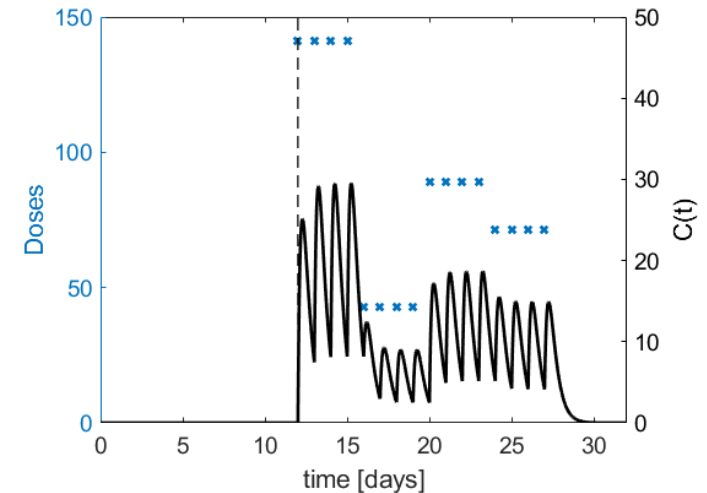
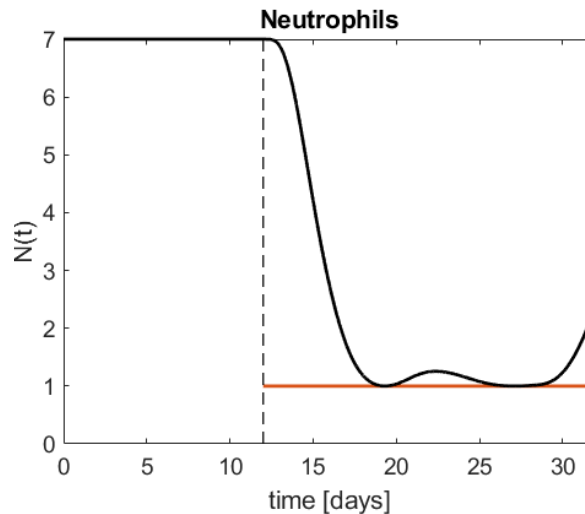
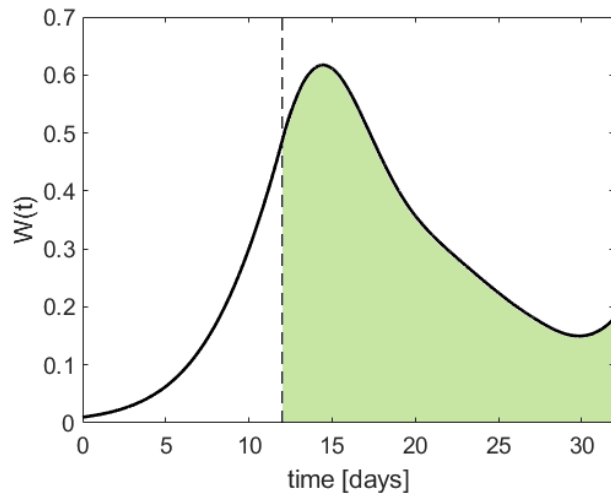
minimize tumor weight with safe neutrophil count  $\gamma = 10^4, \mu = 1$

$$OFV = \int_{12}^{32} W(t) dt = 6.8$$

$$N(t) \geq 1, \quad 12 \leq t \leq 32$$

$$PFV = -9.7 \cdot 10^{-4}$$

optimal doses:  
(141, 43, 89, 71)



# Example 2

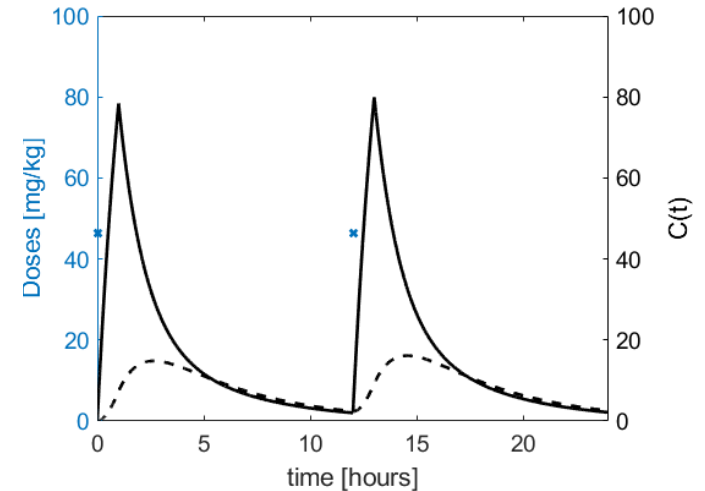
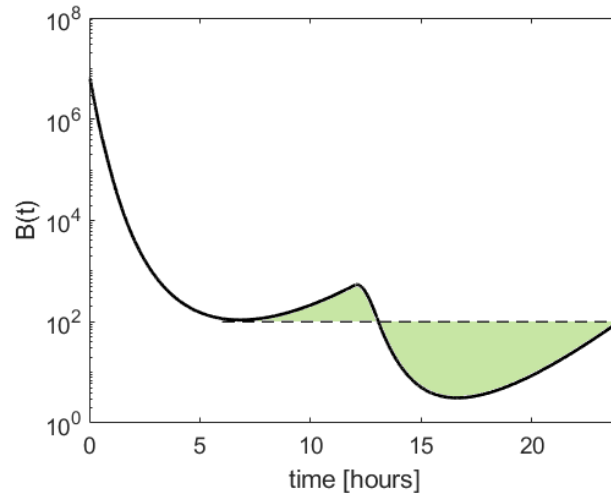
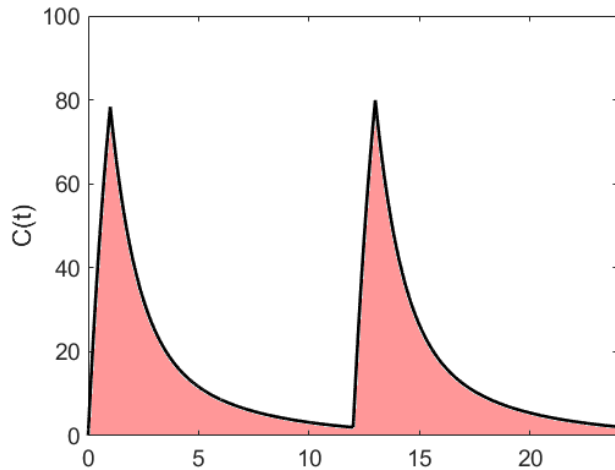
minimize AUC of antibiotic drug with efficacious bacterial eradication  $\gamma = 10^4, \mu = 1$

$$\begin{aligned} OFV &= AUC \\ &= \int_0^{24} C(t) dt = 419 \end{aligned}$$

$$\frac{1}{18} \int_6^{24} B(t) dt \leq 100$$

$$PFV = -2.9 \cdot 10^{-5}$$

optimal dose:  $46 \frac{mg}{kg}$





# Conclusion

## Input

- PMX model with model parameters
- dosing schedule
- efficacy + safety targets
  - “top priority” target → state constraint → penalty function
  - “as good as possible” target → objective function



## Output

optimal drug doses

regarding

efficacy



safety

## Analysis check + plot results

# Thank you!

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**CH** Botnar Research  
Centre for  
Child Health

## References

- [1] Bachmann, F., Koch, G., Bauer, R.J. *et al.* Computing optimal drug dosing with OptiDose: implementation in NONMEM. *J Pharmacokinet Pharmacodyn* **50**, 173– 188 (2023).  
<https://doi.org/10.1007/s10928-022-09840-w>

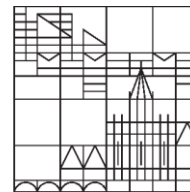
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